

## **Employee Benefits**

Ongoing 2025 Renewal Planning

March 15, 2024





# 2024 Action Timeline (DRAFT)

Action	Timing	Decisions need to be made
Updated Benchmarking	February - March	
<b>Employee Contribution Change Discussion</b>	February – May	May – Have options to show unions
Plan Change Discussion	February – May	May – Have options to show unions
FTE Change Discussion	February - May	
Carrier Utilization Reviews	Kaiser – Completed in February Regence – Scheduled in June	
Regence Self-Funded Plan Projections	June – October Preliminary; without final SL will start in June	
Kaiser Renewal	July 1	
Plug in final Kaiser options	July - August	October
Plug in Regence options	July – September/October	October
Plug in contribution options	July – September/October	October
Market Stop Loss	August	
Regence ASO Renewal and Summary of Changes	August/September	September
Stop Loss Decision – Finalize Rates Using Claims Data through August	September 16-27	
Stop Loss Decision – Finalize Rates Using Claims Data through September	October 14-25	
Open Enrollment (Dependent on Finalization of Rates)	October - November	Depends on when stop loss is finalized



## **Updated Benchmarking**

## **Highlights:**

### Four WA cities in benchmark report that have Kaiser HMO plan with a deductible:

- Seattle: \$200/\$600 (also offer \$0 Ded plan)
- Everett: \$250/\$750 (new plan as of 2024, in addition to \$0 Ded plan)
- Tacoma: \$100/\$200Spokane: \$150/\$450

#### One Oregon agency in the benchmark report that has a Kaiser HMO plan with a deductible:

• Washington County: \$750/\$1500

#### 2024 Rate increase range was +2% to +25%:

- Everett: Kaiser plan +25%
- Clark County: Regence PPO +6%
- Seattle: Kaiser plan +9%
- Washington County: Kaiser +10%, Providence HDHP +13%, Providence PPO +6%
- Multnomah County: All lines 13%
- Hillsboro: Cigna PPO +10%, Kaiser HMO +14%

#### Agencies in the benchmark report that offer Wellness Incentives (i.e., reduction in premium):

- City of Tacoma: \$20 less
- Washington County: 5% less



# **Benefit & Rate Change Options**

## Kaiser – currently \$0 ded, \$20 PCP copay, with no coinsurance

Option	Benefit Change	Percentage Change
Option 1	Off the Shelf Plan: \$250 Ded, \$2500 OOP Max, \$15 copay, 20% coinsurance	-6.3% from current 2024 rates
Option 2	Custom Plan: \$200 Ded, \$2,000 OOP Max, \$20 copay, 10% coinsurance	-5.6% from current 2024 rates
Option 3	Off the Shelf Plan: \$500 Ded, \$3,000 OOP Max, \$20 copay, 10% coinsurance	-9.7% from current 2024 rates

## Regence – currently \$300 ded, \$ 2300 OOP, \$20 PCP copay

Option	Benefit Change	Percentage Change
Option 1	\$400 Ded, \$2500 OOP Max	-2.0% from current 2024 rates
Option 2	\$400 Ded, \$2500 OOP Max, \$25 PCP copay	-2.2% from current 2024 rates
Option 3	\$400 Ded, \$2500 OOP Max, \$30 PCP copay	-2.3% from current 2024 rates
Option 4	\$500 Ded, \$2600 OOP Max	-3.0% from current 2024 rates
Option 5	\$500 Ded, \$2600 OOP Max, \$25 PCP copay	-3.2% from current 2024 rates
Option 6	\$500 Ded, \$2600 OOP Max, \$30 PCP copay	-3.3% from current 2024 rates



