

Age and space guidelines

Children ages 10 and under must be supervised by a parent or legal guardian (ages 16+) unless they are participating in Public Swim. During Public Swim, parents must remain in the building.

Pool

- Ages 7+ can swim on their own, a parent or legal guardian must be always on the premises for ages 10 and under
- Ages 6 and under must be within arm's reach of a parent or guardian
- There must be one adult for every three children under age 7
- During family swim times, children under 16 must be accompanied in the water by a parent/guardian
- Ages 13+ can participate in water exercise, individual exercise and lap swim
- Ages 16+ can use the spa
- Anyone under 48 inches must go down the slide with a parent or legal guardian ages 16+

Fitness Center

- Ages 14+ can use the Fitness Center and take classes on their own
- Ages 13 and under may not wait unsupervised in any area of the Fitness Center

Aerobics/Dance Studio

• Ages 14+ may participate in group exercise classes

Indoor Track

- Ages 14+ may use the track on their own but must follow all posted track rules
- Ages 13 and under may not wait unsupervised in any area of the track

Gymnasium

- Ages 11+ can use the gym unsupervised during unscheduled programs and activities
- Teen open gym times are for ages 11-18
- Ages 7-10 can sit in the bleachers with the parent playing during adult drop-in programs, but cannot shoot around or run around the gym

Climbing Wall

- Ages 4-6 must be accompanied by a person age 18+ during open climb times
- Ages 7+ can climb unattended during open climb, a parent or legal guardian must be always on the premises for ages 7-10
- Ages 4+ can take climbing class, parents must remain in the building

Game Room

• Ages 11+ can check out equipment for a fee and play without supervision

Trapedero II Lounge

• Age 50 and older; no exceptions



Age and space guidelines

Children ages 10 and under must be with a parent/guardian in hallways, game room and lobbies. A parent/guardian must accompany children to each activity space instead of letting them travel through the community center on their own.

Ages 1-3

- Pool with adult/guardian
- Gymnasium with adult/guardian

Ages 4-6

- Open climb with adult/guardian
- Pool with adult/guardian
- Gymnasium with adult/guardian

Ages 7-9

- Open climb
- Pool (public swim, family swim with adult)
- Gymnasium with adult/guardian
- Sitting in the bleachers during an open gym program with parent/guardian participating

Age 10

- Open climb
- Pool (public swim, family swim with adult)
- Gymnasium with adult/guardian

Ages 11-13

- Open climb
- Pool (public swim, family swim with adult)
- Game room
- Gymnasium

Ages 14+

- Open climb
- Pool (public swim, family swim with adult for ages 15 and under)
- Indoor track
- Game room
- Gymnasium
- Weight room
- Group and water exercise classes