



CITY OF
Vancouver
WASHINGTON

POLICE & FIRE
Pension Board
Meeting Schedule
April 07, 2025

2nd Quarter Fire Pension Board Meeting
Aspen Conference Room, 1st Floor City Hall
1:00pm

Call In: 1 347-941-5324

Phone Conference ID: 379 903 369#

Teams Meeting ID: 285 107 727 92

Passcode: gH7TX2fo

Police and Fire Joint Pension Board Meeting
Following directly after Fire Meeting

Call In: 1 347-941-5324

Phone Conference ID: 286 090 604#

Teams Meeting ID: 265 957 718 271

Passcode: wb7pp2Qt

Please contact April Stinson at (360) 487-8403 or

April.Stinson@cityofvancouver.us

if you are unable to attend.

Thank you!



Fire Pension Board

Anne McEnerny-Ogle, Chair
Anthony Glenn - Natasha Ramras - Michael
Lyons - Patrick Kelly - Greg Straub (Alternate)

Fire Pension Board Meeting Agenda

April 07, 2025

1:00 PM

Vancouver City Hall

Aspen Conference Room

415 W 6th St

Vancouver, WA 98668-1995

In accordance with the Open Public Meetings Act (OPMA), the Police Pension Board meeting will be open to in-person attendance. Options for viewing and/or participating in the meeting remotely will also be accommodated (see details below).

MEETING ACCESS INFORMATION

[Click here to join the meeting](#)

To access by phone (audio only), call: 1-347-941-5324

Phone Conference ID: 379 903 369#

- 1. Call to Order and Roll Call – McEnerny-Ogle**
- 2. Approval of Minutes – McEnerny-Ogle**
 - a. October 7, 2024 Minutes
- 3. Communications - Stinson**
 - a. Results of Election for Fire Pension Board Member
 - b. Pensioner Death
- 4. Reports – Glenn**
 - a. Budget Report
 - b. Approval of Expenses for September 2024 – February 2025
- 5. Old Business – Stinson**
 - a. None
- 6. New Business – Stinson**
 - a. Request for Hearing Aid Repair – Claimant A
 - b. Request for Prescription Coverage – Claimant B
- 7. Public Comment* – 3 minutes each**

*The public is invited to speak regarding any agenda item. Members of the public testifying are asked to limit testimony to three minutes. There are three ways to provide comments:

- In Writing: Public comments can be submitted in writing (name, address, contact information and comments) via email to April.Stinson@cityofvancouver.us by 5pm the day before the meeting.
- Remotely: Pre-register by phone at 360-487-8403 or email April.Stinson@cityofvancouver.us by 5pm the day before the meeting
- In Person: Pre-register by phone at 360-487-8403 or email April.Stinson@cityofvancouver.us by 5pm the day before the meeting or fill out a Public Comment form in person prior to the start of the Communications portion of the meeting.

City Hall is served by C-TRAN. Route information and schedules are available online at www.c-tran.com. You also may reach C-TRAN at (360) 695-0123 for more information on times, fares, and routes.

Anyone needing language interpretation services or accommodations with a disability may contact the Human Resources staff at (360) 487-8403 (RELAY: 711). Assistive listening devices and live Closed Captioning are available for the deaf, hard of hearing and public use. Please notify a staff person if you wish to use one of the devices. Every attempt at reasonable accommodation will be made. To request this agenda in another format, please also contact the phone numbers listed above.

Meeting Minutes

Monday, Oct. 07, 2024

2:00 p.m.

Vancouver City Hall

Aspen Conference Room, 1st Floor

415 W. 6th Street

Vancouver, WA 98660

Board Members Present:

Anne McEnerny-Ogle, Chair; Natasha Ramras, CFO/Board Secretary; Anthony Glenn, Treasurer; Patrick Kelly, Fire Retiree; Mike Lyons, Fire Retiree.

Board Members Absent:

None

Staff Present: Nena Cook, Deputy City Attorney; Iasmina Giurgiev, Human Resources.

