



## City of Vancouver Volunteer Orientation

- **Introduction:**

- Thank you Volunteers!

Safety is our #1 priority today, followed by getting some work done and most importantly having fun! Safety is your responsibility!

- **Personal protection:**

- You must wear **long pants and closed-toe shoes** to all volunteer activities.
- You must wear **gloves** when performing litter picks, weed pulls, etc.
- Be aware of bees or other stinging insects if you have allergies please inform leader
- Drink plenty of water.
- Be careful when lifting heavy objects and make sure to bend your knees when stooping down to dig and plant.
- Take breaks as needed.
- If you encounter any community members breaking rules or laws in a space where you are volunteering, please let a supervisor know and/or call 311 for non-emergency problems and 911 for emergencies. Do not attempt to enforce the rules or laws nor engage with the person.

- **Environmental protection and awareness:**

- The ground may be uneven in places. Be careful where you walk.
- Be aware of glass, needles, or other dangerous materials. When cleaning litter or brush do not insert your hands or body in any area that you cannot see where you are reaching. Use the buckets for glass and mark and notify a leader if other hazardous materials are found.
- Be aware of the public and fellow volunteer and communicate. Make when you set your tools down that it is done so in a safe location with the sharp end down.
- Wear sunscreen.

- **First Aid:**

- If there is an injury there is a first aid kit \_\_\_\_\_
- If you are involved in a serious accident, please call 911.
- Let a leader know and notify Volunteer Coordinator immediately of any injuries obtained while volunteering and fill out an Injury-Exposure Report immediately.

- **Liability:**

- All volunteers are required to complete a hold harmless release.
- Volunteers are not covered by the City of Vancouver worker's compensation program.

- **Work Plan for the day:**

**Be safe, get some great work done and have a super fun time today! Thank you**