

LC: Luepke Center MCC: Marshall Center FCC: Firstenburg Center



## Get Out There Hikes and Family Trips

Transportation is provided for Get Out There Hikes and Family Trips and will depart promptly at time indicated from Luepke Center. Under 18 requires adult supervision (Get Out There Hikes are for 16+ only).

### HIKES

#### Get Out There Hikes

Ages 16+. Get out there and hike with an experienced guide. Note difficulty rating, distance and elevation gain. You must be able to walk a 20-minute mile. Wear appropriate clothing and bring water and lunch. A mandatory orientation is held at 6pm on the first Wed. of the month at Marshall Center, and on the first Thurs. of the month at 12:30pm at Luepke Center. Call 487-7084 for more details. See difficulty ratings on page 33.

Sa 9am-4pm \$14 per person

Hikes are 2nd Saturday of the month

#### Wahclella and Elowah Falls, OR

Moderate. 5 miles, 500-ft. elevation gain.

**85605** 9/10

#### Strawberry Island, WA

Moderate. 5 miles, 50-ft. elevation gain.

**85606** 10/8

#### Virginia Lake, (Sauvie Island), OR

Easy. 5 miles, 50-ft. elevation gain.

**85607** 11/12

### FAMILY TRIPS

#### Clark County Fall Exploration

Adults and children 6+ (with guardian). Discover how bees make honey at Henke's Honey Farm in Battle Ground. Then tour the scenic backroads of Clark County. Pack your

lunch for a picnic at Lewisville Park. After lunch, tour the Ridgefield Wildlife Refuge.

**85805** Sa 9/24 9:30am-3pm \$15

#### Wolf Haven Sanctuary

Adults and children 6+ (with guardian). Wolf Haven's mission is wolf conservation. See wolves up close. Bring a sack lunch and snacks. This is a 3 1/2 hour round trip drive to Tenino, WA.

**85806** Sa 10/22 9am-4pm \$24

#### Lelooska Song, Dance and Mask Performance

Adults and children 8+ (with guardian). The Lelooska family in Ariel, Wa. brings to life masks, stories, songs and dances of the Kwakwaka'wakw people in the glimmering firelight of their cedar ceremonial house. Dress warm and comfortable, performance is appx. 2 hours. Must register by September 24. No credits/refunds.

**85803** Sa 11/5 5-10pm  
ages 8-11 \$16, ages 12+ \$20

#### Fish Hatchery and Waterfall Tour

Adults and children 6+ (with guardian). At the Little White Salmon fish hatchery, just east of Stevenson, WA, see Chinook and Coho salmon spawning in the river below the hatchery in the underwater viewing area.

**85804** Sa 11/19 9am-3pm \$15

### OUTDOOR ADVENTURE TRIPS

Cancellations must be made at least 10 working days (M-F) prior to outdoor adventure trips operated by NW Discoveries. Trips are rain or shine. Fee includes equipment (except x-c skis) and

instructor/guide. Directions can be found on [nwdiscoveries.com](http://nwdiscoveries.com), and equipment list will be printed on your receipt.

**Ages:** 11-18 must be accompanied by paid adults. No children under 11.

**Beginning:** No prior skill required, should be in reasonably good shape.

**Intermediate:** Should have prior experience in similar activity and be in reasonably good shape.

#### Kayak Long Lesson-Tour

Beginners/Interm. Explore our local waterways at a leisurely pace in touring kayaks. These stable and responsive kayaks allow you to quickly become a proficient paddler. A brief intro/lesson is provided, so even the first timer will be ready for the tour.

**85621** Sa 10/8 8:30am-1pm \$58

Rooster Rock Columbia River

Meet at Rooster Rock State Park

**85622** Sa 10/22 8:45am-5pm \$82

Skamokawa

Meet at 134th St Park and Ride, Vancouver

#### Snowshoe Lesson/Tour

Beginners/Interm. Join us in this fast growing sport of hiking on top of the snow. Guides will be with you at all times. Trips will be between 2-6 miles and less than 750 foot elevation gain/loss. Cost includes transportation, snowshoes and guide. Bring waterproof hiking boots and equipment printed on your receipt. \$69.

Mt. Hood with transportation. Meet at Gateway Max Station

**85623** Sa 12/10 8:25am-5:05pm

**85624** M 1/23 8:35am-5:05pm

**85625** Su 2/5 8:25am-5:05pm

Mt. St. Helens with transportation. Meet at 134th St Park and Ride, Vancouver

**85631** Su 1/15 8:45am-5:30pm

#### Cross Country Ski Lesson/Tour

Beginners/Interm. Introduction to the basics of cross country skiing. Guides will be with you at all times. Trips will be between 2-6 miles and less than 500 foot elevation gain/loss. A stop will be made en route to rent ski equipment, cost not included, usually around \$12.

Mt. Hood with transportation. Meet at Gateway Max Station \$62

**85632** Su 12/4 8:25am-5:05pm

**85633** M 1/16 8:35am-5pm

**85634** Sa 1/28 8:25am-5:20pm

**85635** Sa 2/4 8:25am-5:20pm

## Rise above everyday life and be YOUR best!

With 23 routes to explore, the sky's the limit at Firstenburg's climbing wall, Sadri's Summit! The climbing wall is 27 feet high, 50 feet wide, with natural features including cracks, overhangs, dihedrals and arêtes. The bouldering wall is 13 feet high and 20 feet wide. The majority of the routes are geared toward beginner and intermediate climbers. About a quarter of the routes are for advanced climbers.

Open Climb General Information:

- All climbers must fill out a waiver form. A parent/guardian signature is required for climbers under age 18.
- Climbers must be at least five years old; children 10 and younger must be accompanied by a person 18+.
- Belayers, (people in charge of holding ropes for climbers), must be at least 14 and have a current Sadri's Summit belay card. Parks and Recreation belayers will assist climbers.
- To obtain a Sadri's Summit belay or boulder card you must complete a certification class or schedule a skills test. Belay and boulder cards cost \$5.
- A maximum of up to 12 participants with belay certified pairs can be accommodated at each open climb. Bracelets are handed out at the front desk 30 minutes before each open

climb. Climbers must report to the wall within 10 minutes of purchasing a bracelet or open climb start time, whichever is sooner.

- There will be no daytime climbs Sept. 6-8. We will be setting new routes.

### Open Climb session fees:

FREE to passholders  
 \$6 adult 19+ \$5 ages 60+  
 \$4 youth 5-18

### Daily Equipment rental fees:

\$2 per person for harness, shoes, or chalk/chalk bag. \$5 for all three.

Purchase a three-rental punch card for \$15 and get one rental free!

Personal climbing equipment is accepted upon inspection.

Black Diamond brand harnesses, chalk and chalk bags are available for purchase at the front desk.

Pick up a current open climb calendar at the front desk or go online to [cityofvancouver.us/fcc](http://cityofvancouver.us/fcc) and click on "climbing wall."

Is your work team, youth group, or Scout group looking for an exciting adventure? Contact Stacey at [climbfcc@cityofvancouver.us](mailto:climbfcc@cityofvancouver.us) for climbing wall group rental information. No experience or belay cards required; staff is provided.

### Family and Friends Friday Climb

Ages 4+. No experience necessary. Multiple difficulty levels provide a challenge for children, teens and parents at the same place. All groups must be accompanied by a person 18+. All climbers must wear close-toed shoes and fill out a waiver. Parent signature required for youth under age 18.

\$19 2-3 participants

\$26 4-6 participants; add at \$4 each

F 5:45-7:45pm

**86753** 9/2 **86754** 10/7

**86755** 11/4 **86756** 12/2

### After School Climbing Club

Ages 8-13. Kids-only climb time. Have fun with some endurance and team building games. No climbing experience is necessary. All equipment is provided.

3:45-5:45pm \$29

**86724** 9/20-10/11 **86725** 10/18-11/8

**86726** 11/15-12/6

### Billy Goats on the Rock Climbing Class

Ages 4-6. Improve your child's movement control and coordination. Teachers focus

on problem solving, mental awareness and height phobias. All equipment is provided. Instruction is individualized; class repetition is encouraged. No class on 11/24.

M 10:30-11:15am \$38

**86727** 9/19-10/10 **86728** 10/17-11/7

**86729** 11/14-12/5

W 5-5:45pm \$38

**86731** 9/21-10/12 **86732** 10/19-11/9

**86733** 11/16-12/7

Th 1:15-2pm \$38

**86734** 9/22-10/13 **86730** 10/20-11/10

**86736** 11/17-12/15

Sa 10:45-11:45am \$38

**86735** 9/24-10/8 **86737** 10/15-10/29

**86738** 11/5-11/19

### Kids on the Rock Climbing Class

Gain self confidence. Learn harness and tie-in safety, verbal commands and climbing technique. Bouldering instruction included for use during open climb. All equipment provided. Instruction is individualized; class repetition encouraged. Intermediate class: Climbers must know harnessing, checks, commands and how to clip in.