Guests:

None

Item 1: Call to Order

The October 7, 2024, meeting of the Fire Pension Board was called to order at 2:00 p.m. by Chair McEnerny-Ogle in Aspen Conference Room at Vancouver City Hall and via Microsoft Teams.

Item 2: Approval of Minutes

Motion by Kelly, seconded by Lyons, and approved unanimously to adopt the minutes from March 21, 2024, as written.

Motion by Lyons, seconded by Glenn, and approved unanimously to adopt the special meeting minutes from July 24, 2024, as written.

Item 3: Communications

a) **Pensioner Death:**

Members

Anne McEnerny-Ogle, Mayor
Chair

Anthony Glenn, City Treasurer
Natasha Ramras, CFO Board Secretary
Patrick Kelly, Fire Retiree
Mike Lyons, Fire Retiree

**Human Resources
Department**

P.O. Box 1995
Vancouver, WA 98668
360-487-8403
TTY: 711
cityofvancouver.us

Fire Retiree, Joseph McCoy, passed away on March 28, 2024, at 74 years of age.

"41.18.140 Funeral expenses. The board shall pay from the firemen's pension fund upon the death of any active or retired fireman the sum of one thousand dollars, to assist in defraying the funeral expenses of such fireman."

A check was prepared for the funeral benefit and delivered to the estate of Joseph McCoy.

Action Requested

Communications only; No official action required by the Board.

b) **Pensioner Death:**

Fire Retiree, Samuel Adams, passed away on May 25, 2024, at 80 years of age.

"41.18.140 Funeral expenses. The board shall pay from the firemen's pension fund upon the death of any active or retired fireman the sum of one thousand dollars, to assist in defraying the funeral expenses of such fireman."

A check was prepared for the funeral benefit and delivered to Carley Adams, spouse of Samuel Adams.

Action Requested

Communications only; No official action required by the Board.

c) **Pensioner Widow Death:**

Carole Farland, widow of retired Fire Pensioner, Vernon Farland, passed away on July 5, 2024. She was 85 years old.

Ms. Farland had been receiving a survivor pension from City of Vancouver since Mr. Farland passed away in April 1994. Her current City pension was \$943.84 per month.

Action Requested

Communications only; No official action required by the Board.

d) **Annual HIPAA Training for LEOFF 1 Pension Board Members**

Board members are required to complete their annual Health Insurance Portability and Accountability Act (HIPAA) training. The training overviews protected health information (PHI), identifiers that comprise it, the importance of protecting it, and de-identifying it. You will receive an email from noreply@trustmineral.com with HIPAA training information, username, and a link to the Mineral website to complete your training. An attached job aid has been provided to assist with logging in and viewing your assigned training.

If you have any questions or have trouble logging in, please feel free to call me at (360) 487-8403 or email at Caylee.Trant@cityofvancouver.us

Item 4: Reports

Glenn reported that total expenditures through August 2024 were 37% of budget. Total revenues through August 2024 were 106% of budget. The budget report is on track and no adjustments are needed from the Accounting department.

Expenses for March through August 2024 totaled \$365,917.45.

Motion by Glenn, seconded by Kelly, and approved unanimously to accept the expenses as presented.

Item 5: Old Business

None

Item 6: Pension Board Coordinator Authority

Following the amendment of the rules on March 8, 2024, pensioners must submit all documentation 14 days before the regularly scheduled meeting date. If documentation is submitted after this deadline, pensioners must wait until the next scheduled meeting or request a special meeting, which could result in a 4- to 5-week delay for Board approval. Since the adoption of these rules, the Police Pension Board has held three special meetings, and the Fire Pension Board has held one special meeting in addition to three regularly scheduled meetings to accommodate pensioner requests.

At the July 24, 2024, Special Fire and Police Pension Board Meeting, City staff was asked to clarify the rules and requirements for pensioners seeking preapproval for Home Health Care, Assisted Living/Long-Term Custodial Care/Skilled Nursing Facility services, and Hearing Aids.

