

# Swim Lesson Schedule— April/May 2025

Registration begins at 7 a.m. on Wed., April 9 for residents and at 7 a.m. on Thurs., April 10 for non-residents

**Firstenburg Pool** 700 NE 136th Ave. | 360-487-7001  
Average Pool Temperature: 86-87° F (5\* or 6 lessons per session, 30 min)

## Mondays, April 21—May 19\*

Levels	9:30am	10:05am	10:40am	11:15am
Parent-n-Tot				30274
Pre-Level 1	30302			
Pre-Level 2		30305		
Pre-Level 3				
Level 1			30266	
Level 2				
Level 3				

## Wednesdays, April 23—May 28

9:30am	10:05am	10:40am	11:15am
			30205
30207			
	30265		
		30198	

**Marshall Pool** 1009 E. McLoughlin Blvd. | 360-487-7100  
Average Pool Temperature: 84-86° F (5\* or 6 lessons per session, 30 min)

## Tuesdays, April 22—May 27

9:30am	10:05am	10:40am	11:15am
			30231
30208			
	30210		
		30244	

## Thursdays, April 24—May 29

9:30am	10:05am	10:40am	11:15am
		30232	
	30233		30234
30237			

## Tuesdays, April 22—May 27

Levels	4pm	4:35pm	5:10pm	5:45pm
Parent-n-Tot			30272	
Pre-Level 1	30275		30276	30277
Pre-Level 2	30209			30303
Pre-Level 3				30306
Level 1	30196		30262	
Level 2		30267		
Level 3		30200		
Level 4				
Level 5				
Level 6				
Adult Beginner		30194		
Adult Stroke Imp.				

## Thursdays, April 24—May 29

4pm	4:35pm	5:10pm	5:45pm
	30273		
30278			30279
30304			
30211			
	30263	30264	
	30268	30269	30270
		30271	
			30261

## Mondays, April 21—May 19\*

4pm	4:35pm	5:10pm	5:45pm
		30206	
	30236		30416
	30239		
	30258		
30223		30222	
30225			30226
30229			
			30202
		30195	

## Wednesdays, April 23—May 28

4pm	4:35pm	5:10pm	5:45pm
		30230	
30235			
30238			
30212			
	30197		30221
	30199		30224
	30201	30228	
			30260
		30203	

\*No lessons on May 26

**Group Session Fees:** 5 lessons \$60/\$80 or 6 lessons \$72/\$96

## **YOUTH SWIM LESSONS**

Students pass to the next pre-level or level class unless otherwise noted.

### **Parent-n-Tot | Ages 6 months-3 years**

Includes water orientation for a child 6 months to 3 years old with a parent. You'll assist your child in basic swimming and safety skills. Non toilet-trained children must wear an elasticized diaper.

### **Pre-Level 1 | Ages 3-5**

The starting point for ages 3-5. Students will adjust to the water and become comfortable putting their faces in.

### **Pre-Level 2 | Ages 3-5**

For children who have completed Pre-Level 1 or are comfortable putting their face under water. Students will progress to swimming on their back and stomach independently and rolling over from side to side.

### **Pre-Level 3 | Ages 3-5**

For children who have completed Pre-Level 2 or are able to swim on their back and stomach independently. Students will progress to moving through the water with arm-strokes and kicking in preparation for side-breathing. Students pass to Level 3 regardless of age; registration for Level 3 must be completed in-person or by phone to override the age requirement.

### **Level 1 | Ages 6-12**

The starting point for ages 6 and older. Students will get comfortable in the water and progress to rolling over and swimming on their front and back independently.

### **Level 2 | Ages 6-12**

For children who have completed Level 1 or are able to swim comfortably on their front and back without instructor assistance. Students will progress to using combined arm and leg action independently with their face in the water.

### **Level 3 | Ages 6-12**

For children who have completed Level 2 or are able to swim the front crawl and back glide strokes independently. Students will progress to swimming 25 yards of front crawl with side breathing and 25 yards of elementary backstroke without instructor assistance.

### **Level 4 | Ages 6-12**

For children who have completed Level 3 or are able to swim 25 yards of front crawl with side breathing and 25 yards of elementary backstroke. Students will refine front crawl and elementary backstroke skills and learn breaststroke.

### **Level 5 | Ages 6-14**

For children who have passed Level 4 or are able to swim 25 yards of front crawl and elementary backstroke. Students will progress to swimming 50 yards of front crawl and elementary backstroke, and 25 yards of backstroke and breaststroke.

### **Level 6 | Ages 6-14**

For children who have passed Level 5 or are able to swim 50 yards front crawl and elementary backstroke, and 25 yards breaststroke and backstroke. Students will refine all 6 strokes, learn conditioning skills, complete a 500 yard swim and 5 minutes of treading water. Level 6 may be repeated for continued skill enhancement and endurance.

## **ADULT SWIM LESSONS:**

### **Adult Beginner | Ages 13+**

Basic swimming and safety skills for the adult beginner. Pass to Adult Intermediate.

### **Adult Stroke Improvement | Ages 13+**

Increase stroke efficiency. Work on long distance swimming, stroke refinement and endurance.

### **Private Lessons | Ages 3+**

Private lessons provide 1-on-1 instruction. Lessons are tailored to fit the student's goals.

### **Recreation Scholarships**

Scholarships that cover 50% of tuition for classes and activities are available to eligible Vancouver residents. Learn more and apply at [cityofvancouver.us/scholarship](https://cityofvancouver.us/scholarship).



**VISIT** [cityofvancouver.us/SwimLessons](https://cityofvancouver.us/SwimLessons)