Th 5:15-6:15pm Ages 6-8 \$51

**86740** 9/22-10/13 **86746** 10/20-11/10

**86741** 11/17-12/15 No class 11/24

M 4:45-5:45pm Ages 9-13 \$51

Beginner Interm.

**86742** **86745** 9/19-10/10

**86743** **86739** 10/17-11/7

**86747** **86744** 11/14-12/5

## MOUNTAIN GOATS ON THE ROCK

### Belay Certification Climbing Class

Ages 14+. Learn how to belay a climber on top-rope to better utilize open climb. This beginning class includes harness safety, belay training, climbing commands, route finding and basic technique. It prepares you to pass Sadri's Summit belay test and bouldering skills test. Belay and boulder cards must be purchased within 60 days of completing this class.

Sa 2:45-6:45pm \$51

**86698** 10/1 **86699** 11/5

**86700** 12/3

### NEW Belay Certification Climbing Skills Test

Ages 14+. For those proficient in belaying a climber on top-rope. Must know harness safety, belay technique with a Gri-Gri, climbing commands, and lowering technique. Belay card must be purchased within 60 days of completing the test.

Call 487-7029 to schedule a time before or after an open climb.

**86701** \$10

### Movement Climbing Class

Ages 14+. Focus on climbing skills such as foot placement, proper body positioning, and how to minimize fatigue on arms and hands. Learn bouldering techniques, falls and spotting. Climbing workout benefits flexibility, strength, agility, mental awareness, and emotional astuteness. Boulder certification card must be purchased within 60 days of completing this class.

Sa 2:45-6:45pm \$51

**86748** 9/17 **86749** 10/15

**86750** 11/19

### Combo Climbing Class

Ages 14+. Register for two classes: Mountain Goats on the Rock Belay Certification Class and Movement Climbing Class together and get a better deal! (Regularly \$102 for both).

Sa 2:45-6:45pm \$91

**86751** 10/1 & 10/15 **86752** 11/5 & 11/19

Access to Recreation programs are specifically for people with disabilities. Staff-to-participant ratio is one to four. Clients who need one-on-one assistance may bring their own caregiver, or register for Inclusion Services. Registration for all activities is required a minimum of two days before the event. If this is your first time with us, please complete an Inclusion/ATR Intake form at Marshall, Luepke or Firstenburg Centers or [cityofvancouver.us/inclusion](http://cityofvancouver.us/inclusion).

To use DDD family support/respite money to pay for classes, notify your caseworker of the classes you want by completing the registration form on page 48. If you are unable to attend a class, you must notify your caseworker at 750-4250 and our office at 487-7058.

For special accommodations, contact Inclusion Services at 360-487-7057. See page 47 for more information.

Leisure counseling is available for people with disabilities/special needs. Call Debbie at 487-7058, or Teresa at 487-7060.

Please schedule arrivals and pick-ups no earlier than 1/2 hour before and 1/2 hour after the activity. Staff will only be available 30 minutes before and 30 minutes after a class. It is up to the parent/care giver to make sure the participant has adequate supervision outside of these times. If attendee is dropped off too early or not picked up, we are required to report to child/adult protective services.

**DANCES & ENRICHMENT**

**Friday/Saturday Dances**

Ages 18-adult. Dance to your favorite music and meet new friends. Fees include hot dog, chips, and pop. Drop off west side. **LC Community Room.**

5-7pm \$7. Assisting staff may eat for \$3.

F			
<b>82369</b>	9/16	<b>82370</b>	10/14
<b>82371</b>	11/4	<b>82372</b>	12/2
S			
<b>82946</b>	10/22	<b>82947</b>	11/19
<b>82948</b>	12/17		

**Cooking for Fun**

Ages 18+. You'll be guided through the preparation, clean up process and work on table skills. **MCC Oak Room.** 3 classes.

T	9:15-10:15am	\$46	
<b>84754</b>	9/6-9/20	<b>84755</b>	9/27-10/11
<b>84752</b>	10/18-11/1	<b>84753</b>	11/8-11/22

**Fun with Crafts**

Ages 18+. Learn new skills and create projects for gift giving and personal enjoyment. **MCC Arts and Crafts Studio.** 3 classes.

Th	9:15-10:15am	\$46	
<b>84758</b>	9/8-9/22	<b>84759</b>	9/29-10/13
<b>84756</b>	10/20-11/3		
<b>84757</b>	11/10-11/17	2 wks	\$32.



**FITNESS & AQUATICS**

**Fitness For All**

Ages 18+. This is an exercise class for people with or without cognitive developmental disabilities that focuses on the joys of physical fitness and overall health. **MCC Aerobics studio.** 8 classes.

T/Th	10:30-11:15am	\$36	
<b>85080</b>	9/6-9/29	<b>85083</b>	10/4-10/27
<b>85082</b>	11/1-11/22		
<b>85081</b>	12/6-12/22	3 wks	\$24

**Access to Aquatics Water Fitness**

A water exercise class for people with developmental and/or physical disabilities. Experienced staff works with various disabilities in the water. All registrants with personal care needs must have a caregiver with them. Pool guidelines will be mailed to you. **MCC Pool.** 4 wks.

M/F	2-3pm	\$60	
<b>86541</b>	9/19-10/14	<b>86542</b>	10/17-11/7
<b>86543</b>	11/14-12/9		

**Access to Aquatics Individualized Swim Lessons**

Marshall Center now has swim lessons for people with disabilities. Instructors are experienced in working with disabilities in the water. All registrants with personal care needs must have a caregiver with them. **MCC Pool.**

M/W	4 wks	\$60	
	9/26-10/19		
<b>86687</b>	5:15-5:45pm		
<b>86609</b>	5:50-6:20pm		
<b>86665</b>	6:25-6:55pm		
<b>86666</b>	7-7:30pm		
	10/24-11/16		
<b>86668</b>	5:15-5:45pm		
<b>86610</b>	5:50-6:20pm		

<b>86670</b>	6:25-6:55pm		
<b>86667</b>	7-7:30pm		11/28-12/21
<b>86786</b>	5:15-5:45pm		
<b>86612</b>	5:50-6:20pm		
<b>86688</b>	6:25-6:55pm		
<b>86669</b>	7-7:30pm		
Sa	6 wks	\$46	
	10/1-11/5		
<b>86686</b>	9-9:30am		
<b>86676</b>	9:35-10:05am		
<b>86677</b>	10:10-10:40am		
<b>86678</b>	10:45-11:15am		
<b>86683</b>	11:20-11:50am		11/12-12/17
<b>86690</b>	9-9:30am		
<b>86675</b>	9:35-10:05am		
<b>86692</b>	10:10-10:40am		
<b>86679</b>	10:45-11:15am		
<b>86620</b>	11:20-11:50am		

**SOCIALIZING**

Registration is per-session and includes meal. You must be pre-registered two days prior to the event. Assisting staff may eat for \$3.

**Monday Funnites**

Ages 18+. Fun, games, dancing and socialization make up this popular program. It's a great opportunity to make new friends and share good times. **LC.**

M	3:30-5pm	\$16	
<b>85831</b>	9/12	American Idol night and You be the Judge	
<b>85832</b>	9/19	Show and tell share night	
<b>85833</b>	9/26	Charades	
<b>85845</b>	10/3	Karaoke	
<b>85844</b>	10/17	Movie night and popcorn	
<b>85834</b>	10/24	Wheel of Fortune	
<b>85835</b>	10/31	Halloween party	
<b>85836</b>	11/7	Talent night	

- 85837 11/14 Crazy raffles
- 85838 11/28 Movie night and popcorn
- 85839 12/5 Karaoke
- 85840 12/12 Christmas party

## SPORTS OPPORTUNITIES

### Recreational Bowling

Ages 15+. Fee includes two games per week and staffing. Lanes are categorized by age. Meet at Hazel Dell Bowling Lanes 6300 Hwy 99. 5 classes

W 9:30-11am \$60

84760 9/21-10/19

84761 10/26-11/23

84762 11/30-12/28

W 3:30-5:00pm \$60

84764 9/21-10/19

84765 10/26-11/23

84766 11/30-12/28

## TRIPS

Ages 18+. Trips accommodate up to 11 participants, including only two who use wheelchairs. You must pre-register in order to attend. Staff ratio is 1:3. Participants must stay with staff at all times. Each group/foster home/day program is limited to three people per trip. Dress for the weather and wear proper shoes. Meet at Luepke Center in the lobby. If personal care is needed, caregivers must attend with participant. Caregiver is responsible for their admission fee.

M 9am-2pm \$28

85825 9/26 Bowling and lunch in Portland. Bring \$15

85826 10/17 Sauvie Island Pumpkin Patch and lunch. Bring \$20

85819 10/31 Thrift store shopping and lunch. Bring \$20

85824 11/14 Bonneville Dam and lunch. Bring \$15

85827 11/28 Black light golf and lunch. Bring \$20

85820 12/12 Washington Square Mall for holiday shopping. Bring \$12 for lunch and extra for shopping.