City staff recommends that the Pension Board grant authority to the Pension Board Coordinator to conditionally approve claims for Home Health Care, Assisted Living/Long-Term Custodial Care/Skilled Nursing Facility services, and Hearing Aids, within the established limits. This adjustment would help minimize the need for special meetings and expedite claims processing. Additionally, it aims to alleviate financial burdens and enhance the quality of life for pensioners and their families, ultimately strengthening the relationship between the City and its pensioners.

Action Requested:

Direct City staff to prepare a redlined version of the Board rules to achieve this objective.

Motion by Ramras to prepare a redlined version to allow the Pension Board Coordinator to conditionally approve of claims up to the limits set forth in the Board rules. Seconded by Kelly and approved unanimously.

Item 7: Public Comment

None

Adjourned:

This meeting adjourned at 2:28 p.m.



MEMORANDUM

DATE: April 07, 2025

TO: Fire Pension Board

FROM: April Stinson, Pension Board Coordinator

RE: **Results of Election for Fire Pension Board Member**

In accordance with the election process outline, an election was held to fill the expired term of Michael Lyons on the Fire Pension Board. After the nomination period, there was only one nominee, Michael Lyons. Balloting was not required, as such Michael Lyons will serve as the Fire Pension Board Member until the expiration of his term on December 31, 2026.

ACTION REQUESTED

Accept the results of the election and confirm Michael Lyons as Fire Board Member to serve until December 31, 2026.



MEMORANDUM

DATE: April 07, 2025
TO: Fire Pension Board
FROM: April Stinson, Pension Board Coordinator
RE: **Pensioner Death**

Fire Retiree, Thomas Jones, passed away on January 14, 2025, at 98 years of age.

"41.18.140 Funeral expenses. *The board shall pay from the firemen's pension fund upon the death of any active or retired fireman the sum of one thousand dollars, to assist in defraying the funeral expenses of such fireman."*

A check will be prepared for the funeral benefit and delivered to the estate of Thomas Jones.

Action Requested

Communications only; No official action required by the Board.

COV - Composite Department Budget vs Actuals by Fund

Period FY 2025 - Feb

Fund 618 Fire Pension Trust Fund

Ledger Account Type Expenditures

Fund	Department	Cost Center	Ledger Account	Current Year							Prior Year				
				Budget	Pre-Encumbrance	Encumbrance	Actuals	Actuals + Total Encumbrance	Available Budget	% Spent	Budget	Actuals (Years End)	Variance (Budget - Actual)	Actuals (PTD)	% Spent
618 Fire Pension Trust Fund	Budget - Human Resources	CC0132 HR-Pension Payments	520000:Employee Benefits	1,400,000	0	0	229,200	229,200	1,170,800	16%	1,400,000	1,228,912	171,088	236,646	17%
618 Fire Pension Trust Fund	Budget - Human Resources	CC0132 HR-Pension Payments	540000:Services	33,528	0	0	0	0	33,528	0%	32,250	8,000	24,250	0	0%
618 Fire Pension Trust Fund	Budget - Human Resources	CC0132 HR-Pension Payments	590000:Interfund Services	28,122	0	0	0	0	28,122	0%	26,460	21,127	5,332	4,660	18%
Total				1,461,650	0	0	229,200	229,200	1,232,450	16%	1,458,710	1,258,039	200,670	241,307	17%

