

Swim Lesson Schedule– June/July 2025

Registration begins at 7 a.m. on Wed., May 28 for residents and at 7 a.m. on Thurs., May 29 for non-residents

		burg Po Pool Temp	ol Derature: 8			NE 136th Ave. 360-487-7001 (6 lessons per session, 30 min)				Marshall Pool1009 E. McLoughlin Blvd. 360-487-7100Average Pool Temperature: 84-86° F(*5 or 6 lessons per session, 30 min)								
	Mon	days, Ju	ne 9—Jul	ly 14	Wednesdays, June 11—July 16					Tues	days, Jur	ie 10—Ji	ıly 15	Thursdays, June 12—July 17*				
Levels	9:30am	10:05am	10:40am	11:15am	9:30am	10:05am	10:40am	11:15am		9:30am	10:05am	10:40am	11:15am	9:30am	10:05 am	10:40am	11:15am	
Parent-n-Tot			30613	30343	30620			30584					30344				30575	
Pre-Level 1	30345				30587					30346								
Pre-Level 2	30609	30347				30621					30348							
Pre-Level 3		30610					30622											
Level 1			30334	30614		30597		30623						30573*				
Level 2							30336								30574			
Level 3																30571		
Adult Beginner												30560						

	Tues	days, Jun	e 10—Jı	ıly 15	Thursdays, June 12—July 17					Mon	days, Jur	1e 9—Ju	ly 14	Wednesdays, June 11—July 16			
Levels	4pm	4:35pm	5:10pm	5:45pm	4pm	4:35pm	5:10pm	5:45pm		4pm	4:35pm	5:10pm	5:45pm	4pm	4:35pm	5:10pm	5:45pm
Parent-n-Tot			30585	30627		30586		30628				30561				30562	
Pre-Level 1	30588		30589	30590	30591			30592			30576			30577			
Pre-Level 2	30593			30594	30595	30630					30578			30579			
Pre-Level 3		30625		30349	30596		30634				30580			30350			
Level 1	30598		30599			30600	30601			30564		30565			30335		30563
Level 2	30624	30602				30603	30604	30605		30567			30568		30337		30566
Level 3		30338			30629		30606			30570					30339	30569	
Level 4													30340				30572
Level 5																30341	
Level 6													30342				
Adult Beginner		30332	30626					30607									
Adult Stroke Imp.												30333					

*No 9:30am lesson at MCC on 6/19

Group Session Fees: 5 lessons \$60/\$80 or 6 lessons \$72/\$96

YOUTH SWIM LESSONS

Students pass to the next pre-level or level class unless otherwise noted.

Parent-n-Tot | Ages 6 months-3 years

Includes water orientation for a child 6 months to 3 years old with a parent. You'll assist your child in basic swimming and safety skills. Non toilet-trained children must wear an elasticized diaper.

Pre-Level 1 | Ages 3-5

The starting point for ages 3-5. Students will adjust to the water and become comfortable putting their faces in.

Pre-Level 2 | Ages 3-5

For children who have completed Pre-Level 1 or are comfortable putting their face under water. Students will progress to swimming on their back and stomach independently and rolling over from side to side.

Pre-Level 3 | Ages 3-5

For children who have completed Pre-Level 2 or are able to swim on their back and stomach independently. Students will progress to moving through the water with arm-strokes and kicking in preparation for side-breathing. Students pass to Level 3 regardless of age; registration for Level 3 must be completed in-person or by phone to override the age requirement.

Level 1 | Ages 6-12

The starting point for ages 6 and older. Students will get comfortable in the water and progress to rolling over and swimming on their front and back independently.

Level 2 | Ages 6-12

For children who have completed Level 1 or are able to swim comfortably on their front and back without instructor assistance. Students will progress to using combined arm and leg action independently with their face in the water.

Level 3 | Ages 6-12

For children who have completed Level 2 or are able to swim the front crawl and back glide stokes independently. Students will progress to swimming 25 yards of front crawl with side breathing and 25 yards of elementary backstroke without instructor assistance.

Level 4 | Ages 6-12

For children who have completed Level 3 or are able to swim 25 yards of front crawl with side breathing and 25 yards of elementary backstroke. Students will refine front crawl and elementary backstroke skills and learn breaststroke.

Level 5 | Ages 6-14

For children who have passed Level 4 or are able to swim 25 yards of front crawl and elementary backstroke. Students will progress to swimming 50 yards of front crawl and elementary backstroke, and 25 yards of backstroke and breaststroke.

Level 6 | Ages 6-14

For children who have passed Level 5 or are able to swim 50 yards front crawl and elementary backstroke, and 25 yards breaststroke and backstroke. Students will refine all 6 strokes, learn conditioning skills, complete a 500 yard swim and 5 minutes of treading water. Level 6 may be repeated for continued skill enhancement and endurance.

ADULT SWIM LESSONS:

Adult Beginner | Ages 13+

Basic swimming and safety skills for the adult beginner. Pass to Adult Intermediate.

Adult Stroke Improvement | Ages 13+

Increase stroke efficiency. Work on long distance swimming, stroke refinement and endurance.

Recreation Scholarships

Scholarships that cover 50% of tuition for classes and activities are available to eligible Vancouver residents. Learn more and apply at **cityofvancouver.us/scholarship**.