F 4-7:30pm \$25 **note time change**

85822 9/16 Dinner at Billigan's. Bring \$20

85828 10/7 Joe's Pumpkin Patch and dinner. Bring \$20

85829 11/18 Dinner at Hometown Buffet and shopping. Bring \$15

85830 12/9 Dinner at Cascade Grill and a Christmas light drive. Bring \$20

# YOUTH SPORTS LEAGUES

WEST REGISTRATION 487-7100

EAST REGISTRATION 487-7001

## BASEBALL

### Baseball Leagues: T-Ball, Coach Pitch, and Machine Pitch

Players must provide their own glove; cleats are optional. Teams bat the whole line-up, except for the last four games in machine pitch leagues. Mandatory meetings and games will run, rain or shine. Registration deadline: 10 working days prior to the league start date or until league is full. If you are new to our leagues please read our youth league guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).

#### T-Ball Leagues/Spring

Co-ed. Ages 4 1/2-6. Registration deadline: ten working days prior to league start date, or until the league is full. 7 games. \$62

86453 T 4/14-6/5 **Marshall Park**

Mandatory meeting on **Saturday 4/14**, 10am at Bagley Park.

**Attention:** Meeting is 4/14 at Bagley but all games are played Tues. evenings at Marshall Park.

One-hour games between 5:30-8pm beginning 4/24.

86451 Sa 4/14-6/16 **Bagley Field**

Mandatory meeting on 4/14, 10am Bagley Park.

One-hour games 9am-3pm beginning 4/28. No games 5/26.

86454 Th 4/12-6/7 **Hearthwood Park (grass field)**

Mandatory Meeting on 4/12, 6pm Hearthwood.

One hour games between 5:30pm-8pm beginning 4/26.

86452 Sa 4/14-6/18 **Hearthwood Park (grass field)**

Mandatory Meeting on 4/14, 10am Hearthwood.

One hour between 9am-3pm beginning 4/28. No games 5/26.

### Coach Pitch Leagues/Spring

Co-ed. Ages 5 1/2-7. Registration Deadline: ten working days prior to league start date, or until the league is full. 7 games. \$62.

86459 Sa 4/14-6/16 **Bagley Field**

Mandatory meeting on 4/14, 10am

One-hour games 9am-3pm beginning 4/28. No games 5/26.

86461 Th 4/12-6/7 **Hearthwood Park (grass field)**

Mandatory Meeting on 4/12, 6pm

One hour games 5:30pm-8pm beginning 4/26

86460 Sa 4/14-6/16 **Hearthwood Park (grass field)**

Mandatory Meeting on 4/14, 10am

One hour games 9am-3pm beginning 4/28. No games 5/26.

### Machine Pitch Leagues/Spring

Co-ed Ages 8-10 7 games \$67

Mandatory meeting is 4/14, 10am at Bagley Field. The machine will pitch to players at 35 mph. 90-minute games between 9am-3pm beginning 4/28. No games 5/26.

Sa 4/14-6/16

86514 West-side practice 86515 East-side practice

**BASKETBALL**

This is a recreational league, no stats. We will be offering two different skill level leagues for ages 8-9 (FCC only). However, these two skill levels may be combined depending on the number of registrations, with players equally dispersed among teams. Ages 5-6 1/2 and 6 1/2-7 will play on 8-foot hoops. Registration deadline: ten working days prior to the start date or until league is full. Please read our youth league guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).

**Basketball Leagues/Fall**

Co-ed. Registration deadline: 9/12 or until league is full. FCC games between 9am-7:30pm beginning 10/1. Mandatory meeting on 9/17. 7 games. No games on 11/12. Please read our youth league guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).  
Sa 9/17-11/19 \$69

**Firstenburg Community Center**

- 84166** Ages 6 1/2-7 meet at 12:15pm
- 84167** Ages 8-9/Beginning 2:15pm
- 84168** Ages 8-9/Intermediate 2:15pm
- 84165** Ages 9-11 GIRLS ONLY 2:15pm
- 84169** Ages 10-11 BOYS ONLY 2:15pm

**Basketball League/Fall**

Co-ed. Ages 5-6 1/2. Registration deadline: 9/12 or until league is full. Mandatory meeting on Sa 9/17 at 12:15pm. FCC games are on Fridays from 5:30-7:45pm beginning 9/30 or Saturday mornings beginning 10/1. Spots will be used so players know where to stand for offense. Wristbands will be provided so players know what offensive player they are guarding. Coaches will bring the ball down the court. Games and practices will be played on 8-foot hoops. 5 games. Please read our youth league

guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).

**84170** F/Sa 9/17-10/28 \$42

**Basketball Leagues/Winter/FCC**

Co-ed. Registration deadline: 1/13 or until league is full. FCC games between 9am-7:30pm beginning 2/4. Mandatory meeting on 1/21. 7 games. No games on 2/18

Please read our youth league guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).

Sa 1/21-3/24 \$71

**Firstenburg Community Center**

- 86481** Ages 6 1/2-7 meet at 12:15pm
- 86482** Ages 8-9/Beginning 2:15pm
- 86483** Ages 8-9/Intermediate 2:15pm
- 86480** Ages 9-11 GIRLS ONLY 2:15pm
- 86484** Ages 10-11 BOYS ONLY 2:15pm

**Basketball League/Winter/FCC**

Co-ed. Ages 5-6 1/2. Registration deadline: 1/13 or until league is full. Mandatory meeting on Sa 1/21 at 12:15pm. FCC games are on Fridays from 5:30-7:45pm beginning 2/3 or Saturday mornings beginning 2/4. Spots will be used so players know where to stand for offense. Wristbands will be provided so players know what offensive player they are guarding. Coaches will bring the ball down the court. Games and practices will be played on 8-foot hoops. 5 games. No games on 2/17. Please read our youth league guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).

**86485** F/Sa 1/21-3/9 \$43

**Basketball Leagues/Winter/FCC**

Co-ed. MCC games between 9am-3pm beginning 2/4. Mandatory meeting on

Sa 1/21, 10am at **Marshall Community Center**. 7 games.

Sa 1/21-3/17 \$71

**Marshall Community Center**

**86479** Ages 6 1/2-7 meet at 10am

**Basketball League/Winter/MCC**

Co-ed. Ages 5-6 1/2. Mandatory meeting on Sa 1/21, 10am. Spots will be used so players know where to stand for offense. Wristbands will be provided so players know what offensive player they are guarding. Coaches will bring the ball down the court. Games and practices will be played on 8-foot hoops. 5 games.

Sa 1/21-3/3 \$43

**86478** Ages 5-6 1/2

**Basketball Leagues/Spring/MCC**

Co-ed. Ages 6 1/2-7. MCC games between 1-5pm, beginning 4/28. Mandatory meeting on 4/14, 1pm. **Marshall Center Gym**. No games 5/26.

Sa 4/14-6/16 \$71

**86487** Ages 6 1/2-7

**Basketball Leagues/Spring/FCC**

Boys ages 12-13. Registration deadline: 4/13 or until league is full. Practices on Wednesdays between 5-8:30pm. Games on Fridays between 5-8pm beginning 4/27. Mandatory meeting on Tues. 4/17 at 7:15pm. 7 games. No games on 5/25. Please read our youth league guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).

**86486** Fri 4/17-6/15 \$71

**Firstenburg Community Center**

**FOOTBALL**

**Flag Football Leagues**

Youth Flag Football Leagues are recreational, no stats. Required equipment is provided (mouthpiece and flags). Cleats are optional but recommended. Mandatory meeting and games will run rain or shine. Registration deadline: 10 working days prior to league start date or until league is full. If you're new to our leagues please read youth league guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).

**Flag Football League/Fall – Sat.**

Co-ed, ages 5-6 1/2. 7 games. \$58. One-hour games between 9am-3pm at Memory Field. Mandatory meeting Sa, 9/10, 10am at Memory Field. Coach is

quarterback. Teams will run 10 plays and switch. Coaches facilitate game on offense and defense. Games begin 9/24.

S 9/10-11/5

West-side practices **83732** Ages 5-6 1/2  
East-side practices **83733** Ages 5-6 1/2

**Flag Football League/Fall – Sat.**

Co-ed, ages 7-9. 7 games. \$67.

One-hour games between 9am-3pm at Memory Field. Mandatory meeting Sa, 9/10, 10am at Memory Field. Games begin 9/24.

S 9/10-11/5

West-side practices **83730** Ages 7-9  
East-side practices **83731** Ages 7-9

**Flag Football League/Winter – Sat.**

Co-ed, ages 7-9. 7 games. \$69

One-hour games between 9am-3pm at Marshall Park. Mandatory meeting Sa, 1/21, 12:30pm at Marshall Park. Games begin 2/4.

S 1/21-3/17 Marshall Park

West-side practices **86470** Ages 7-9  
East-side practices **86472** Ages 7-9

**Flag Football League/Winter – Sat.**

Co-ed, ages 10-12. 7 games. \$69  
One-hour games between 9am-3pm at

Hudson's Bay High School Football Field. Mandatory meeting Sa, 1/21, 12:30pm at Marshall Park. Games begin 2/4.