03/31/2025 08:09 AM trantc / Caylee Trant

COV - Composite Department Budget vs Actuals by Fund

Period FY 2025 - Feb

Fund 618 Fire Pension Trust

Ledger Account Revenues

Fund	Department	Cost Center	Ledger Account	Current Year							Prior Year				
				Budget	Pre-Encumbrance	Encumbrance	Actuals	Actuals + Total Encumbrance	Available Budget	% Spent	Budget	Actuals (Years End)	Variance (Budget - Actual)	Actuals (PTD)	% Spent
618 Fire Pension Trust Fund	Budget - Human Resources	CC0132 HR-Pension Payments	361110:Investment Earnings	0	0	0	0	0	0	0%	0	(447)	447	(173)	0%
618 Fire Pension Trust Fund	Budget - Human Resources	CC0132 HR-Pension Payments	369910:Miscellaneous Other Operating Revenues	0	0	0	0	0	0	0%	0	(1,500,000)	1,500,000	(375,000)	0%
618 Fire Pension Trust Fund		(Blank)	336000:State Shared Revenue, Entitlements & Impact Payments	(273,599)	0	0	0	0	(273,599)	0%	(220,000)	(308,149)	88,149	0	0%
618 Fire Pension Trust Fund		(Blank)	361110:Investment Earnings	(431,353)	0	0	(121,509)	(121,509)	(309,844)	28%	0	(627,557)	627,557	(77,366)	0%
618 Fire Pension Trust Fund		(Blank)	361300:Gains (Losses) on Sale of Investments	0	0	0	0	0	0	0%	0	(148,589)	148,589	0	0%
618 Fire Pension Trust Fund		(Blank)	369910:Miscellaneous Other Operating Revenues	(900,000)	0	0	0	0	(900,000)	0%	(1,500,000)	0	(1,500,000)	0	0%
Total				(1,604,952)	0	0	(121,509)	(121,509)	(1,483,443)	8%	(1,720,000)	(2,584,742)	864,742	(452,539)	26%

03/31/2025 08:27 AM trantc / Caylee Trant

Fire Pension Board
September 2024 - February 2025

EXPENSES:

September	2024 Pensions Paid	\$34,574.29
October	2024 Pensions Paid	\$34,574.29
November	2024 Pensions Paid	\$34,574.29
December	2024 Pensions Paid	\$34,574.29
January	2025 Pensions Paid	\$41,819.68
February	2025 Pensions Paid	\$41,819.68
September	2024 Claims paid by Allegiance	\$606.95
October	2024 Claims paid by Allegiance	\$7,136.46
November	2024 Claims paid by Allegiance	\$299.00
December	2024 Claims paid by Allegiance	\$0.00
January	2025 Claims paid by Allegiance	\$107.12
February	2025 Claims paid by Allegiance	\$610.00
September	2024 Claims paid by CoV	\$13,800.00
October	2024 Claims paid by CoV	\$14,020.00
November	2024 Claims paid by CoV	\$14,020.00
December	2024 Claims paid by CoV	\$14,360.00
January	2025 Claims paid by CoV	\$14,360.00
February	2025 Claims paid by CoV	\$5,070.00
September	2024 Allegiance Admin Fees	\$154.00
October	2024 Allegiance Admin Fees	\$96.25
November	2024 Allegiance Admin Fees	\$38.50
December	2024 Allegiance Admin Fees	\$38.50
January	2025 Allegiance Admin Fees	\$520.25
February	2025 Allegiance Admin Fees	\$81.00
September	2024 Medicare B Reimbursements	\$2,620.50
October	2024 Medicare B Reimbursements	\$1,048.20
November	2024 Medicare B Reimbursements	\$524.10
December	2024 Medicare B Reimbursements	\$0.00
January	2025 Medicare B Reimbursements	\$46,730.20
February	2025 Medicare B Reimbursements	\$2,672.00
TOTAL EXPENSES FOR APPROVAL:		\$360,849.55

APPROVAL OF EXPENSES

We, the undersigned members of the Fire Pension Board of the City of Vancouver do hereby certify and attest that the above expenses have been approved for payment in the amount of \$360,849.55 this 7th day of April 2025.



MEMORANDUM

DATE: April 07, 2025
TO: Fire Pension Board
FROM: April Stinson, Pension Board Coordinator
RE: **Request for Hearing Aid Repair – Claimant A**

Attached for Board review is a reimbursement request for a hearing aid repair for Claimant A and Section III.5 of the Board’s Rules and Regulations requires:

“No prior approval is needed for hearing aid repairs under \$300. The Board will not pay for repair or replacement due to carelessness on the part of the member or for hearing aid batteries. Reimbursement is limited to those charges necessary to achieve functional correction.”

Claimant A is seeking reimbursement for his hearing aid repair. The Fire Pension Board originally approved of Claimant A’s current hearing aids in August 2020. The hearing aids were repaired on October 18, 2024. Claimant A stated that one of his hearing aids were no longer working and needed to be sent to the factory service center. His hearing aids warranty period expired as of July 23, 2023.

