

Rise above everyday life and be YOUR best!

With 23 routes to explore, the sky's the limit at Firstenburg's climbing wall, Sadri's Summit. The climbing wall is 27 feet high, 50 feet wide. The bouldering wall is 13 feet high and 20 feet wide. Most routes geared for beginner and intermediate climbers.

Open climb general information:

- All climbers must fill out a waiver form. A parent/guardian signature is required for climbers under age 18.
- Climbers must be at least five years old; children 10 and younger must be accompanied by a person 18+.
- Belayers, must be at least 14 and have a

current Sadri's Summit belay card. Staff belayers will assist climbers.

- To obtain a Sadri's Summit belay card, see the Mountain Goats on the Rock Certification section.
- Up to 12 participants with belay certified pairs can be accommodated at each open climb. Bracelets handed out at the front desk 30 minutes before each open climb. Climbers must report to the wall within 10 minutes of purchasing a bracelet or open climb start time, whichever is sooner.
- No daytime climbs Jan. 3-5

Open Climb session fees:

FREE to passholders
\$6 adult 19+ \$5 ages 60+ \$4 youth 5-18

Daily equipment rental fees:

\$5 per person includes harness, shoes and chalk/chalk bag.

Purchase a three-rental punch card for \$15 and get one rental free!

Personal climbing equipment is accepted upon inspection and gear available for purchase at the front desk.

Is your work team, youth group, or Scout group looking for an exciting adventure? Contact Stacey at climbfcc@cityofvancouver.us for group information.

Family and Friends Friday Climb

Ages 4+. No experience necessary. Multiple difficulty levels provide a challenge for all ages. Groups must be accompanied by a person 18+. Climbers must wear close-toed shoes and fill out a waiver.

\$19 2-3 participants
\$26 4-6 participants; add participants at \$4 each
F 5:45-7:45pm
87970 2/3 **87971** 3/2

Climbing Club

Ages 6-13. Join us for a kids-only climb time and have fun with endurance and team building games. All equipment is provided. After school climbing club meets every T and the home school climbing club meets every other T.

T 3:45-5:45pm \$44
87997 1/24-2/28 **87998** 3/6-4/17
88000 T 1/31-4/10 11am-1pm \$44

CLIMBING CLASSES

Billy Goats on the Rock

Ages 4-6. Improve child's movement control and coordination. Focus on problem solving, mental awareness and height phobias. Equipment is provided. No class 2/18, 4/2, 4/4, 4/5.

M 10:30-11:15am \$38
87409 1/23-2/13 **87410** 2/27-3/19
87411 3/26-4/23
W 5-5:45pm \$38
87415 1/25-2/15 **87416** 2/22-3/14
87417 3/21-4/18
Th 1:15-2pm \$38
87412 1/26-2/16 **87413** 2/23-3/15
87414 3/22-4/19
Sa 10:15-11am \$38
87418 2/4-3/3 **87419** 3/10-3/31

Kids on the Rock

Ages 6-13. Gain self confidence; learn harness and tie-in safety, verbal commands and climbing technique. Bouldering certification available for ages 9+ . Intermediate class: Climbers must know harnessing, checks, commands and how to clip in. No class on 2/18, 4/2, 4/5.

Th 5:15-6:15pm \$51
87976 1/26-2/16 **87977** 2/23-3/15
87978 3/22-4/19
Sa 9-10am
87985 2/4-3/3 **87986** 3/10-3/31
M 4:45-5:45pm \$51
Beginner Intermediate
87979 **87980** 1/23-2/13
87981 **87982** 2/27-3/19
87983 **87984** 3/26-4/23

Mountain Goats on the Rock

To obtain a Sadri's Summit belay or bouldering card, you must complete a certification class or schedule a skills test by calling 487-7029. Belay and boulder cards must be purchased within 60 days of completing a class or skills test. Cards cost is \$5 each.

Belay and Bouldering Certification Class

Ages 14+. This beginning class includes harness safety, belay training, climbing commands, route finding and basic technique. Prepares you to pass the Sadri's Summit belay and bouldering skills test.

Sa 2:45-6:45pm \$51
87987 1/7 **87988** 2/4
87989 3/3

Belay and Bouldering Certification Climbing Skills Test

Ages 14+ who are proficient in belaying a climber on top-rope. Must know

harness safety, belay technique with a Gri-Gri, climbing commands, and lowering technique. Climber's ages 9+ skilled in bouldering techniques must complete certification test to utilize unprogrammed time at the wall. Call 487-7029 to schedule a time before or after an open climb.

87990 \$10

Movement Climbing Class

Ages 14+. Focus on climbing skills such as foot placement, proper body positioning, and how to minimize fatigue on arms and hands. Learn bouldering techniques, falls and spotting. This class prepares you to pass Sadri's Summit bouldering skills test.

Sa 2:45-6:45pm \$51
87991 1/21 **87992** 2/25
87993 3/17

Combo Climbing Class

Ages 14+. Register for two classes: Mountain Goats on the Rock Belay Certification Class and Mountain Goats on the Rock Movement Climbing Class together and get a better deal! (Regularly \$102 for both).

Sa 2:45-6:45pm \$91
87994 1/7 & 1/21 **87995** 2/4 & 2/25
87996 3/3 & 3/17

New: Register for a climbing class and practice your climbing skills at one open climb per week for the session you are registered for free! You will receive a Sadri's Summit Open Climb Pass on the first day of your class; just bring this card in with you and you will receive access to an open climb. All open climbs are first-come, first-served. Climbing Clubs, Skills Test and Family and Friends Friday Climb are exempt.