(All ages meet at Marshall Park, regardless of where your games are played.)

S 1/21-3/17 Hudson's Bay H.S.

West-side practices **86471** Ages 10-12

East-side practices **86473** Ages 10-12

## Flag Football League/Spring – Thurs.

Co-ed, ages 7-9. 7 games. \$69

One-hour games between 5:30-8pm at Memory Field. Mandatory meeting Th, 4/19, 6pm at Memory Field. Games are played on Thursday evenings and begin 5/3. (Games may also be played on Tues. evenings depending on number of teams registered.)

Th 4/19-6/14

West-side practices **86474**

East-side practices **86475**

## VOLLEYBALL

Volleyball League information: This is a girls' recreational league. Skills ranges could include beginning through experienced. League will play with adapted rules. Practices are once a week for one hour. Two teams may share the gym for practice. Please read youth league guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).

### Volleyball League/Winter

Girls ages 12-14. Registration deadline: 1/23 or until league is full. Mandatory meeting Tues., 1/24 at 6:15pm at FCC. Practices on Tues and/or Thurs nights beginning the week of 1/30. Two teams may share gym time. Games are on Wednesdays between 5:30-8:30pm beginning 2/15. 7 games. This age group will play with adapted rules. This is a recreational league. Coaches needed. Contact Jana Wilson at 487-7025. Please read our youth league guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).

**86702** W 1/25-3/28 \$72

## SOCCER

Required equipment: Shin guards and socks that completely cover shin guards. Ages 3 ½-7, players need a size three ball and ages 7 ½ -11 players need a size four ball. Cleats are optional for outdoor leagues. No cleats allowed in indoor leagues. Mandatory meetings and games will run rain or shine. Ages 6-11, there is a co-ed league. Registration deadline: 10 working days prior to league start date or until the league is full. If you are new to our leagues please read our youth league guidelines at [vanclarkparks-rec.org](http://vanclarkparks-rec.org).

### Soccer Leagues/Indoor/Fall-Sat.

Co-ed. Mandatory meeting for all leagues on Tues., 11/15 at 6pm. One-hour games between 10am-5pm. No practice or games 12/19-30. No cleats. 7 games.

#### Firstenburg Community Center

Sa 11/15-1/28 7 games \$60

Ages 3 ½-4 co-ed: **84210**

Ages 4 ½-5 co-ed: **84212**

Ages 6-7 co-ed: **84211**

### Soccer Leagues/Indoor/Winter-T/Th

Co-ed. Mandatory meeting for Marshall Center leagues on Tu, 1/10 at 6pm, **Marshall Center**. One-hour games between 5:30-8pm beginning 1/24 or 1/26. 7 games.

\$62

Ages 4 ½-5: **86507** T eve. games 1/10-3/6

Ages 6-7: **86508** Th eve. games 1/10-3/8

### Soccer Leagues/Outdoor/Spring-Sat.

Co-ed and boys/girls only. Mandatory meeting on Sa, 3/24, at the location which you signed up for. One-hour games between 9am-5pm beginning on Sa, 4/7. No games 5/26.

#### Marshall Park, 1009 E. McLoughlin Blvd.

Sa 3/24-5/19 7 games \$62 meet 10am

Ages 3 ½-4 co-ed: **86493**

Ages 4 ½-5 co-ed: **86495**

#### Marshall Park, 1009 E. McLoughlin Blvd.

Sa 3/24-6/16 10 games \$74 meet 9am

Ages 6-7 co-ed: **86494**

Ages 8-9 co-ed: **86496**

#### Fisher Basin Park, 601 S.E. 192nd Ave.

Sa 3/24-5/19 7 games \$62 meet 10am

Ages 3 ½-4 co-ed: **86492**

Ages 4 ½-5 co-ed: **86498**

#### Fisher Basin Park, 601 S.E. 192nd Ave.

Sa 3/24-6/16 10 games \$74 meet 9am

Ages 6-7 boys: **86499**

Ages 6-7 girls: **86500**

Ages 8-9 boys: **86501**

Ages 8-9 girls: **86502**

Ages 10-11 boys: **86489**

Ages 10-11 girls: **86490**

### Soccer League/Outdoor/Spring-Tues

Mandatory meeting is Sat., 3/24. One hour games between 5:30-8pm beginning on Tues., 4/10.

#### Fisher Basin Park, 601 S.E. 192 Ave

Tu 3/24-5/22 7 games \$62 Meet 10am

Ages 3 ½-4 co-ed: **86503**

Ages 4 ½-5 co-ed: **86497**

## SOCCER CLEAT EXCHANGE

Are you wondering what to do with those cleats that don't fit anymore? Bring them to the Fisher Basin Park soccer meeting and donate or trade them for a size that fits.

If your company is interested in sponsoring a youth league team or a league, contact Stacey at 487-7029 (east-side leagues) or Heidi at 487-7083 (west-side leagues) to receive more information and a sponsorship form.

**Saturday Sport Classes – Soccer, All Sport, Basketball**

Co-ed. Whether your child is looking to improve their skills, or if they are not sure which sport they like, we have a class for them. Sports may include soccer, basketball, football, floor hockey or T-ball/baseball. These classes introduce the basic fundamentals of each sport through positive games, drills and scrimmages in a non-competitive environment. Cleats are not allowed and shin guards are recommended for children in the soccer class. \*One parent must participate with kids ages 5 and under at FCC and kids ages 4 and under at MCC.

9/17-10/8	Sa	<b>Marshall North Gym</b>	4 wks
<b>86159</b>	All Sport	9-9:45am	Ages 3-4* \$23
<b>86133</b>	All Sport	10-10:45am	Ages 2-3 \$23
<b>86165</b>	All Sport	11:15am-noon	Ages 4-5 \$23
10/1-10/15	Sa	<b>Firstenburg</b>	3 wks
<b>86131</b>	Basketball	9-10am	Ages 6-8 \$23

<b>86185</b>	Soccer	10:15-11am	Ages 4-5* \$18
<b>86167</b>	All Sport	11:15am-noon	Ages 3-4* \$18
10/22-11/5	Sa	<b>Marshall North Gym</b>	3 wks
<b>86188</b>	Soccer	9-9:45am	Ages 2-3* \$18
<b>86182</b>	Soccer	10-10:45am	Ages 3-4* \$18
<b>86189</b>	Soccer	11-noon	Ages 4-5 \$18
10/29-11/19	Sa	<b>Firstenburg</b>	4 wks
<b>86186</b>	Soccer	9-10am	Ages 6-8 \$33
<b>86166</b>	All Sport	10:15-11am	Ages 4-5* \$23
<b>86158</b>	All Sport	11:15am-noon	Ages 3-4* \$23
12/3-12/17	Sa	<b>Firstenburg</b>	3 wks
<b>86155</b>	All Sport	9-10am	Ages 6-8 \$23
<b>86162</b>	All Sport	10:15-11am	Ages 4-5* \$18
<b>86157</b>	All Sport	11:15am-noon	Ages 3-4* \$18

**Preschool & Toddler Sports Class**

Co-ed. Learn a variety of sport fundamentals and games through soccer, T-ball, flag football, kick ball, floor hockey and basketball. Children develop throwing, kicking, passing and catching skills. Nerf and modified sports equipment used. One parent must participate with each child.

T	<b>MCC</b>	4 wks	\$23
Ages 2-3		10:30-11:15am	
<b>86170</b>	9/20-10/11	All Sport	
<b>86509</b>	10/18-11/8	All Sport	
<b>86510</b>	11/15-12/6	All Sport	

T	<b>MCC</b>	4 wks	\$23
Ages 4-5		9:30-10:15am	
<b>86511</b>	9/20-10/11	All Sport	
<b>86512</b>	10/18-11/8	All Sport	
<b>86513</b>	11/15-12/6	All Sport	

W	<b>FCC</b>	3 wks	\$18
Ages 2 ½ - 3		10:30-11:15am	
<b>86204</b>	10/5-10/19	All Sport	
<b>86197</b>	11/2-11/16	All Sport	
<b>86198</b>	11/30-12/14	All Sport	

W	<b>FCC</b>	3 wks	\$18
Ages 3 ½ - 5		9:30-10:15am	
<b>86205</b>	10/5-10/19	All Sport	
<b>86199</b>	11/2-11/16	All Sport	
<b>86200</b>	11/30-12/14	All Sport	

**Winter Break Sports Clinic**

See Winter Day Camps on page 38.

**VOLLEYBALL**

**Volleyball Class/Girls/MCC**

Girls ages 10-14. Is your child ready to learn the game of Volleyball? This is a great class for your 10-14 year old girl; they will

learn the basics of passing, setting, hitting, serving, and rotations. It's fun and non-competitive. You must furnish your own knee pads. **MCC**. 5 wks.

