

Meeting Minutes

Healthcare Benefit Program Governing Board

Meeting 9/9/2024

The meeting of the Healthcare Benefit Program Governing Board was called to order at 2:02 PM.

Members Present: Lisa Brandl, Chairperson; Natasha Ramras, Chief Financial Officer; Antoinette Gasbarre, Human Resources Director; Shannon Olsen, Budget Manager; Iasmina Giurgiev, Program Manager

Others Present: City of Vancouver: April Stinson, Nena Cook
Vancouver Housing Authority: Natasha Douglas, April Soffner
Alera Group: Erica Riggs, Katie Burdick
Guests: Mike Boyrr, Amanda Thompson

- I. Minutes:
 - a. Approve 7-25-24 minutes
Action Taken: Iasmina made a motion to approve the 7-25-24 meeting minutes, Natasha seconded the motion, the motion passed unanimously.
 - b. Approve 8-28-24 minutes
Action Taken: Iasmina made a motion to approve the 8-28-24 meeting minutes, Natasha seconded the motion, the motion passed unanimously.
- II. Communications:
 - a. None
- III. Reports:
 - a. None
- IV. Old Business:
 - a. Regence 2025 Summary of Changes
Discussion Leader: Erica Riggs

Discussion: Erica presented the remaining summary of changes that required a decision from the board as well as the Kaiser summary of changes.

Action Taken: Natasha made a motion to accept the Balance Billing: Ground Ambulance change due to WASHINGTON SSB 5986, Antoinette seconded the motion, the motion passed unanimously.

Iasmina made a motion to accept the Pharmacy: Reducing Cost of Inhalers and Epinephrine Autoinjectors due to WASHINGTON SHB1979, Antoinette seconded the motion, the motion passed unanimously.

Natasha made a motion to decline the Exclusions: Liposuction for the Treatment

of Lipedema for 12 months and review again next year after a year's worth of claims data, Antoinette seconded the motion, the motion passed unanimously.

b. Contribution Setting

Discussion Leader: Erica Riggs

Discussion: Erica presented the contribution options of 10% / 20% split and 10% / 15% split for the Regence PPO Plan and the HSA Plan and showed the change in cost to the employees and to the city. The details are in the City of Vancouver – 2025 v1 with contrib opts updated 9.3.24 spreadsheet that was also shared.

Action Taken: Antoinette made a motion to accept the contribution modeling Option 1 on the Regence VSP tab and Option 1 on the Regence HSA tab of the City of Vancouver – 2025 v1 with contrib opts updated 9.3.24 spreadsheet presented, Natasha seconded the motion, the motion passed unanimously. Both options reflect a 10% employee only / 20% employee + dependent/s split.

c. Continued 2025 Health Plan Renewal Discussion

Discussion Leader: Erica Riggs

Discussion: Next to be reviewed is the stop loss renewal. It is still out to market, should have the proposals by the next governing board meeting.

V. New Business:

a. None

VI. General Information:

a. None

Alera Group deliverables

- Gather claims utilization of OON ground ambulance.
- Find out if Kaiser can provide claims utilization for Lipedema for comparison with Regence claims.

The meeting was adjourned at 2:40 PM.