Evergreen Hearing Aid Repair:

- Left Audeo M90-R - \$462.00

Action Requested

Consider the request from Claimant A for reimbursement of hearing aid repair costs.

Evergreen Audiology Clinic
16209 SE McGillivray Blvd. Suite M
Vancouver, WA 98683

Tel (360) 892-3445
Fax (360) 213-2044

Invoice 11687
Date: 10/18/2024

Bill To
[REDACTED]

Ship To
[REDACTED]

Description	Quantity	Notes	Amount
Repair Audeo M90-R	1	Left, Serial # 2024H05CA Warranty expiry: 10/22/2025	\$462.00
		Charges subtotal	\$462.00
		City of Vancouver Pension Board payable	(\$462.00)
		Total	\$0.00

Notes:



MEMORANDUM

DATE: April 07, 2025
TO: Fire Pension Board
FROM: April Stinson, Pension Board Coordinator
RE: **Request for Prescription Coverage – Claimant B**

Attached for Board review is a request for prescription coverage for Claimant B and Section II.1 of the Board's Rules and Regulations states:

"Pursuant to RCW 41.26.150, whenever a member requires medical services as defined by RCW 41.26.030 (20), such services may be paid for by the City, only if those medical services are deemed medically necessary and not payable from another source."

RCW 41.26.030(20)iii.A states:

"The charges for the following medical services and supplies: Drugs and medicines upon a Physician's prescription."

Section III.7 of the Board's Rules and Regulations

"Prescription coverage for members is provided by Medical Insurance. When filling a prescription, the member shall use their Medical Insurance's participating pharmacies and present their card at the time the prescription is filled."

Claimant B is requesting ongoing payment for a Glucagon-like peptide 1 (GLP-1) prescription to be filled by Kaiser. Currently, Claimant B is taking Metformin and Glipizide for diabetes management. Despite being on both medications, his A1c remains elevated, and his physician has recommended adding a GLP-1 medication to his treatment regimen. However, Kaiser has denied coverage for the GLP-1 medication, stating that Claimant B must first attempt treatments with Actos, insulin, and Jardiance, and show insufficient response to these preferred therapies before approval for GLP-1 can be considered. As a result, Claimant B will need to pay out-of-pocket for the medication.

Items for consideration by the Board:

Glucagon-like peptide 1 (GLP-1) – 28-day supply:

- Ozempic (semaglutide) - \$738
- Saxenda (liraglutide) - \$1426
- Zepbound (tirzepatide) - \$1091

Action Requested

Consider Claimant B's request for ongoing payment for GLP-1 medication.

kp.org/messagecenter
medication Option



Khurram Naqvi, MD

To: [REDACTED] (Viewed)

Jan 31, 2025 at 02:39:00 PM

[REDACTED]

Current member prices for a 28-day supply of the various injectable weight loss medications, in addition to other options available to those without coverage, are listed below. Lower cost, non-FDA approved compounds exist for these medications, but KP does not endorse these options given their unproven safety and efficacy.

Bottom Line: Currently, the best deal for those without weight loss prescription coverage is Zepbound vials (~16% weight loss at the 5 mg dose which is comparable to semaglutide 2.4 mg). Commercial members without weight loss coverage also have the option to fill Zepbound or Wegovy pens outside of Kaiser and utilize the associated savings program.