M	9/12-10/10	\$41
<b>86522</b>	5:30-6:30 PM	Beginners
<b>86524</b>	6:40-7:40 PM	Intermediate
M	10/24-11/22	\$41
<b>86526</b>	5:30-6:30 PM	Beginners
<b>86525</b>	6:40-7:40 PM	Intermediate

**Volleyball Class /Girls/FCC**

Ages 9-14 girls, all levels of experience. Take part in an action packed session of learning the fundamentals, as well as playing fun scrimmages and games. Instructor, Christie (Roes) Strawn is the former Head Coach at Cornell University. Class meets Sun. and Mon. **FCC**. 8 classes. No class 10/31.

Sun	3:30-5:30pm	
Mon	5:15-7:15pm	\$100
<b>86520</b>	9/19-10/10	
<b>86521</b>	10/16-11/13	

**Volleyball Class/Intermediate/FCC**

Ages 9-14. This clinic is specially designed for the intermediate/advanced player to get prepped for their respective, "Club" tryout. Instructor, Christie (Roes) Strawn is the former Head Coach at Cornell University. Class meets Sun. and Mon. **FCC**. 8 classes. No class 10/31.

Sun	2:15-3:15pm	
Mon	4:15-5:15pm	\$60
<b>86523</b>	10/16-11/13	

**Private Volleyball Lessons**

Private lessons are a great opportunity for players of all ages and ability levels to receive

the attention they need to advance to the next level. Receive a customized program according to your specific goals and needs at the **FCC**. Sign up by calling Jana at 487-7025.

Session	1 athlete	2 athletes	3 or more
1 hour	\$37	\$53	\$69
5 lessons	\$175	\$225	\$285

**Basketball Clinics**

Girls only. Get ready for your upcoming basketball league in the community or at school. Clinics will focus on defense, shooting, teamwork, passing and basic skill development. **FCC Gym**. \$21.

<b>86128</b>	9/23	5:30-7:30pm	Ages 9-11
<b>86130</b>	9/30	5:30-7:30pm	Ages 12-14

**Power Kids Karate**

Co-ed, ages 5-11. Learn safety awareness and basic karate techniques for self defense. Black belt instructor, Paul W. Roberts, emphasizes focus and self-discipline. Luepke Center Community Room. 6 wks. No class on 10/10. Class on 9/12 and 11/21 in the **MCC gym, south court**.

M	\$52	
Beginners	Ages 5-10	6-6:45pm
<b>86276</b>	9/12-10/24	<b>86277</b> 11/7-12/12
Advanced	Ages 8-11	7-7:45pm
<b>86279</b>	9/12-10/24	<b>86280</b> 11/7-12/12

**Fencing Class**

Ages 10+. Fencing can improve your hand-eye coordination, endurance and analytical capabilities. Plus, it's fun! You'll learn techniques that will require you to use both sides of the brain. It's a great workout, too! Equipment is provided. Returning students

are encouraged to purchase their own equipment. 6 wks.

M	<b>MCC</b>	3:25-4:25 pm	\$52
<b>86539</b>	Beginners	10/3-11/7	
<b>86540</b>	Beginners	11/14-12/19	
M	<b>FCC</b>	10/3-11/7	\$52
<b>86535</b>	Beginners	5:30-6:30 pm	
<b>86536</b>	Intermediate/advanced	6:45-7:45 pm	
M	<b>FCC</b>	11/14-12/19	\$52
<b>86537</b>	Beginners	5:30-6:30 pm	
<b>86538</b>	Intermediate/advanced	6:45-7:45 pm	

## Roller Skating

All classes are at Golden Skate, 4915 E. Fourth Plain Blvd., taught by nationally-certified coaches who were national champions.

### Roller Skating — Tiny Tots

Ages 7 and younger. Learn forward and backward skating, basic skating techniques, how to fall safely and get up properly, advanced skills (as the class progresses) and fun games.

Sa	11-11:45am		
Ages 7 and younger			
<b>86527</b>	9/10-9/24	\$15	3 wks
<b>86528</b>	10/1-10/29	\$25	5 wks
<b>86529</b>	11/5-11/19	\$15	3 wks
<b>86530</b>	12/3-12/17	\$15	3 wks

### Roller Skating — Beginner/Advanced

Ages 7-11. Learn forward and backward skating, basic skating techniques, how to fall safely and get up properly, advanced skills as the class progresses and fun games.

Sa	Noon-12:45pm		
<b>86531</b>	9/10-9/24	\$15	3 wks
<b>86532</b>	10/1-10/29	\$25	5 wks
<b>86533</b>	11/5-11/19	\$15	3 wks
<b>86534</b>	12/3-12/17	\$15	3 wks

## SKATING

Ice skating classes include 6 half-hour lessons, skate rental and free practice time. There will be no make-ups for missed classes. Schedule is subject to change without notice. All classes are at Mountain View Ice Arena, 14313 S.E. Mill Plain Blvd. It is recommended to wear a hockey or bike helmet for all classes. 15 minute practice session also offered from 6:30pm-6:45pm. PLEASE SHOW UP 30 MINUTES EARLY BEFORE YOUR FIRST CLASS.

### Ice Skating: Parent and Me

Age 3+. You will learn to balance, march, glide, wiggle, fall safely and to do swizzles. Parents must anticipate. If one parent is skating with two kids, the first child is \$64 and the second child is \$32. 6 wks.

<b>86293</b>	Th	10/6-11/10	6-6:30pm
<b>86295</b>	Sa	10/8-11/12	11:45-12:15pm
<b>86294</b>	Th	12/1-1/6	6-6:30pm
<b>86296</b>	Sa	12/3-1/7	11:45-12:15pm

### Ice Skating: Tot Class

Ages 4-5. You will learn to balance, march, glide, wiggle, fall safely and do swizzles. 6 wks. \$52.

<b>86289</b>	Th	10/6-11/10	6-6:30pm
<b>86291</b>	Sa	10/8-11/12	11:45-12:15pm
<b>86290</b>	Th	12/1-1/5	6-6:30pm
<b>86292</b>	Sa	12/3-1/7	11:45-12:15pm

### Ice Skating: Beginners/Basic 1 & 2

Ages 5+. You will learn to balance, march, glide, wiggle, fall safely and do swizzles. 6 wks \$52.

<b>86285</b>	Th	10/6-11/10	6-6:30pm
<b>86287</b>	Sa	10/8-11/12	11:45-12:15pm
<b>86286</b>	Th	12/1-1/5	6-6:30pm
<b>86288</b>	Sa	12/3-1/7	11:45-12:15pm

### Ice Hockey: Beginners

Ages 5+. You will learn to balance, march, glide, wiggle, fall safely and do swizzles. 6 wks. \$52

<b>86297</b>	Th	10/6-11/10	6-6:30pm
<b>86299</b>	Sa	10/8-11/12	11:45-12:15pm
<b>86298</b>	Th	12/1-1/5	6-6:30pm
<b>86300</b>	Sa	12/3-1/7	11:45-12:15pm

## LACROSSE

The SW Washington Lacrosse Club, in coordination with the Marshall Community Center, will start offering youth Lacrosse Clinics for boys entering grades 2-8 starting September of 2011. The program will focus

on basic skills and drills to include catching, passing, scooping, dodging, shooting, and team play. Lacrosse is a fun, action packed sport that combines elements of soccer, football, basketball and hockey. Youth Lacrosse Class boys only. \$60

Sat	<b>MCC</b>	12:30-1:50pm	7 wks
<b>86282</b>	9/10-10/22		Grades 2-5
<b>86283</b>	9/10-10/22		Grades 6-8
		2:00-3:30pm	

## Naydenov Gymnastics

Classes are at Naydenov Gymnastics, Inc., 5313 N.E. 94th Ave. To book a class, call (Naydenov) 944-4444 to check on class times no earlier than one week prior to the four-week block you wish to register for, then call (Vancouver-Clark Parks & Recreation) 487-7100 to register. Finally, call (Naydenov) 944-4444 again with your receipt number to confirm your class. Fees are for four-week blocks. Naydenov offers many more classes than are listed here. Please call them for more information.

### Toddler Tumbling Class

Ages 18 months-3 ½. Co-ed. One parent must participate with a child. 45 min.

Dates	1 x week: \$43	2 x week: \$65
9/19-10/16	<b>86088</b>	<b>86104</b>
10/17-11/13	<b>86089</b>	<b>86105</b>
11/14-12/11	<b>86090</b>	<b>86106</b>
12/12-1/8	<b>86091</b>	<b>86107</b>

### Preschool Gymnastics Class

Ages 3 ½ -5. Co-ed. 45 min.

Dates	1 x week: \$43	2 x week: \$65
9/19-10/16	<b>86092</b>	<b>86108</b>
10/17-11/13	<b>86093</b>	<b>86109</b>
11/14-12/11	<b>86094</b>	<b>86110</b>
12/12-1/9	<b>86095</b>	<b>86111</b>

### Girls Beginning Gymnastics Class

Ages 5-12. 1 hr.