# Benefit & Rate Comparisons 1 (lower ded) (no rx change)

Benefits		Current Ka Current/F		2024 Kaiser Opt 1 Ded Plan A 250/15/20/2500	2024 Kaiser Opt 2 Ded Plan A 200/20/20/2000		Current Regence P Visi Current/F	on	2024 Regence Option 1: \$20 copays, \$400 Ded \$2500 OOP	2024 Regence Option 2: \$25/\$35 copay, \$400 Ded \$2500 OOP	2024 Regence Option 3: \$30/\$40 copay, \$400 Ded \$2500 OOP
Deductible							SanJilli				
Individual		\$1	0	\$250	\$200		\$3	00	\$400	\$400	\$400
Family		\$1	0	\$750	\$600		\$9	00	\$1,200	\$1,200	\$1,200
Out of Pocket Maximums											
Individual		\$1,5	500	\$2,500	\$2,000		\$2,0	300	\$2,500	\$2,500	\$2,500
Family		\$3,0	000	\$7,500	\$4,000		\$6,9	900	\$7,500	\$7,500	\$7,500
Office Visits											
Preventive Care Office Visits		09	6	0%	0%		\$	0	\$0	\$0	\$0
Primary Care		\$2	0	\$15	\$20		\$2	0	\$20	\$25	\$30
Specialty Care		\$2	0	\$25	\$20		\$2	0	\$20	\$25	\$30
Urgent Care		\$4	0	\$35	\$40		\$2	0	\$20	\$35	\$40
Test (outpatient)											
Simple X-ray and Lab		\$20 per depa	artment visit	\$15 per department visit	10% coinsurance after ded		20	%	20%	20%	20%
CT, MRI, PET Scans		\$20 per depa	artment visit	\$100 per department visit	10% coinsurance after ded		20	%	20%	20%	20%
Hospital Services											
Ambulance		\$7	5	20% coinsurance after ded	10% coinsurance after ded		20	%	20%	20%	20%
Emergency Department		\$10	00	20% coinsurance after ded	\$200		\$250,	20%	\$250, 20%	\$250, 20%	\$250, 20%
Inpatient Hospitalization		\$200 per day per adn		20% coinsurance after ded	10% coinsurance after ded		20	%	20%	20%	20%
Outpatient Services (other)											
Outpatient surgery visit		\$5	0	20% coinsurance after ded	10% coinsurance after ded		20	%	20%	20%	20%
Durable medical equipment		20	%	20% coinsurance after ded	10% coinsurance after ded		20	%	20%	20%	20%
Alternative Care											
Acupuncture Services		\$2 12 vi		\$15 12 visits	\$15 12 visits		\$2 Unlimite		\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Chiropractic Services		\$2 12 vi	0	\$15 12 visits	\$15 12 visits		\$2 Unlimite	0	\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Massage Therapy		\$2 Medically Neo	0	\$20 Medically Necessary Only	\$20 Medically Necessary Only		\$2 Unlimite	0	\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Prescription Drug											
Generic		\$1	5	\$15	\$15		\$1	0	\$10	\$10	\$10
Preferred Brand		\$3	0	\$30	\$30		\$3	0	\$30	\$30	\$30
Specialty Drugs		Ву	Пег	By Tier	By Tier		Ву	Tier	By Tier	By Tier	By Tier
	Enrollmen	2023	2024	2024 - Option 1	2024 - Option 2	Enrollmen	2023	2024	2024 - Option 1	2024 - Option 2	2024 - Option 3
EE only	82	\$731.10	\$862.83	\$808.47	\$814.39	120	\$874.97	\$956.55	\$937.42	\$935.51	\$934.55
EE + Spouse EE + Child(ren)	56 29	\$1,462.28 \$1,316.13	\$1,725.74 \$1,553.26	\$1,617.02 \$1,455.41	\$1,628.86 \$1,466.06	98 26	\$1,838.61 \$1,576.05	\$2,010.08 \$1,723.03	\$1,969.88 \$1,688.57	\$1,965.86 \$1,685.12	\$1,963.85 \$1,683.40
EE + Family	89	\$2,193.75	\$1,555.26	\$2,425.89	\$2,443.65	190	\$2,539.20	\$2,776.01	\$2,720.49	\$1,665.12	\$1,083.40
	256					434					
Total Annual Cost		\$4,502,993	\$5,314,298 \$811,305	\$4,979,505 <b>\$476,512</b>	\$5,015,961 <b>\$512,968</b>		\$9,703,266	\$10,608,174 \$904,908	\$10,396,011 - <b>\$212,163</b>	\$10,374,794 -\$233,380	\$10,364,186 - <b>\$243,988</b>
\$ Change from Renewal  % Change from Renewal			\$811,305 18.0%	\$476,512 -6.3%	\$512,968 -5.6%			\$904,908 9.3%	-\$212,163 -2.0%	-\$233,380 -2.2%	-\$243,988 -2.3%



