


* Forest Ridge * Neighborhood Newsletter



**General Meeting: Thursday May 29th,
6:30pm at Marrion Elementary**

— With a Guest Speaker from Fort Vancouver Regional Library to share all the various resources FVRL offers, it's more than just books!

— Other topics include: board vacancy for Vice President, Neighborhood Clean-Up, Summer Events, and as always-enjoy some light refreshments.



**Neighborhood Clean Up Event: Sat June 21st
8am-12pm at HELA High/PeaceHealth Field**

President's Report

Hello Forest Ridge Neighbors,

It's been a while since we've said "hello" but your FRNA board is thinking of you and working behind the scenes to keep our neighborhood current and utilize the generous benefits the City of Vancouver offers neighborhood associations.

Please come to our next general meeting at Marrion Elementary on Thursday May 29th at 6:30pm to hear what we've been up to, to consider stepping in to fill the Vice President role on your FRNA Board, and to get briefed on our annual clean-up event and volunteer. Enjoy some refreshments and camaraderie with your fellow neighbors.

Also, bring your ideas on what social events you'd like to see this summer such as a BBQ, Ice Cream Social etc. We have the budget and infrastructure in place to hold events, we just need people willing to be chair/lead to make it happen, with the full support of the board of course.

We look forward to seeing you soon and catching up!

Chloe Yager, FRNA President

Meeting Agenda

- ☐ 6:30pm Open Meeting, Greetings
- ☐ New Neighborhood Police Officer, Cole Larson
- ☐ Guest Speaker, Fort Vancouver Regional Library
- ☐ Treasurer Report
- ☐ Neighborhood Clean-Up
- ☐ Open Call for Social Events, Ideas and Chair
- ☐ Elections, let's fill that vacancy!
- ☐ Questions/Discussion
- ☐ 8pm or sooner, Close



Reducing Food Waste

As we see food costs continue to rise, you may be looking at ways to stretch your food budget. Learning ways to reduce food waste can help. From careful meal planning and pantry staple shopping, to cooking and storage tips, to podcasts, virtual and in person food waste workshops and more—check out the education resources at clarkgreenneighbors.org

Neighborhood Cleanup

Saturday, June 2st, HELA High School/PeaceHealth Fields off 92nd Ave 8am - 12pm sharp. Please try to arrive at the latest around 11:45 am to unload. Volunteers needed/welcomed.. This year we are partnered with Northwood Neighborhood.

Too GOOD to TOSS Pile: A neighborhood garage sale of sorts. Items will be set aside that still have useful life left and are in good shape. Be sure to check this out, there are many good finds that would otherwise go to the landfill. Items are free but small donations are welcomed.

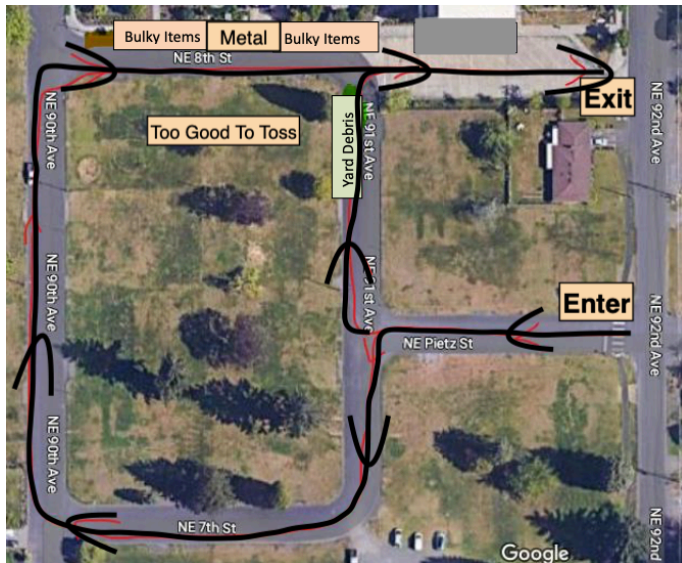
NO SCRAPPERS: Proceeds from metal recycling go directly back to the neighborhoods and are not for individual gain.

NO Cost To Participate: Donations for the neighborhood association appreciated.

What's Accepted at a Neighborhood Cleanup? • **Bulky Items:** Items too big for your garbage cart such as rug, kiddie pool, furniture, small appliances • **Scrap Metal:** Metal grills, lawn chairs, mowers, etc. **MUST** be drained of gas, oil, etc. **NO** refrigerators, freezers or AC units. (No freon.) • **Yard Debris:** Branches, leaves, vines, bramble, etc. **What's NOT Accepted?** • **NO** Household trash or contractor waste • **NO** Concrete, rocks, sod or dirt • **NO** Home remodel debris, tiles, drywall, etc. • **NO** Roofing shingles or roofing materials • **NO** Hazardous chemicals, cleaners, paint, stains or fluids such as gasoline, oil or antifreeze

- NO TVs, computers or electronics.
- NO CFL or fluorescent tube lights
- NO very LARGE items such as boats and hot tubs

ALSO AVAILABLE: FREE CURBSIDE PICKUP OF BULKY ITEMS If your residence has an active Waste Connections account, you can schedule ONE FREE curbside pickup of up to 5 bulky items for anytime during 2025. Requirements apply. Get more details at <http://www.cityofvancouver.us/BulkyItemPickup> Waste Connections customers are also eligible for ONE FREE appliance pickup each year.



To find community events, scan the QR codes and check out these calendars.