Dates	1 x week: \$47	2 x week: \$79
9/19-10/16	<b>86096</b>	<b>86112</b>
10/17-11/13	<b>86097</b>	<b>86113</b>
11/14-12/11	<b>86098</b>	<b>86114</b>
12/12-1/8	<b>86099</b>	<b>86115</b>

### Boys Beginning Gymnastics Class

Ages 5-12. 1 hr.

Dates	1 x week: \$47	2 x week: \$79
9/19-10/16	<b>86100</b>	<b>86116</b>
10/17-11/13	<b>86101</b>	<b>86117</b>
11/14-12/11	<b>86102</b>	<b>86118</b>
12/12-1/8	<b>86103</b>	<b>86119</b>

**Junior Development Tennis Lessons**

The Vancouver Tennis Center offers a full range of high-quality, professionally run junior tennis lessons for entry level, intermediate, advanced and high performance level kids. Ages range from 4-18. Fall, winter and spring classes are after school Monday-Thursday from 2:45-6pm and Saturdays from 11:15am-3pm and are taught by USPTA-certified Tennis Professionals. All registrations require payment. Register by phone, or on-line through REC-CONNECT. No junior development program classes 9/5; 11/21-27; 12/19-1/1.

**Beginner Junior Tennis Classes**

Member rate is shown first.

Age 4-6 Beginners - Tiny Tots T/Th 5-5:45pm			
86301	9/6-9/29	\$45	NM/\$55
86302	10/4-10/27	\$45	NM/\$55
86303	11/1-11/17 (3 wks)	\$34	NM/\$42
86304	11/29-12/15 (3 wks)	\$34	NM/\$42
Age 4-6 Beginners - Tiny Tots			
Sa 11:15am-noon		\$25	NM/\$35
86306	9/10, 9/24, 10/1, 10/15		
86307	10/22, 11/5, 11/12, 11/19		
86305	12/3, 12/10, 12/17	\$19	NM/\$27 (3 classes)
Ages 7-13 Beginners – Grassroots T/Th 5-6pm			
86312	9/6-9/29	\$60	NM/\$75
86313	10/4-10/27	\$60	NM/\$75
86308	11/1-11/17 (3 wks)	\$45	NM/\$57
86309	11/29-12/15 (3 wks)	\$45	NM/\$57
Ages 7-13 Beginners – Grassroots			
Sa noon-1pm		\$35	NM/\$45
86311	9/10, 9/24, 10/1, 10/15		
86314	10/22, 11/5, 11/12, 11/19		
86315	12/3, 12/10, 12/17	\$27	NM/\$34

487-7100 WEST REGISTRATION  
487-7001 EAST REGISTRATION

**BASKETBALL**

**Drop-in Basketball**

Marshall Community Center Gym -\$5.50  
Firstenburg Community Center Gym – passholders only  
See website for days and times – VanClarkParks-Rec.org.

**Basketball Leagues**

Team managers must register as a team. Register online at vanclarkparks-rec.org or call 487-7001 ext. 8. Games played on non-official sized court. Player roster limited to 12 players and all players must have signed the roster prior to second game. Women eligible to play. Officials provided. Seven games are at FCC. The top four teams will advance to the play-offs. For questions, call Jana Wilson at 487-7025 or send e-mail to: jana.wilson@cityofvancouver.us

**Level of play:**

A/B: University, college or high school basketball experience

C: Some organized basketball experience

D: Recreational, backyard ball or casual pick-up game experience

League fee: \$594

**Basketball Fall Leagues**

Registration deadline is 9/13 for Su or 9/26 for Th or until league is full. Games from 6-10pm 9/18-12/1. Play-offs will be from 11/13-12/1.

**84415** Th night games/Recreational-Level C/D, registration deadline is 9/26 or until the league is full.

**84414** Su night games/more competitive-Level B, registration deadline is 9/13 or until the league is full.

**Women’s Basketball Winter League**

Registration deadline is 1/16 or until the league is full.

Ages 14-18 Beginners - HS Tennis 101 M/W 2:45-4pm			
86332	9/7-9/28*	\$70	NM/\$88
86333	10/3-10/26	\$80	NM/\$100
86334	10/31-11/16 (3 wks)	\$60	NM/\$75
86335	11/28-12/14 (3 wks)	\$60	NM/\$75

Ages 14-18 Beginners - HS Tennis 101			
Sa 2-3pm		\$35	NM/\$45
86336	9/10, 9/24, 10/1, 10/15		
86337	10/22, 11/5, 11/12, 11/19		
86338	12/3, 12/10, 12/17	\$27	NM/\$34

Ages 14-18 Adv Beg/Low Int - HS Prep M/W 2:45-4pm			
86332	9/7-9/28*	\$70	NM/\$88
86333	10/3-10/26	\$80	NM/\$100
86334	10/31-11/16 (3 wks)	\$60	NM/\$75
86335	11/28-12/14 (3 wks)	\$60	NM/\$75

Ages 14-18 Adv Beg/Low Int - HS Prep			
Sa 2-3pm		\$35	NM/\$45
86336	9/10, 9/24, 10/1, 10/15		
86337	10/22, 11/5, 11/12, 11/19		
86338	12/3, 12/10, 12/17	\$27	NM/\$34

**JUNIOR TENNIS SCHOLARSHIPS** are available through the Vancouver Tennis Center Foundation/Arlene Clark “Friends of Kids” Lesson Subsidy Program. Scholarships are based on need and have been designated for low-income families. Applications available at the VTC front desk and are due by Aug. 10 of each year. Scholarships follow the school year and run from Sept. 1-Aug. 31 of the following year. One-page essay and letter of recommendation from a coach, teacher and/or mentor must accompany each application.

**ADULT SPORTS**

Games on Th and/or Su from 1/19-3/11 are between 5:30-10:30pm.

Play-offs are from 3/8-3/25 #86693

**Adult Basketball Winter League**

Registration deadline is 1/16 or until the league is full.

Games on Th and/or Su from 1/19-3/11 are between 5:30-10:30pm.

Play-offs are from 3/8-3/25

**86592** Th night games/Rec.-Level C/D.

**86593** Su night games/more competitive-Level B.

Spring Leagues offered too! To inquire, contact Jana Wilson at 487-7025.

Players, are you looking for a team? Put your name on an extra players list by contacting Jana at jana.wilson@cityofvancouver.us or 487-7025.

Adult league teams can reserve the FCC gym for practice time. Cost is \$50/hour. To schedule, call Mike at 487-7026.

## SOFTBALL

Slowpitch Players - Are you looking for a team?

Put your name on the extra player list by calling 487-7082.

### Interested in Umpiring?

Contact ASA Umpire-in-Chief Dennis Schodt: 909-5785

Senior Softball 60+ Contact John Aarhus: 574-3017

### Girls Fastpitch Softball

Vancouver Girls Fastpitch Association: 699-0664

### Slowpitch Softball Leagues

The Vancouver City League Slowpitch Softball Program is sanctioned by the Amateur Softball Association (ASA). Participants must be 14 years and older, with parental permission if under 18. Players may play on several teams in the Vancouver League during the season except not on the same night.

### Fall City League Slowpitch Softball – JOIN A TEAM.

Co-ed Leagues play Sun. and Fri. Women's League plays on Tues. and the Men's Leagues play on Mon., Tues. and Wed. Put your name on the extra player list by contacting Karen at karen.everett@cityofvancouver.us or 487-7082.

### Spring/Summer City League Slowpitch Softball registration starts January 18.

The Vancouver City League Slowpitch Softball Program is sanctioned by the

Amateur Softball Association (ASA). Participants must be 14 years and older. Players under 18 are required to have parental permission. All leagues have a minimum of a 10/20 game season with possible playoffs. League format depends on number of teams registered and whether participating in the doubleheader league or the single-game league.

Manager's meeting: 7pm 4/3,  
Luepke Center, 1009 E. McLoughlin Blvd.

Games begin: 4/10

Register AS A TEAM at Marshall Community Center. Team fee must be paid at time of registration. Rosters with player fees paid are due 4/19.

### Registration dates:

1/18-2/14 Returning 2011 spring/summer league teams

2/16 Teams from fall 2011 league

2/17 Open registration through March 30 or until league limits are reached.

League fees: (Teams may have up to 20 players on their rosters).

Doubleheader games -Team registration fee is \$415 plus a team player fee of \$890

Single games - Team registration fee \$215 plus a team player fee of \$569

### Softball practice field reservations:

Teams may reserve two practices per week, one weekday and one weekend; make reservations at the Marshall Community Center (call 487-7100) on the Fri. prior to the week being requested.

City league team fee: \$6 for 90 minutes

Other users: \$12 for 90 minutes

Check out these websites for additional softball information and more tournament dates. [www.Vancouver-Slowpitch.com](http://www.Vancouver-Slowpitch.com) and [www.WashingtonASA.com](http://www.WashingtonASA.com)

## 2011 Vancouver Slowpitch Softball Tournaments

All softball tournaments are co-sponsored by Vancouver-Clark Parks and Recreation and the Vancouver Softball Association. Registration forms are available at Marshall Center or by calling the League Sports Office at (360)487-7082. Teams must be registered with the Amateur Softball Association to participate. Tournaments allow Progressive home runs and three pick-up players. Tournaments are played at David Douglas Park, Vancouver.