# Benefit & Rate Comparisons 1 A (with rx change)

									Includes Rx Carve Out - mov	ing to RxBenefits Optum Rx	
Benefits		Current Ka Current/F		2024 Kaiser Opt 1 Ded Plan A 250/15/20/2500	2024 Kaiser Opt 2 Ded Plan A 200/20/20/2000		Current Regence P Visi Current/R	on	2024 Regence Option 1: \$20 copays, \$400 Ded \$2500 OOP	2024 Regence Option 2: \$25/\$35 copay, \$400 Ded \$2500 OOP	2024 Regence Option 3: \$30/\$40 copay, \$400 Ded \$2500 OOP
De ductible											
Individual		\$	)	\$250	\$200		\$30	00	\$400	\$400	\$400
Family		\$	)	\$750	\$600		\$90	00	\$1,200	\$1,200	\$1,200
Out of Pocket Maximums											
Individual		\$1,5	500	\$2,500	\$2,000		\$2,3	00	\$2,500	\$2,500	\$2,500
Family		\$3,0	000	\$7,500	\$4,000		\$6,9	00	\$7,500	\$7,500	\$7,500
Office Visits											
Preventive Care Office Visits		09	6	0%	0%		\$0	)	\$0	\$0	\$0
Primary Care		\$2	0	\$15	\$20		\$2	0	\$20	\$25	\$30
Specialty Care		\$2	0	\$25	\$20		\$2	0	\$20	\$25	\$30
Urgent Care		\$4	0	\$35	\$40		\$2	0	\$20	\$35	\$40
Test (outpatient)											
Simple X-ray and Lab		\$20 per depa	artment visit	\$15 per department visit	10% coinsurance after ded		209	%	20%	20%	20%
CT, MRI, PET Scans		\$20 per depa	artment visit	\$100 per department visit	10% coinsurance after ded		209	%	20%	20%	20%
Hospital Services	•										
Ambulance		\$7	5	20% coinsurance after ded	10% coinsurance after ded		209	%	20%	20%	20%
Emergency Department		\$1	00	20% coinsurance after ded	\$200		\$250,	20%	\$250, 20%	\$250, 20%	\$250, 20%
Inpatient Hospitalization		\$200 per day per adn		20% coinsurance after ded	10% coinsurance after ded		209	%	20%	20%	20%
Outpatient Services (other)											
Outpatient surgery visit		\$5	0	20% coinsurance after ded	10% coinsurance after ded		209	%	20%	20%	20%
Durable medical equipment		20	%	20% coinsurance after ded	10% coinsurance after ded		209	%	20%	20%	20%
Alternative Care											
Acupuncture Services		\$2 12 vi		\$15 12 visits	\$15 12 visits		\$2 Unlimite		\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Chiropractic Services		\$2 12 vi	0	\$15 12 visits	\$15 12 visits		\$2 Unlimite	0	\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Massage Therapy		\$2 Medically Neo		\$20 Medically Necessary Only	\$20 Medically Necessary Only		\$2 Unlimite		\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Prescription Drug											
Generic		\$1	5	\$15	\$15		\$1	0	\$10	\$10	\$10
Preferred Brand		\$3	0	\$30	\$30		\$3	0	\$30	\$30	\$30
Specialty Drugs		Ву	Пег	By Tier	By Tier		By 1	Tier	By Tier	By Tier	By Tier
	Enrollmen	2023	2024	2024 - Option 1	2024 - Option 2	Enrollmen	2023	2024	2024 - Option 1	2024 - Option 2	2024 - Option 3
EE only	82	\$731.10	\$862.83	\$808.47	\$814.39	120	\$874.97	\$936.66	\$917.92	\$916.05	\$915.11
EE + Spouse EE + Child(ren)	56 29	\$1,462.28 \$1,316.13	\$1,725.74 \$1,553.26	\$1,617.02 \$1,455.41	\$1,628.86 \$1,466.06	98 26	\$1,838.61 \$1,576.05	\$1,968.23 \$1,687.16	\$1,928.87 \$1,653.42	\$1,924.93 \$1,650.04	\$1,922.96 \$1,648.36
EE + Child(ren) EE + Family	89	\$1,316.13 \$2,193.75	\$1,553.26 \$2,588.99	\$1,455.41 \$2,425.89	\$1,466.06 \$2,443.65	190	\$1,576.05	\$1,687.16 \$2,718.21	\$1,653.42 \$2,663.85	\$1,650.04 \$2,658.41	\$1,648.36 \$2,655.69
	256	ψ <u>L</u> , 130.10	ψ <u>2</u> ,000.00	,	, 10.00	434	Ψ2,000.20	ψε,, 10.21	ψ2,300.00	ψ <u>υ</u> ,σσσ. τ ι	ψ2,000.00
Total Annual Cost		\$4,502,993	\$5,314,298	\$4,979,505	\$5,015,961		\$9,703,266	\$10,387,346	\$10,179,599	\$10,158,824	\$10,148,437
\$ Change from Renewal			\$811,305	\$476,512	\$512,968			\$684,080	-\$207,747	-\$228,522	-\$238,909
% Change from Renewal			18.0%	-6.3%	-5.6%	<u> </u>		7.1%	-2.0%	-2.2%	-2.3%



