

City of Vancouver - Medical and Dental Rate History

Regence PPO (includes Med/Rx/Vision)	2018	%	2019	%	2020	%	2021	%	2022	%	2023	%	Average Annual Increase	Cumulative 2018 - 2023
Medical EE Only	\$615.06	-	\$671.88	9.2%	\$727.09	8.2%	\$774.38	6.5%	\$811.97	4.9%	\$874.97	7.8%	5.3%	42.3%
Medical EE+Spouse	\$1,291.57	-	\$1,411.69	9.3%	\$1,527.78	8.2%	\$1,627.28	6.5%	\$1,706.33	4.9%	\$1,838.61	7.8%	5.3%	42.4%
Medical EE+Child(ren)	\$1,107.15	-	\$1,210.11	9.3%	\$1,309.62	8.2%	\$1,394.90	6.5%	\$1,462.65	4.9%	\$1,576.05	7.8%	5.3%	42.4%
Medical EE+Family	\$1,783.70	-	\$1,949.58	9.3%	\$2,109.93	8.2%	\$2,247.36	6.5%	\$2,356.53	4.9%	\$2,539.20	7.8%	5.3%	42.4%
Regence HDHP (HSA) (includes Med/Rx/Vision)	2018	%	2019	%	2020	%	2021	%	2022	%	2023	%	Average Annual Increase	Cumulative 2018 - 2023
Medical EE Only	\$484.20	-	\$529.23	9.3%	\$577.34	9.1%	\$614.15	6.4%	\$643.73	4.8%	\$694.28	7.9%	5.4%	43.4%
Medical EE+Spouse	\$1,016.87	-	\$1,111.44	9.3%	\$1,212.58	9.1%	\$1,290.01	6.4%	\$1,352.20	4.8%	\$1,458.27	7.8%	5.4%	43.4%
Medical EE+Child(ren)	\$871.64	-	\$952.70	9.3%	\$1,039.38	9.1%	\$1,105.74	6.4%	\$1,159.03	4.8%	\$1,249.96	7.8%	5.4%	43.4%
Medical EE+Family	\$1,404.25	-	\$1,534.85	9.3%	\$1,674.53	9.1%	\$1,781.48	6.4%	\$1,867.36	4.8%	\$2,013.84	7.8%	5.4%	43.4%
Kaiser HMO (includes Med/Rx/Vision)	2018	%	2019	%	2020	%	2021	%	2022	%	2023	%	Average Annual Increase	Cumulative 2018 - 2023
Medical EE Only	\$606.41	-	\$625.48	3.1%	\$651.10	4.1%	\$671.73	3.2%	\$642.16	-4.4%	\$731.10	13.9%	2.6%	20.6%
Medical EE+Spouse	\$1,212.83	-	\$1,250.97	3.1%	\$1,302.22	4.1%	\$1,343.46	3.2%	\$1,284.41	-4.4%	\$1,462.28	13.8%	2.6%	20.6%
Medical EE+Child(ren)	\$1,091.54	-	\$1,125.87	3.1%	\$1,172.00	4.1%	\$1,209.11	3.2%	\$1,155.99	-4.4%	\$1,316.13	13.9%	2.6%	20.6%
Medical EE+Family	\$1,819.24	-	\$1,876.45	3.1%	\$1,953.33	4.1%	\$2,015.19	3.2%	\$1,926.80	-4.4%	\$2,193.75	13.9%	2.6%	20.6%
Kaiser HDHP (HSA) (includes Med/Rx/Vision)	2018	%	2019	%	2020	%	2021	%	2022	%	2023	%	Average Annual Increase	Cumulative 2018 - 2023
Medical EE Only	\$422.47	-	\$435.76	3.1%	\$453.61	4.1%	\$467.98	3.2%	\$446.08	-4.7%	\$507.86	13.8%	2.5%	20.2%
Medical EE+Spouse	\$844.94	-	\$871.51	3.1%	\$907.22	4.1%	\$935.95	3.2%	\$891.79	-4.7%	\$1,015.31	13.9%	2.5%	20.2%
Medical EE+Child(ren)	\$760.44	-	\$784.36	3.1%	\$816.50	4.1%	\$842.35	3.2%	\$803.64	-4.6%	\$914.96	13.9%	2.5%	20.3%
Medical EE+Family	\$1,267.41	-	\$1,307.27	3.1%	\$1,360.83	4.1%	\$1,403.92	3.2%	\$1,337.80	-4.7%	\$1,523.17	13.9%	2.5%	20.2%
Delta Dental	2018	%	2019 Change to Self-funded	%	2020	%	2021	%	2022	%	2023	%	Average Annual Increase	Cumulative 2018 - 2023
Dental EE Only	\$56.80	-	\$51.52	-9.3%	\$44.51	-13.6%	\$46.51	4.5%	\$49.39	6.2%	\$48.46	-1.9%	-1.8%	-14.7%
Dental EE+Spouse	\$100.32	-	\$90.99	-9.3%	\$78.62	-13.6%	\$82.16	4.5%	\$87.25	6.2%	\$85.61	-1.9%	-1.8%	-14.7%
Dental EE+Child(ren)	\$130.94	-	\$118.76	-9.3%	\$102.61	-13.6%	\$107.23	4.5%	\$113.88	6.2%	\$111.73	-1.9%	-1.8%	-14.7%
Dental EE+Family	\$174.45	-	\$158.23	-9.3%	\$136.71	-13.6%	\$142.86	4.5%	\$151.72	6.2%	\$148.86	-1.9%	-1.8%	-14.7%
Kaiser Dental	2018	%	2019	%	2020	%	2021	%	2022	%	2023	%	Average Annual Increase	Cumulative 2018 - 2023
Dental EE Only	\$53.63	-	\$56.74	5.8%	\$56.74	0.0%	\$56.74	0.0%	\$56.74	0.0%	\$56.74	0.0%	0.7%	5.8%
Dental EE+Spouse	\$107.26	-	\$113.48	5.8%	\$113.48	0.0%	\$113.48	0.0%	\$113.48	0.0%	\$113.48	0.0%	0.7%	5.8%
Dental EE+Child(ren)	\$96.53	-	\$102.13	5.8%	\$102.13	0.0%	\$102.13	0.0%	\$102.13	0.0%	\$102.13	0.0%	0.7%	5.8%
Dental EE+Family	\$160.89	-	\$170.22	5.8%	\$170.22	0.0%	\$170.22	0.0%	\$170.22	0.0%	\$170.22	0.0%	0.7%	5.8%