



## June-August Swim Lessons at Firstenberg Pool | 700 NE 136<sup>th</sup> Ave.

Registration opens at 7 a.m. on June 17 for Vancouver residents and June 18 for everyone else.

### Mondays, June 29-Aug. 17 | 8 Lessons

Levels	9:30am	10:05am	10:40am	11:15am
Parent-n-Tot				32827
Pre-Level 1			32824	32919
Pre-Level 2	32819		32918	
Pre-Level 3		32822		
Level 1	32820			
Level 2		32823		
Level 3				
Adult Beg.				
Private Lesson				

### Tuesdays, June 30-Aug. 18 | 8 Lessons

	4pm	4:35pm	5:10pm	5:45pm
	32842			
	32843			32854
		32846		
	32844			
		32847		32856
		32848	32851	
			32852	
				32857
			32853	

### Wednesdays, July 1-Aug. 19 | 8 Lessons

	9:30am	10:05am	10:40am	11:15am
				32839
	32989		32836	
			32991	32840
		32834		
	32832			
		32835		

### Thursdays, July 2-Aug. 20 | 8 Lessons

Levels	4pm	4:35pm	5:10pm	5:45pm
Parent-n-Tot			32866	
Pre-Level 1	32859		32867	
Pre-Level 2		32862		32870
Pre-Level 3	32860			
Level 1	32861			32871
Level 2		32864		
Level 3		32865	32869	
Adult Beg.				32872
Private Less.				

### Fridays, July 10-Aug. 21 | 7 Lessons

	1pm	1:35pm	2:10pm	2:45pm
	32874			
	32875			
		32876		
		32877		
			32878	
			32879	
				32880
				32881

### **Swim Lesson Details and Class Descriptions:**

Each lesson is 30 minutes. The average pool temperature at Marshall is 84-86°F.

- 7 Group Lessons: \$92/\$120
- 7 Private Lessons: \$326/\$428
- 8 Group Lessons: \$105/\$137
- 8 Private Lessons: \$373/\$490

### **Parent-n-Tot | Ages 6 months-3 years**

Includes water orientation for a child 6 months to 3 years old with a parent. You'll assist your child with basic swimming and safety skills. Children who are not toilet-trained must wear an elasticized diaper.

### **Pre-Level 1 | Ages 3-5**

The starting point for ages 3-5. Students will adjust to the water and become comfortable putting their faces in.

### **Pre-Level 2 | Ages 3-5**

For children who have completed Pre-Level 1 or are comfortable putting their face under water. Students will progress to swimming on their back and stomach independently and rolling over from side to side.

### **Pre-Level 3 | Ages 3-5**

For children who have completed Pre-Level 2 or are able to swim on their back and stomach independently. Students will progress to moving through the water with arm-strokes and kicking in preparation for side-breathing. Students pass to Level 3 regardless of age; registration for Level 3 must be completed in-person or by phone to override the age requirement.

### **Level 1 | Ages 6-12**

The starting point for ages 6 and older. Students will get comfortable in the water and progress to rolling over and swimming on their front and back independently.

### **Level 2 | Ages 6-12**

For children who have completed Level 1 or are able to swim comfortably on their front and back without instructor assistance. Students will progress to using combined arm and leg action independently with their face in the water.

### **Level 3 | Ages 6-12**

For children who have completed Level 2 or are able to swim the front crawl and back glide strokes independently. Students will progress to swimming 25 yards of front crawl with side breathing and 25 yards of elementary backstroke without instructor assistance.

### **Adult Beginner | Ages 13+**

Basic swimming and safety skills for the adult beginner. Pass to Adult Intermediate.

### **Private Swim Lessons | Ages 3+**

Each session includes 30-minute lessons with a swim instructor providing individual instruction in the water. Classes are taught by Red Cross-certified Water Safety Instructors (WSI).

### **Youth Recreation Scholarships**

Scholarships that cover 50% of tuition for classes and activities are available to eligible Vancouver residents. Learn more and apply at [cityofvancouver.us/scholarship](http://cityofvancouver.us/scholarship).