Benefit & Rate Comparisons 2 (higher ded)

(no rx change)

Benefits		Current K	aiser HMO Renewal	Kaiser Opt 3 Ded Plan B 500/20/10%/\$3000		Current Regence PF Visio Current/R	on	Regence Option 4: \$20 copay, \$500 Ded \$2600 OOP	Regence Option 5: \$25/\$35 copay, \$500 Ded \$2600 OOP	Regence Option 6: \$30/\$40 copay, \$500 Ded \$2600 OOP
Deductible						Current/R	enewai			
Individual			\$0	\$500		\$30	0	\$500	\$500	\$500
Family			\$0	\$1,500	•	\$90	0	\$1,500	\$1,500	\$1,500
Out of Pocket Maximums										
Individual		\$1,	,500	\$3,000		\$2,3	00	\$2,600	\$2,600	\$2,600
Family		\$3,	,000	\$6,000		\$6,9	00	\$7,800	\$7,800	\$7,800
Office Visits										
Preventive Care Office Visits			\$O	\$0		\$0		\$0	\$0	\$0
Primary Care		\$	20	\$20	1	\$20	)	\$20	\$25	\$30
Specialty Care		\$	20	\$30	1	\$20	)	\$20	\$25	\$30
Urgent Care		\$	40	\$40	1	\$20	)	\$20	\$35	\$40
Test (outpatient)										
Simple X-ray and Lab		\$20 per dep	partment visit	\$20 per department		20%	6	20%	20%	20%
CT, MRI, PET Scans		\$20 per dep	partment visit	\$100 per department		20%	6	20%	20%	20%
Hospital Services										
Ambulance		\$	75	10% after ded		20%	6	20%	20%	20%
Emergency Department		\$1	100	10% after ded		\$250, 2	20%	\$250, 20%	\$250, 20%	\$250, 20%
Inpatient Hospitalization			up to \$1,000 mission	10% after ded		20%	6	20%	20%	20%
Outpatient Services (other)										
Outpatient surgery visit		\$	50	10% after ded		20%	ó	20%	20%	20%
Durable medical equipment		20	0%	20% after ded	1	20%	6	20%	20%	20%
Alternative Care										
Acupuncture Services			20 visits	\$20 12 visits	1	\$20 Unlimited		\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Chiropractic Services		\$.	20 visits	\$20 12 visits		\$20 Unlimited	)	\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Massage Therapy			20 ecessary Only	\$20 Medically Necessary	1	\$20 Unlimited		\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Prescription Drug		modically rec	occount only	Wedically Necessary		- Criminio	· Hollo	Offinitied visits	Offinition world	Offill filed world
Generic		\$	15	\$15	1	\$10	)	\$10	\$10	\$10
Preferred Brand		\$	30	\$30	1	\$30	)	\$30	\$30	\$30
Specialty Drugs		Ву	Tier	By Tier	1	Ву Т	ier	By Tier	By Tier	By Tier
	Kaiser Enrollment	2023	2024	2024 - Option 2	Regence Enrollment	2023	2024	2024 - Option 1	2024 - Option 2	2024 - Option 3
EE only	82	\$731.10	\$862.83	\$779.38	120	\$874.97	\$956.55	\$927.85	\$925.94	\$924.98
EE + Spouse	56 29	\$1,462.28 \$1,316.13	\$1,725.74 \$1,553.26	\$1,558.84 \$1,403.05	98 26	\$1,838.61 \$1,576.05	\$2,010.08 \$1,723.03	\$1,949.78 \$1,671.34	\$1,945.76	\$1,943.75 \$1,666.17
EE + Child(ren) EE + Family	89	\$1,316.13 \$2,193.75	\$1,553.26 \$2,588.99	\$1,403.05	190	\$1,576.05 \$2,539.20	\$1,723.03 \$2,776.01	\$1,671.34 \$2,692.73	\$1,667.89 \$2,687.18	\$1,666.17 \$2,684.40
	256				434					
Total Annual Cost \$ Change from Renewal		\$4,502,993	\$5,314,298 \$811,305	\$4,800,358 <b>\$297,365</b>		\$9,703,266	\$10,608,174 \$904,908	\$10,289,929 - <b>\$318,245</b>	\$10,268,713 - <b>\$339,462</b>	\$10,258,104 -\$350,070
% Change from Renewal			\$811,305 18.0%	-9.7%	<del>                                     </del>		9.3%	-\$318,245 -3.0%	-\$339,462 -3.2%	-\$350,070 -3.3%
/o Onange Hom Kenewal			10.0 /0	-3.1 /0			3.370	-3.0 /0	-3.2/0	-3.3 /6



