

# Minutes

## Healthcare Benefit Program Governing Board Meeting

### 5/2/24

The meeting of the Healthcare Benefit Program Governing Board was called to order at 3:00 PM.

**Members Present:** Lisa Brandle, Chairperson; Natasha Ramra, Chief Financial Officer; Lee Lofton, Interim Human Resources Director; Shannon Olsen, Budget Manager; Iasmina Giurgiev, Program Manager

**Others Present:** City of Vancouver: April Stinson, April Soffner, Nena Cook

Vancouver Housing Authority: Natasha Douglas

Alera Group: Erica Riggs, Katie Burdick

- I. Minutes:
  - a. Approve 3-27-24 minutes  
**Action Taken:** Lee Lofton made a motion to approve the 3-27-24 meeting minutes, Iasmina Giurgiev seconded the motion, the motion passed unanimously.
- II. Communications:
  - a. New Human Resources Director - Antoinette Gasbarre
- III. Reports:
  - a. none
- IV. Old Business:
  - a. Updated Benchmarking – Updated to show 2023 rates
  - b. Benefit and Rate Comparisons– Updated to show Rx carve out discount
  - c. Cost Containment Measures– Additional information about chronic management programs

**Discussion Leader:** Erica Riggs and Katie Burdick

**Discussion:** Katie shared the updating benchmarking that was updated to reflect City of Vancouver 2023 premiums and contributions as well as the average and median for all 2024 premiums and contributions.

Erica presented the following:

Cost savings for carving out Rx using the proposed plan changes for 2025 and the current plan design.

Two recommended plan design options for Kaiser & Regence.

Contribution and plan change modeling that reflect City of Vancouver

costs for the two recommended plan designs.

- V. New Business:  
a. Healthcare Governing Board Planning Calendar

**Discussion Leader:** Lisa Brandl

**Discussion:** Lisa shared the calendar she would like the team to use to help guide them on when certain decisions will need to be made, especially to allow for any union negotiations should any need to be had.

- b. Additional information about wellness platforms

**Discussion Leader:** Erica Riggs

**Discussion:** Alera Group requested a few proposals for wellness platforms. The proposals shared today were from Vitality and Virgin Pulse. They are actively reviewing what Regence and Kaiser may have to offer as well.

Alera Group deliverables

- Re-calculate the mean & median within the benchmarking based on type of plan.
- Review utilization on all buy up programs with Regence & Kaiser.

- VI. General Information:  
a. None

The meeting was adjourned at 4:06 pm.