

EMERGENCY SUPPLIES CHECKLIST

WHEN DISASTER STRIKES

- Emergency services will respond to disasters but citizens may be on their own for hours, even days...
- You should be prepared to take care of yourself and your family for a minimum of three days. In some emergencies, such as a flu pandemic, you may need to be prepared for a week or more.
- In a disaster, your most immediate source of help are your neighbors
- Prepare an emergency kit for your home, work, car, pets and children's school/daycare

PREPARE YOURSELF & YOUR FAMILY

Basic Emergency Survival Kits

- Drinking water – 1 gallon per person per day
- Dry or canned food
- Can opener
- "Special needs" items for family members, such as infant formula, eyeglasses and medications
- Food, water and supplies for pets
- First aid supplies and first aid book
- Battery powered radio
- Flashlight and extra batteries
- Whistle
- List of contact names and phone numbers

Better Emergency Survival Kit (add)

- Copies of important documents: birth certificates, licenses and insurance policies
- Cash in small denominations (\$1's or \$5's)
- A change of clothing, jacket, hat, gloves
- Sleeping bag or blanket
- Waterproof matches
- Extra house keys and car keys
- Additional snacks
- See "Comfort"

Take a Basic First Aid/CPR Class

Have an Out-of-Area Emergency Contact

- Use this number to check in and have friends/family call this number to find out your status in a disaster/emergency.
Our Emergency Contact is:

Their number is: _____

Additional items for your home emergency kit:

Cooking supplies

- Barbecue, camp stove
- Fuel for cooking, such as charcoal or camp stove fuel
- Plastic knives, forks, spoons
- Paper plates and cups
- Paper towels
- Heavy-duty aluminum foil
- Sanitation supplies
- Large plastic trash bags for trash, water protection
- Large trash cans
- Bar soap and liquid detergent
- Shampoo
- Toothpaste and toothbrushes
- Feminine and infant supplies
- Toilet paper
- Household bleach with no additives, and eyedropper (for purifying drinking water)
- Newspaper — to wrap garbage and waste

Comfort

- Sturdy shoes
- Toys, books, puzzles, games
- Gloves for clearing debris
- Tent

Tools

- Ax, shovel, broom
- Crescent wrench for turning off gas
- Screwdriver, pliers, hammer
- Coil of one-half inch rope
- Plastic tape and sheeting
- Knife or razor blades
- Garden hose for siphoning and fire fighting

PREPARE YOUR COMMUNITY

- Lack of preparedness by others could impact you. Increase your level of security by encouraging your neighbors, friends and family to get prepared.
- **Map Your Neighborhood Program**
 - Learn the first 9 steps to take immediately following disaster
 - Identify the skills and equipment each neighbor has to help in a disaster response.
 - Work with neighbors to create a map showing the locations of each natural gas meter and propane tank; and of neighbors who may need special assistance
- **Community Emergency Response Team (CERT)** - Become a trained volunteer to assist emergency responders

FOR MORE INFORMATION:

City of Vancouver Emergency Management www.cityofvancouver.us/prepare

Vancouver Fire Department www.vanfire.org

Washington State Emergency Management www.emd.wa.gov