Ozempic (semaglutide)

Full price for members (28-day supply): \$738 for all pen strengths
No programs currently available for full paying members

Saxenda (liraglutide)

Full price for members (28-day supply): \$1426
No programs currently available for full paying members

Zepbound (tirzepatide)

Full price for members (28-day supply): \$1091 all pen strengths

All pen strengths: \$650/28-day supply - if eligible for the Savings Card Program. This is for Members without commercial insurance coverage for Zepbound:

<https://www.enrollment.zepbound.lilly.com/enroll/checkEnrollment>

Vials Program. This is for Members paying full price:

2.5 mg vial: \$399/28-day supply

5 mg vial: \$549/28-day supply

Sent to LillyDirect

Wegovy (semaglutide)

Full price for members (28-day supply): \$1116 for all pen strengths

All pen strengths: \$650/28-day supply - if eligible for the Savings Card Program. This is for Members without commercial insurance coverage for Wegovy:

[https://www.novocare.com/obesity/products/wegovy/savings-offer.html?](https://www.novocare.com/obesity/products/wegovy/savings-offer.html?_gl=1*18219na*_gcl_aw*_RONMLjE3MjkyNzg2NjEuQ2p3S0NBandqc2k0QmhCNUVpd0FGQUwwWUjIIVHA5Zih2RXkxY2pWYjUxa1hMcmVIRlIXc)

[_gl=1*18219na*_gcl_aw*_RONMLjE3MjkyNzg2NjEuQ2p3S0NBandqc2k0QmhCNUVpd0FGQUwwWUjIIVHA5Zih2RXkxY2pWYjUxa1hMcmVIRlIXc](https://www.novocare.com/obesity/products/wegovy/savings-offer.html?_gl=1*18219na*_gcl_aw*_RONMLjE3MjkyNzg2NjEuQ2p3S0NBandqc2k0QmhCNUVpd0FGQUwwWUjIIVHA5Zih2RXkxY2pWYjUxa1hMcmVIRlIXc)

Khurram Naqvi, MD, FACP
Primary Care Area Director - NSA
Board-Certified in Internal Medicine
Cascade Park, Vancouver

Re: FW: (phi) RE: Prescription Coverage on Kaiser Senior Advantage Plan Gr...

From: KP EBS - WA
To: April.Stinson@cityofvancouver.us, caylee.trant@cityofvancouver.us
Cc:
Sent: 2/26/2025 8:45:47 PM
Attachments:  [REDACTED]

Hi Caylee, Hi April,

Thank you so much for your patience as I look into [REDACTED] medication situation.

To provide [REDACTED] with the most accurate guidance, I recommend he contact his provider, Dr. Naqvi, directly. It seems that there has been some confusion regarding his diabetic medication; I can confirm that [REDACTED] has not been denied those. The letter from Dr. Naqvi addresses the member pricing for weight loss medications, which unfortunately are not covered under our insurance plans. I'm sure Dr. Naqvi will be able to clear this up.

Please feel free to reach out if you have any more questions or if there's anything else I can assist you with. I'm here to help!

Best regards,

Tanya Elliott
Employer Service Specialist IV
500 NE Multnomah | Portland, OR. 97232
Kaiser Permanente
Health Plan, Products, Services, and Administration
Department Telephone: (855)-327-0507
Email: NW.KP.EBS@kp.org | Hours of Operation Monday-Friday: 9 AM-5 PM

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Previous Reply Follows: -----

Hi Stephanie,

Thank you for engaging Employer Broker Service in your inquiry regarding [REDACTED] medication cost.

I will review the situation and provide a prompt update.

Sincerely,

Tanya Elliott

Employer Service Specialist IV
500 NE Multnomah | Portland, OR. 97232
Kaiser Permanente
Health Plan, Products, Services, and Administration
Department Telephone: (855)-327-0507

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Original Message Follows: -----

From: Stephanie M King <Stephanie.M.King@kp.org>
To: Employer and Broker Services <wa.kp.ebs@kp.org>
Subject: FW: (phi) RE: Prescription Coverage on Kaiser Senior Advantage Plan Group 1959-140
Date: February 21, 2025 1:03:27 PM PST

Hi Team: Happy Friday! Can I get help with how I should respond this groups question? Member is claiming KP is not paying for his Diabetes medication, but looking at the letter it looks like he is being prescribed GLP-1 drugs. The group, City of Vancouver would like a response from KP.

Thank you for your help with this!