### September

**24/25** Coed D/E Fall Classic 4GG \$210

### October

**1** Men's E/Rec Make your own Team –ONE DAY 3GG \$145

**8** Women's D/E Wacky One Day Tournament 3GG \$145

**15/16** Coed D/E Last Chance Mix & Match 4GG \$210

Check out the Web for additional softball information and more tournament dates. [www.Vancouver-Slowpitch.com](http://www.Vancouver-Slowpitch.com) and [www.WashingtonASA.com](http://www.WashingtonASA.com).

## VOLLEYBALL

### Drop-in Volleyball

Marshall Community Center Gym -\$5.50

Tues. 7-9pm – Power

Firstenburg Community Center Gym - \$6

Mon 7:30-9:30pm - Recreational

### Volleyball Leagues (14 and older)

Co-ed: spring and fall leagues

Women's: winter leagues

Looking for a Team? Put your name on the extra player list by calling 487-7082.

### Co-ed Volleyball League – starts 9/7

Fall league matches are played Wed. evenings at Marshall Community Center gym. League registration is on a team basis. Teams play with six players on the court – three men and three women. Participants must be 14 years and older, those under 18 must have parental permission. Teams may have up to 10 players on their team – rosters are due 9/21. League begins with practice night on 9/7 – teams pick practice

times when registering. Placement into divisions will be based on classification games, if played and past league records. League format depends on number of teams registered. T-shirts are awarded for first and second place in each division. Each team must furnish a game ball.

Register as a team at Marshall Community Center.

8/11-8/16 Returning 2010 fall league teams

8/17 Open registration through 9/6 or until league limit is reached.

League fee: \$570 (fee may be split into two payments - \$300 with registration / \$270 due 9/21)

### Women's 2012 Winter Volleyball – Starts 1/4 and 1/5.

Matches are played at the Marshall Community Center gym on Wed./Thurs. evenings. League registration is on a team basis. Teams have six players on the

court. Participants must be 14 years and older, those under 18 must have parental permission. Teams may have up to 10 players on their team – rosters are due 1/11. All teams must furnish a game ball. League starts with a practice night followed by classification games. League format depends on number of teams registered. The top teams qualify for playoffs. Player T-shirts are awarded for first and second place in each division after the playoffs.

Register AS A TEAM at the Marshall Community Center -1009 E. McLoughlin Blvd.

League fee: \$570 (fee may be split into two payments - \$300 due with registration /\$270 due 1/11)

Registration dates:

12/6-13 Returning 2011 winter teams

12/15 Open registration through 1/3 or until league limit is reached.

## ADULT GROUP TENNIS LESSONS

The Vancouver Tennis Center offers a full range of high-quality, professionally run adult group tennis lessons for entry level, intermediate and advanced adults and seniors. Participants must be 19 years of age or older. Day, evening and weekend classes available; taught by USPTA-certified Tennis Professionals. All registrations require payment. We accept phone registrations as well as on-line registrations through REC-CONNECT for all classes listed below.

*There are no adult group lesson program classes Sept. 5; Nov 21-27; Dec. 18-Jan 1, 2012.*

## Silver Level: Beginner Adult Group Tennis Classes

Member rate is shown first.

## M 10:30-11:45am - Steve

86377	9/12-9/26*	\$38	NM/\$45
86380	10/3-10/24	\$50	NM/\$60
86587	10/31-11/14*	\$38	NM/\$45
86588	11/28-12/12*	\$38	NM/\$45

## M 7:15-8:30pm - Steve

86379	9/12-9/26*	\$38	NM/\$45
86381	10/3-10/24	\$50	NM/\$60
86385	10/31-11/14*	\$38	NM/\$45
86387	11/28-12/12*	\$38	NM/\$45

## W 9:15-10:30am - Kelly &amp; Steve

86378	9/7-9/28	\$50	NM/\$60
86382	10/5-10/26	\$50	NM/\$60
86386	11/2-11/16*	\$38	NM/\$45
86388	11/30-12/14*	\$38	NM/\$45

## Th 7:15-8:30pm - Steve

86384	9/8-9/29	\$50	NM/\$60
86383	10/6-10/27	\$50	NM/\$60
86389	11/3-11/17*	\$38	NM/\$45
86390	12/1-12/15*	\$38	NM/\$45

## Su 3:30-4:45pm - Kelly

86391	9/11, 9/18, 9/25*	\$38	NM/\$45
86393	10/2, 10/16, 10/23*	\$38	NM/\$45
86394	10/30, 11/6, 11/13*	\$38	NM/\$45
86591	11/27, 12/4, 12/11*	\$38	NM/\$45

## Gold Level: Advanced Beginner/Low Intermediate Adult Group Tennis Classes

Member rate is shown first.

## M 9:15-10:30am - Steve

86413	9/12-9/26*	\$38	NM/\$45
86420	10/3-10/24	\$50	NM/\$60
86427	10/31-11/14*	\$38	NM/\$45
86429	11/28-12/12*	\$38	NM/\$45

## M 6-7:15pm - Steve

86418	9/12-9/26*	\$38	NM/\$45
-------	------------	------	---------

86419	10/3-10/24	\$50	NM/\$60
86426	10/31-11/14*	\$38	NM/\$45
86428	11/28-12/12*	\$38	NM/\$45

## W 10:30-11:45am - Mike &amp; Kelly

86415	9/7-9/28	\$50	NM/\$60
86423	10/5-10/26	\$50	NM/\$60
86694	11/2-11/16*	\$38	NM/\$45
86695	11/30-12/14*	\$38	NM/\$45

## W 6-7:15pm - Sanja

86421	9/7-9/28	\$50	NM/\$60
86422	10/5-10/26	\$50	NM/\$60
86430	11/2-11/16*	\$38	NM/\$45
86431	11/30-12/14*	\$38	NM/\$45

## Th 9:15-10:30am - Travis

86416	9/8-9/29	\$50	NM/\$60
86424	10/6-10/27	\$50	NM/\$60
86432	11/3-11/17*	\$38	NM/\$45
86434	12/1-12/15*	\$38	NM/\$45

## Th 10:30-11:45am - Kelly &amp; Steve

86417	9/8-9/29	\$50	NM/\$60
86440	10/6-10/27	\$50	NM/\$60
86433	11/3-11/17*	\$38	NM/\$45
86435	12/1-12/15*	\$38	NM/\$45

## Th 7:15-8:30pm - Kelly

86760	9/8-9/29	\$50	NM/\$60
86761	10/6-10/27	\$50	NM/\$60
86762	11/3-11/17*	\$38	NM/\$45
86763	12/1-12/15*	\$38	NM/\$45

## Su 4:45-6pm - Kelly

86443	9/11, 9/18, 9/25*	\$38	NM/\$45
86441	10/2, 10/16, 10/23*	\$38	NM/\$45
86442	10/30, 11/6, 11/13*	\$38	NM/\$45
86697	11/27, 12/4, 12/11*	\$38	NM/\$45

## Ball Machine Clinics: All levels welcome

Member rate is shown first.

## T 8:30-9:45am - Tony

86409	9/6-9/27	\$50	NM/\$60
86410	10/4-10/25	\$50	NM/\$60
86411	11/1-11/15*	\$38	NM/\$45
86412	11/29-12/13*	\$38	NM/\$45

## W 9:15-10:30am - Travis

86395	9/7-9/28	\$50	NM/\$60
86397	10/5-10/26	\$50	NM/\$60
86396	11/2-11/16*	\$38	NM/\$45
86403	11/30-12/14*	\$38	NM/\$45

## F 10:30-11:45am - Travis

86402	9/9-9/30	\$50	NM/\$60
86401	10/7-10/28	\$50	NM/\$60
86407	11/4-11/18*	\$38	NM/\$45
86408	12/2-12/16*	\$38	NM/\$45

# IT'S PARTY TIME!

Let Marshall or Firstenburg Center host your upcoming birthday party!

## B-DAY PARTIES AT FIRSTENBURG CENTER

Come and relax while we do all the work. All parties include one hour of activity and 45 minutes in the party room, as well as a host to set up, guide you through your fun adventure -- and best of all -- we clean up!

**STEP 1:** Choose a party package.

Package A: Cake party, \$175

Package B: Pizza party, \$175

Package C: Cake/pizza party, \$199

Teen video game party, \$180

Teen DJ dance party, \$220

*(Food is not provided for the teen parties.)*

**STEP 2:** Choose a theme. **360.487.7026**

Lil' sportsters gym party - ages 2-4

Sports spectacular party - ages 3-12

Climbing wall party - ages 5-15

Swimming party - ages 5-15

Teen video game or DJ dance party - ages

10-18 (call 487-7086 for teen parties)

**STEP 3:** Contact a party planner. Call 360.487.7026 or send an e-mail to: [firstenburg.birthdayparties@cityofvancouver.us](mailto:firstenburg.birthdayparties@cityofvancouver.us)

*Packages are based on 10 kids (max of 12 at the climbing wall and 15 in the pool and gym). Add more kids and more pizzas for a small fee. Pizza or cake parties include two pizzas and/or 1/4 sheet cake, beverages, balloons and paper goods.*

## B-DAY PARTIES AT MARSHALL CENTER

### TEEN PARTIES - 360.487.7086

Ages 10-18.