# Benefit & Rate Comparisons 2 A (with rx change)

							Includes Rx Carve Out - mov	ing to RxBenefits Optum Rx		
Benefits			aiser HMO Renewal	Kaiser Opt 3 Ded Plan B 500/20/10%/\$3000		Current Regence PF Visio Current/R	on	Regence Option 4: \$20 copay, \$500 Ded \$2600 OOP	Regence Option 5: \$25/\$35 copay, \$500 Ded \$2600 OOP	Regence Option 6: \$30/\$40 copay, \$500 Ded \$2600 OOP
Deductible										
Individual		\$	60	\$500		\$30	0	\$500	\$500	\$500
Family	•	\$	60	\$1,500		\$90	0	\$1,500	\$1,500	\$1,500
Out of Pocket Maximums	•									
Individual		\$1,	500	\$3,000		\$2,30	00	\$2,600	\$2,600	\$2,600
Family		\$3,	,000	\$6,000		\$6,90	00	\$7,800	\$7,800	\$7,800
Office Visits										
Preventive Care Office Visits		\$	BO	\$0		\$0		\$0	\$0	\$0
Primary Care		\$3	20	\$20	1	\$20	)	\$20	\$25	\$30
Specialty Care		\$	20	\$30	1	\$20	)	\$20	\$25	\$30
Urgent Care		\$-	40	\$40		\$20	)	\$20	\$35	\$40
Test (outpatient)										
Simple X-ray and Lab		\$20 per dep	partment visit	\$20 per department		20%	6	20%	20%	20%
CT, MRI, PET Scans		\$20 per dep	partment visit	\$100 per department	1	20%	6	20%	20%	20%
Hospital Services										
Ambulance		\$	75	10% after ded		20%	6	20%	20%	20%
Emergency Department		\$1	100	10% after ded		\$250, 2	20%	\$250, 20%	\$250, 20%	\$250, 20%
Inpatient Hospitalization			up to \$1,000 mission	10% after ded		20%	6	20%	20%	20%
Outpatient Services (other)	•									
Outpatient surgery visit	•	\$	50	10% after ded		20%	6	20%	20%	20%
Durable medical equipment	•	20	0%	20% after ded		20%	6	20%	20%	20%
Alternative Care	•									
Acupuncture Services			20 visits	\$20 12 visits		\$20 Unlimited		\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Chiropractic Services		\$3	20 visits	\$20 12 visits		\$20 Unlimited	)	\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Massage Therapy			20 ecessary Only	\$20 Medically Necessary		\$20 Unlimited		\$20 Unlimited visits	\$20 Unlimited visits	\$20 Unlimited visits
Prescription Drug										
Generic		\$	15	\$15		\$10	)	\$10	\$10	\$10
Preferred Brand		\$	30	\$30		\$30	)	\$30	\$30	\$30
Specialty Drugs		Ву	Tier	By Tier		Ву Т	ier	By Tier	By Tier	By Tier
	Kaiser Enrollment	2023	2024	2024 - Option 2	Regence Enrollment	2023	2024	2024 - Option 1	2024 - Option 2	2024 - Option 3
EE only	82	\$731.10	\$862.83	\$779.38	120	\$874.97	\$936.66	\$908.56	\$906.68	\$905.75
EE + Spouse	56	\$1,462.28	\$1,725.74	\$1,558.84	98	\$1,838.61	\$1,968.23	\$1,909.19	\$1,905.25	\$1,903.28
EE + Child(ren)	29	\$1,316.13	\$1,553.26	\$1,403.05	26	\$1,576.05	\$1,687.16	\$1,636.55	\$1,633.17	\$1,631.49
EE + Family	89	\$2,193.75	\$2,588.99	\$2,338.62	190	\$2,539.20	\$2,718.21	\$2,636.67	\$2,631.23	\$2,628.51
	256	\$4,502,993	ØE 244 000	\$4,800,358	434	\$9,703,266	610 207 040	\$40.07F.700	640.054.054	640.044.504
		\$4,002,993	\$5,314,298			\$9,703,200	\$10,387,346	\$10,075,726 - <b>\$311,620</b>	\$10,054,951 - <b>\$332,395</b>	\$10,044,564
Total Annual Cost \$ Change from Renewal			\$811,305	\$297,365			\$684,080			-\$342,782