City of Vancouver (city meetings and events)



- Visit Vancouver

Your Neighborhood Officers and Contact Information

President	Chloe Yager
Vice President	Vacancy
Treasurer	Nicole Pilcher
Communications	Jennifer Stravers

Email Us At: ForestRidgeNA@gmail.com

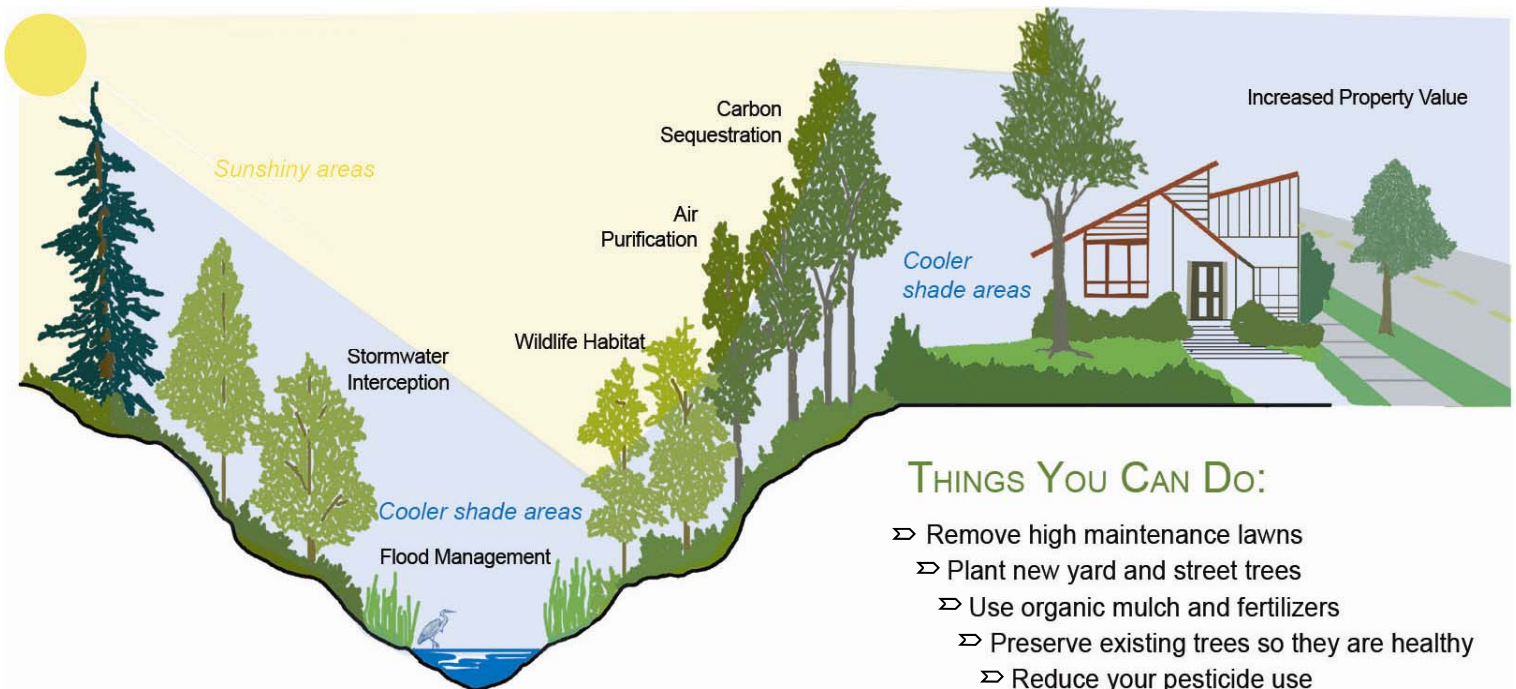
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BENEFITS OF TREES

Did you know that the way we landscape directly impacts the quality of our water? Planting, properly maintaining and preserving trees is a cost effective and easy way to assist in managing stormwater. As homeowners, landscapers and property managers there are a few simple steps you can take to protect water quality where you live: remove high maintenance turf, plant new yard and street trees, use organic mulch, reduce your pesticide use, preserve existing trees and properly maintain your trees so they remain healthy.

Urban forests help to reduce the amount of polluted runoff that moves through urban areas and into lakes, rivers and other water bodies. Planting, properly maintaining and preserving trees creates a “green infrastructure” which is a great way to protect and restore the quality of our water resources.

- 🌿 Trees clean dust and other pollutants from the air
- 🌿 Trees help cool air in the summer and warm air in the winter
- 🌿 Properly placed trees increase property value
- 🌿 Birds, bugs and other wildlife find food and shelter in trees
- 🌿 Trees provide a shady place to rest on a hot day!
- 🌿 Tree canopy acts as a sponge, protecting soil from rain splash damage while slowing runoff
- 🌿 Roots hold soil in place and reduce erosion
- 🌿 Urban forests are essential to the replenishment of groundwater for a steady supply of clean drinking water
- 🌿 Decomposed leaves, roots and branches enrich the soil
- 🌿 Trees make our neighborhoods green and beautiful
- 🌿 Trees act as windbreaks
- 🌿 Logs and snags provide habitat and food for wildlife
- 🌿 Foliage shades and cools streams so fish and other wildlife can survive



THINGS YOU CAN DO:

- Remove high maintenance lawns
- Plant new yard and street trees
- Use organic mulch and fertilizers
- Preserve existing trees so they are healthy
- Reduce your pesticide use

References and additional information:

The Center for Urban Forest Research: *Pacific Southwest Research Station, USDA Forest Service, Davis, California. July 2002, Factsheet*

The Center for Urban Forest Research: *Western WA and OR Community Tree Guide: Benefits, Costs and Strategic Planting*

Day, S.D. and S.B. Dickson: *Managing Stormwater for Urban Sustainability Using Trees and Structural*

Environmental Protection Agency: *Using Smart Growth Techniques as Stormwater Best Management Practices*

Washington State University Pierce County Extension: *Low Impact Development Technical Guidance Manual for Puget Sound*

