



Mission Statement: "To connect the wisdom, experience, and talents of volunteers with opportunities to enrich the quality of life for themselves and their communities."



Human Services Council
201 NE 73rd Street
Suite 101
Vancouver, WA 98665

Phone: (360) 624-9088
Fax: (360) 694-6716
volunteerconnections@dshs.wa.gov

PROGRAM STAFF

Bobbi Casanova, RSVP Manager
Anne Turner, Volunteer Connections Manager
Jeanné Phipps, RSVP Assistant
Marsha Freshwater, RSVP Assistant
Candy Chilbeck, Assistant
Pat Townley, Assistant
Alex Gordon, SHIBA VISTA
Monna Wardell, VISTA
Ron Ovadenko, VISTA Leader

RSVP ADVISORY COUNCIL

Tom Tucker, President
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Cathy Sholes
CT Thurston

OFFICE VOLUNTEERS

BJ Ellithorpe
Eleanor Liefke
Jacki Root

VOLUNTEER AT THE SENIOR EXPO

RSVP is seeking volunteers of all ages to assist on Sunday April 15:

- ✦ **Greeters:** Offer the first friendly face that guests see at the expo, greet visitors and hand out information, watch over donation baskets, and keep count of guests entering the event through a ticket system.
- ✦ **Information Booth Assistant:** Answer questions about exhibitor locations, activities, etc.
- ✦ **Survey Taker:** Walk around the event asking guests for feedback. A short questionnaire is provided.
- ✦ **Parking Assistants:** Direct cars in the disabled parking lot ensuring only those with proper qualifications park.
- ✦ **Exhibitor Greeter:** Greet exhibitors before event and direct them to their designated tables.

Volunteer Opportunities

Call 624-9088, if you're interested in one of these positions.

Columbia River Mental Health Services is looking for a medical office assistant who can work in a fast paced environment. Duties will include faxing, triaging messages, pulling charts, and working on computer systems. Training is provided.

The American Cancer Society Discovery Shop needs cashiers, especially on Thursday mornings.

Quilting For Kids is looking for volunteers to assist with making quilts, pillowcases, wall hangings, placemats, and cutting fabric for foster kids and foster families.

Furry Friends need individuals to help at the shelter with cleaning and feeding animals and/or taking messages off the answering machine (can be done from home). Volunteers are also needed to assist with Saturday pet showings at Petco and PetsMart stores.

Southwest Washington Medical Center seeks an Administration Office Front Desk Receptionist to cover during lunch periods, breaks, and staff vacations. Duties include greeting visitors, directing phone calls or taking messages, announcing appointments to the Executive Secretaries, and other duties as assigned.

Council For The Homeless Winter Hospitality Overflow Program is looking for volunteers to pick up donated food from local sponsoring organizations and deliver to the men's winter shelter through this month.

Parkway North Care Center is looking for musicians to entertain 30-60 minutes once a month.

Salvation Army is seeking help in their warehouse from 9-11:45 a.m. to sort food products into bags. A volunteer is also needed as a bread driver/runner for the 8 a.m. shift. A truck is provided.

Pearson Air Museum would like to find volunteers to host visitor groups on behalf of the museum staff for guided tours of the museum. Explain the history of Pearson Airfield and related events to the public while conducting tours for short duration visits.

Shared Hope International is seeking a volunteer to perform data entry on Tuesdays and Thursdays for approximately three hours a day.

Connection's Café need volunteers of all ages to work during the week or on Saturday. Learn

and assist with making coffee, lattes, food preparation, greeting customers and miscellaneous behind the scenes tasks associated with running a café.

Southwest Washington Agency On Aging Advisory Council (SWAA) is seeking new members. The council meets every third Wednesday of the month from 10:00 a.m.—12:30 p.m. The Council advises the Southwest Washington Agency on Aging on issues, services, and policies that affect older persons and adults with disabilities.

Autism Community Services needs volunteers to pair with a teenager/adult with autism and accompany them to a variety of activities in the community. Activities could include volunteering at food banks or recreational events such as sports, concerts, theater, etc.

Clark Public Utilities is looking for volunteers to join them for Earth Day. Activities will include planting native trees, potting and restoration to the local area. There will be activities for children and raffle prizes. Tools and light refreshments are provided. Bring weather and work appropriate attire, gloves and a reusable mug.

Humane Society of Southwest Washington is seeking an on-call Transporter Volunteer to transport pets to off-site adoption sites or to alternative adoption groups and wildlife to wildlife rehabilitation centers. Also needed are volunteers to photograph animals up for adoption, create biographic information, and create flyers.

Kids on the Block is looking for volunteers to perform puppet shows for school children on topics designed to keep them safe and healthy. Shows are at local elementary schools. Training is provided.

Non-Profit Network is seeking a volunteer with graphics and flyer design experience to help with marketing. Volunteer must have a computer with a graphics package.

Oregon Convention Center would like to find Conference Vendor Hospitality Greeters to meet with vendors before the opening of conferences. Assist them with any needs they may have, supply them with water, coffee, etc. Office Assistants are also needed to handle duties such as filing, photocopying, making phone calls and some computer work.

Senior Connection's

Expo 2007

The Retired and Senior Volunteer Program, Southwest Washington Medical Center and the *Senior Messenger* Present

Sunday, April 15
11a.m.—4 p.m.
Hilton Hotel & Convention Center

301 W 6th Street
Vancouver, WA
Learn about exciting services, ideas, and information available for the active, healthy senior lifestyle!

- 100+ Exhibitors
- Free Health Screenings
- Fashion Show
- Battle Ground Art Alliance Art on Display
- Prizes & Giveaways
- Live Music
- Yoga Demonstration

Hampton Alzheimer's Special Care needs volunteers to visit with residents, read books, take walks, and provide conversation and companionship to residents in all stages of dementia and Alzheimer's disease.

Two Rivers Heritage Museum is seeking docents to direct guests through the museum. Volunteers must be people friendly and able to follow directions.

Health Insurance Advisors Available

Statewide Health Insurance Benefits Advisors (SHIBA) HelpLine volunteers assist citizens with health insurance questions regarding the Medicare D prescription coverage, HMO's, Medicare, Medicaid, Long Term Care, supplemental insurance, and prescription assistance. Basic training for new volunteers will be held on March 12, 13, and 14th, from 9:00 am to 4 p.m.

The SHIBA program is always in need of more volunteers to serve as advisors. Each volunteer has a training plan, and is mentored by another volunteer until he/she is ready to work independently. Good listening skills and ability to work with people of all ages and backgrounds is a must.

FOR SHIBA ASSISTANCE: Volunteers are available for consultation every **Tuesday**. For more information or to make an appointment, please call 624-9020.