# **Contribution and Plan Change Modeling**

## Regence - PPO

		2024 Employee Contributions				10/20% EE C	ontributions			5/20% EE Contributions		
	Enrollment	Rates	ER Pays	EE Pays	ER Pays	EE Pays	EE \$ Change	EE % Change	ER Pays	EE Pays	EE \$ Change	EE % Change
As-Is Renewal												
Employee	120	\$956.55	\$852.33	\$104.22	\$860.90	\$95.66	-\$8.57	-8.2%	\$908.72	\$47.83	-\$56.39	-54.1%
Employee & Spouse	98	\$2,010.08	\$1,695.10	\$314.98	\$1,703.72	\$306.36	-\$8.62	-2.7%	\$1,751.55	\$258.53	-\$56.45	-17.9%
Employee & Child(re	n) 26	\$1,723.03	\$1,465.42	\$257.61	\$1,474.08	\$248.95	-\$8.66	-3.4%	\$1,521.91	\$201.12	-\$56.49	-21.9%
Employee & Family	190	\$2,776.01	\$2,308.04	\$467.97	\$2,316.46	\$459.55	-\$8.42	-1.8%	\$2,364.29	\$411.72	-\$56.25	-12.0%
Total Monthly	434	\$884,015	\$745,028	\$138,987	\$748,726	\$135,289			\$769,483	\$114,531		
Total Annualized		\$10,608,174	\$8,940,335	\$1,667,839	\$8,984,711	\$1,623,464			\$9,233,796	\$1,374,378		
Change %					0.50%	-2.66%			3.28%	-17.60%		
Change \$					\$44,376	-\$44,376			\$293,461	-\$293,461		

### Kaiser – HMO

		2024 Employee Contributions			10/20% EE C	ontributions		5/20% EE Contributions				
E	nrollment	Rates	ER Pays	EE Pays	ER Pays	EE Pays	EE \$ Change	EE % Change	ER Pays	EE Pays	EE \$ Change	EE % Change
As-Is Renewal												
Employee	53	\$862.83	\$714.54	\$148.29	\$776.55	\$86.28	-\$62.01	-41.8%	\$819.69	\$43.14	-\$105.15	-70.9%
Employee & Spouse	45	\$1,725.74	\$1,358.87	\$366.87	\$1,466.88	\$258.87	-\$108.01	-29.4%	\$1,510.02	\$215.72	-\$151.15	-41.2%
Employee & Child(ren)	19	\$1,553.26	\$1,230.07	\$323.19	\$1,328.89	\$224.37	-\$98.82	-30.6%	\$1,372.03	\$181.23	-\$141.96	-43.9%
Employee & Family	74	\$2,588.99	\$2,003.52	\$585.47	\$2,157.48	\$431.52	-\$153.96	-26.3%	\$2,200.62	\$388.37	-\$197.10	-33.7%
Total Monthly	191	\$344,485	\$270,652	\$73,834	\$292,068	\$52,417			\$300,308	\$44,177		
Total Annualized		\$4,133,826	\$3,247,819	\$886,007	\$3,504,821	\$629,005			\$3,603,702	\$530,124		
Change %					7.91%	-29.01%			10.96%	-40.17%		
Change \$					\$257,002	-\$257,002			\$355,883	-\$355,883		