My Best,

Stephanie M King

Senior Group Medicare Retiree Consultant

Kaiser Permanente

Medicare Department
500 NE Multnomah Street, 7th Floor
Portland, OR 97232
503.307.7630 (mobile phone)
503.813.3944 (fax)

kp.org/thrive

From: April Stinson <Securemail@kp.org>
Sent: Wednesday, February 19, 2025 3:26 PM
To: Stephanie M King <Stephanie.M.King@kp.org>; caylee.trant@cityofvancouver.us
Subject: RE: (phi) RE: Prescription Coverage on Kaiser Senior Advantage Plan Group 1959-140

Hi Stephanie,
Thank you for your assistance with this. I have attached the letter for your review.

Thank you,

April Stinson | Benefits Specialist

Pronouns: She/Her
City of Vancouver
Human Resources
Office: 360-487-8486

From: Stephanie M King
Sent: Wed, 19 Feb 2025 01:05:14 +0000
To: Trant, Caylee
Cc: Stinson, April
Subject: (phi) RE: Prescription Coverage on Kaiser Senior Advantage Plan Group 1959-140

Hi Caylee: Please send the letter I wouldn't be the one to answer it, but I will send it to the correct person.

Thank you

My Best,

Stephanie M King
Senior Group Medicare Retiree Consultant

Kaiser Permanente
Medicare Department
500 NE Multnomah Street, 7th Floor
Portland, OR 97232

503.307.7630 (mobile phone)
503.813.3944 (fax)

kp.org/thrive

From: Trant, Caylee <caylee.trant@cityofvancouver.us>
Sent: Tuesday, February 18, 2025 2:41 PM
To: Stephanie M King <Stephanie.M.King@kp.org>
Cc: Stinson, April <April.Stinson@cityofvancouver.us>
Subject: Prescription Coverage on Kaiser Senior Advantage Plan Group 1959-140

Caution: This email came from outside Kaiser Permanente. Do not open attachments or click on links if you do not recognize the sender.

Hi Stephanie,

I have a pensioner who is requesting that our Board pay for prescription coverage of his diabetes medication. He sent us a letter from his doctor showing the costs, but I cannot tell if Kaiser is saying these medications are not covered and that is the out-of-pocket costs for him. Can you send me a secure link and I can send over the doctor letter? If the prescription is not covered, will Kaiser be able to provide a denial benefit letter?

Please let me know if you have any questions.

Thank you,

Caylee Trant, SHRM-CP | Human Resources Specialist
City of Vancouver
Human Resources
P: (360) 487-8403 | **F:** (360) 487-8418
cityofvancouver.us

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This message encrypted by Kaiser Permanente

Khurram Naqvi, MD

To: [REDACTED] (Viewed)

Mar 3, 2025, at 05:39:00 PM

Message body

Information from my doctor on why he is recommending Glucagon for my A1 Diabetes

Glucagon-like peptide 1 (GLP-1) receptor agonists lower A1C by stimulating insulin production and reducing glucagon secretion. GLP-1 agonists also slow digestion and reduce appetite and increase sugar in the bloodstream.

He has been taking (2) tablets of 500 mg Metformin twice a day. And (2) tablets of 10 MG tablets of Glipizide a day, I recommend his new prescription of Glucagon to lower his diabetes.

Khurram Naqvi, MD

My Kaiser Doctor

[REDACTED]

Dear [REDACTED],

Your Diabetes Mellitus 2 has been uncontrolled for several years.

Despite being on both metformin and glipizide, your latest A1c is dangerously elevated.

At KPNW, in order to be considered for a GLP-1 medication (ie, Ozempic), one needs to have attempted pioglitazone (Actos), insulin and Jardiance before being considered for coverage. Your A1c also needs to demonstrate a lack of response (ie, we fail to reach your target within a range of 2%) to the aforementioned.

You have not attempted the other medications and this is why KPNW will not approve Ozempic (unless you pay out of pocket)

We would start at 0.25 milligrams weekly for 4 weeks and then increased to 0.5 milligrams weekly (if needed) and if needed, increased to 1 milligrams per week a month later.

Medically, you would benefit from this medication in order to lower your A1c

Let me know if you have any questions or concerns.

Sincerely,

Khurram Naqvi, MD

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