#### VIDEOGAMER

Up to 25 people, two hours in the SPOT or Zone, \$180

#### DJ DANCE PARTY

Music, lights and up to 60 people for two hours, \$220

**Ask us about a DJ Dance Party at your location!**

*For teen parties, 50 percent of payment is due at booking with the balance due a month in advance. Cancellations, transfers and/or changes must be made five working days prior to the party. There is no refund for a cancellation made within five working days.*

### POOL PARTIES - 360.487.7073

Ages 7 and older. Adults accompanying children swim for free. Saturday and Sunday afternoons only.

Pool and private room, \$128

Pool and game room, \$162

\* You are welcome to bring your own food to Marshall birthday parties; it is not provided.



# Sign up ONLINE to reserve your spot!

Register TODAY with Rec Connect . Go to [vanclarkparks-rec.org](http://vanclarkparks-rec.org) and click on the Rec Connect logo. If this is your first registration with us, go to MyAccount/Log-In and request us to set up a new account. If you have registered in any of our programs in the last five years, please enter your email address on the Update my Account link and once we update your account, your BARCODE and PIN will be sent to you immediately.

**OR**

Walk in: Bring your completed registration form to either Firstenburg or Marshall Center.

Call us: Have your registration form filled out and your credit card number ready when you call.

Mail the form and payment: Make checks payable to City of Vancouver, or provide credit card information.

Mail to: City of Vancouver, Parks & Recreation, P.O. Box 1995, Vancouver, WA 98668-1995.

**Firstenburg Center**  
700 NE 136 Ave  
360.487.7001  
fax: 883.9440

**Luepke Center**  
1009 E McLoughlin Blvd  
360.487.7050  
fax: 759.4424

**Marshall Center**  
1009 E McLoughlin Blvd  
360.487.7100  
fax: 487.7080

## **Inclusion: What's it all about?**

**Call 360.487.7060**

**[Inclusion.services@ci.vancouver.wa.us](mailto:Inclusion.services@ci.vancouver.wa.us)**

Vancouver-Clark Parks and Recreation invites people of all ages with disabilities to participate in any of the activities offered in this Activity Guide. Reasonable accommodations, such as sign language interpretation, mentoring and personal care will be provided to people with disabilities. They will be in accordance with the guidelines of the Americans with Disabilities Act (ADA).

### **Be Included! Here's how:**

1. Send a current Inclusion Intake form to Inclusion Services office. An Inclusion Intake form for the current year is required to provide an accommodation.

Download a form at [vanclarkparks-rec.org](http://vanclarkparks-rec.org) or receive a form by mail by calling 487-7057 or e-mailing [Inclusion.services@ci.vancouver.wa.us](mailto:Inclusion.services@ci.vancouver.wa.us).

2. Contact the Inclusion Services office at 487-7057 or e-mail [Inclusion.services@ci.vancouver.wa.us](mailto:Inclusion.services@ci.vancouver.wa.us) to make a request for an Inclusion accommodation.

An Inclusion accommodation request must be made ten business days before the program start date.

A current Inclusion Intake form must be on file at the Inclusion Services office.

An Inclusion Specialist will contact you upon receiving the Inclusion Intake form.

An assessment will be made within two business days of the request.

An accommodation cannot be made without a phone or in-person assessment.

For more information, go to [vanclarkparks-rec.org](http://vanclarkparks-rec.org), and click on Recreation Programs for People with Disabilities.

**Refund Policy:** Cancellations, credits or transfers must be requested a minimum of five working days (Mon-Fri) prior to the start day for camps and classes; 10 working days (Mon-Fri) for leagues and outdoor adventure trips. You will receive a full credit, or refund minus a \$5 processing fee, if the class fee is greater than \$20. For classes \$20 or less you may only receive a credit on your account. Requests made less than five days prior to the start date are not eligible for a refund, credit or transfer, except in the case of personal emergencies. When Vancouver-Clark Parks and Recreation cancels or postpones a class, the total fee will be credited to your account, or if you prefer, a refund check will be issued. Refunds take about 10 working days to process after applications are submitted. Credits will remain on your account for one year, at which time you will receive a refund for any amount over \$20. Remaining credits will be allocated to the scholarship or inclusion fund.

Registration will continue until classes begin or are full. Payment is required at the time of registration. If the class does not meet the minimum enrollment it will be cancelled.

**Photos:** Participants may be photographed for public relations purposes related to the Vancouver-Clark Parks & Recreation Department. Present a written note to the program director if you do not wish your child to be photographed.

**Child Transportation:** Parents are asked to bring their ID when they pick up their child. A written note to the program director from the parent is required when a friend or relative is designated to pick up a child.

**Senior Discount:** If you are 60 or older please inquire before registering about senior discounts in some programs.

This department complies with Washington's Fair Play and Community Sports Act, which prohibits discrimination against any person in a community athletics program on the basis of sex.

## Ongoing pass fees

Combined Fitness & Aquatics Passes									
Pass Type	Ongoing Pass (paid monthly)			12 Month Pass (13 <sup>th</sup> month free)			3 Month Pass		
	MCC	FCC	All Access	MCC	FCC	All Access	MCC	FCC	All Access
0-3 Yrs.	Free	Free	Free	Free	Free	Free	Free	Free	Free
Youth	\$20	\$21	\$23	\$240	\$252	\$276	\$75	\$78	\$84
Adult	\$37	\$40	\$42	\$444	\$480	\$504	\$126	\$135	\$141
Couple	\$55	\$60	\$63	\$660	\$720	\$756	\$180	\$195	\$204
Senior	\$30	\$32	\$34	\$360	\$384	\$408	\$105	\$111	\$117
Sr. Couple	\$45	\$48	\$51	\$540	\$576	\$612	\$150	\$159	\$168
Family	\$59	\$63	\$67	\$708	\$756	\$804	\$192	\$204	\$216

\* Monthly fees are automatically deducted from a checking, savings or credit card account.

## Drop-in fees and 20 visit passes

Pass Type	Marshall Community Ctr		Firstenberg Community Ctr		VSD Pools
	20-Visit Pass	Daily Drop In	20-Visit Pass	Daily Drop in	Aquatic Daily Drop in
0-3 Yrs.	Free	Free	Free	Free	Free
Youth	\$55	\$3	\$75	\$4	\$2.75
Adult	\$105	\$5.50	\$115	\$6	\$3.75
Senior	\$75	\$4	\$95	\$5	\$3.50
Family	N/A	\$12	N/A	N/A	\$11.50

### Pass specifics:

**MCC (Marshall Community Complex) Pass** includes access to the fitness area, a variety of group exercise classes, drop-in sports in the gymnasium, swimming and water aerobics at Marshall Community Center and use of Propstra Aquatic Center and the Jim Parsley Center pools during designated times.

**FCC (Firstenberg Community Center) Pass** includes access to the fitness area, walking track, a variety of group exercise classes, climbing wall open climbs, drop-in sports in the gymnasium, swimming and water aerobics at Firstenberg Community Center.

**All-Access Pass** includes all usage listed under FCC and MCC pass plans.

### Pass type descriptions:

**Youth:** Persons 18 years of age or under. Youth agreements must be signed by a parent/guardian for the youth pass holder.

**Adult:** Persons 19 to 59 years of age.

**Couple:** Persons 4 to 59 years of age along with their spouse, partner or family member, in the same household.

**Senior:** Persons 60 years of age or older.

**Senior Couple:** Persons 60 years of age or older along with their spouse, partner or family member, in the same household.

**Family:** Two adults (spouses, partners or family members) and their children 22 and under living in the same household.

## Vancouver-Clark Parks and Recreation Activity Registration

Contact Person: \_\_\_\_\_ Birthdate: \_\_\_\_\_ City Res  Non-Res   
 Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 City/State: \_\_\_\_\_ Zip: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Participant's Name	Birthdate	Age	M/F	Class Name	Class Number	Fee

Payment enclosed. Make check payable to City of Vancouver. Fees include all applicable taxes. Total   
 MAIL TO: City of Vancouver  
 Parks and Recreation, Registration  
 P.O. Box 1995, Vancouver, WA 98668-1995  
 Circle if you would like to donate \$1 to the Recreation Scholarship Fund:  yes-\$1  
 Circle if you would like to donate \$1 to the Inclusion Fund:  yes-\$1

Check box if special accommodation is needed.  
 (Please give us 10 working days advance notice.)

Master  Visa Card #: \_\_\_\_\_ Expiration: \_\_\_\_\_

Signature: \_\_\_\_\_ E-Mail: \_\_\_\_\_