# **Pharmacy Benefit Manager Options 1**

Changing to OptumRx =  $\sim$ 2.25% savings

### **Executive Overview - Financial Results**

Claims Dates Analyzed: 1/1/2023 - 12/31/2023

City of Vancouver	Current PBM Regence BCBS	RxBenefits CVS/caremark	RxBenefits OptumRx	RxBenefits Express Scripts
555 Employees    1,500 Members		Standard Control Formulary with ACSF	Premium Formulary	Preferred Formulary
Overview of Plan Cost				
Gross Claim Amount Paid	\$4,087,287	\$3,859,735	\$3,964,184	\$4,029,884
Less Member Cost Share	-\$229,348	-\$229,348	-\$229,348	-\$229,348
Claims Amount Paid by Employer	\$3,857,939	\$3,630,387	\$3,734,835	\$3,800,536
Plus Potential Transition Fees from Incumbent	\$0	\$39,960	\$39,960	\$39,960
Plus UM Package / Connectivity Fees	\$0	\$0	\$0	\$18,418
Plus Administrative / Transaction Fees	\$0	\$7,405	\$7,405	\$7,405
Less One Time Pharmacy Management Fund	\$0	-\$22,500	-\$22,500	-\$22,500
Less Rebates and Credits from PBM	-\$707,033	-\$665,385	-\$896,335	-\$760,755
Net Amount Paid by Employer	\$3,150,906	\$2,989,867	\$2,863,366	\$3,083,064
Average Amount Paid				Kectangular Ship
Average Net Cost Per Claim	\$276.57	\$262.43	\$251.33	\$270.61
Net Amount Paid PMPM (Per Member Per Month)	\$175.05	\$166.10	\$159.08	\$171.28
Savings Summary				
Savings Compared to Incumbent	N/A	\$161,039	\$287,540	\$67,842
Percentage Savings Compared to Incumbent	N/A	5.11%	9.13%	2.15%



# **Pharmacy Benefit Manager Options 2**

### **Formulary Disruption -** *OptumRx*

Summary
Disruption
Premium

Current Tier	New Tier	Member Impact	% Total Members	Total Rx Count	% Rx	Impact
1	1	857	57.13%	4,948	83.06%	Neutral
2	2	255	17.00%	603	10.12%	Neutral
2	3	24	1.60%	69	1.16%	Disruption
3	2	19	1.27%	60	1.01%	Positive
3	3	47	3.13%	86	1.44%	Neutral
Covered	Non-Covered	75	5.00%	191	3.21%	Excluded

NOTE: The Formulary Disruption Summary is based on applying the RxBenefits PBM's current formulary to the most recent 6 months of claims data analyzed. The current formulary may vary from the formulary that was in place during the date range of the claim file analyzed. The disruption may be overstated if the Plan has experienced a formulary change or update since the date of the claims file.

## **Chronic Condition Member Counts**

Condition	CoV	VHA	Total
Diabetes	31	11	42
Prediabetes	44	8	52
Hypertension	111	21	132
High Cholesterol	42	5	47

Above member counts with conditions based on information received in claims. It is important to note that members may have conditions that are not accounted for in claims.

Please note that the above data set represents the following period:

Incurred Dates: 12/30/2022 - 12/29/2023

Paid Dates: 12/30/2022 - 12/29/2023



## **Cost Containment Considerations**

Regence Point Solution	Program Details	Estimated Cost	
Omada	Voluntary Cardiometabolic Program for Prevention, Diabetes and Hypertension	Billed as a claim per participant per month  Expected cost = \$55,219 Annually  \$150 enrollment fee; \$20 monthly fee; \$57-\$99 per enrolled member fee  • ~7% participate  Expected ROI = \$129,474 Annually (2.3x)	
Livongo Diabetes Management	Voluntary Members receive a free meter and supplies plus coaching and live support	Billed as a claim per participant per month  Expected cost = \$4,020 (\$67 PPPM x 5)  • ~10% participate  Expected ROI = \$10,020	
Livongo Diabetes Prevention	Voluntary Members receive a scale and live classes and support	Each eligible participant registered = \$300 Engagement for 4 weeks = \$125	
Livongo Weight Management	Voluntary Members receive a scale and live classes and support	Each eligible participant registered = \$475 Engagement = \$175 - \$200	
Livongo Hypertension Management	Voluntary Members receive a blood pressure monitor and cuff and support	Billed as a claim per participant per month = \$39	
Hinge Health	Voluntary Virtual physical therapy and support for MSK conditions	Billed as a claim per use = \$400-\$1000 depending on severity and length of therapy	

