

City of Vancouver, Washington

Proclamation

WHEREAS, first responders including law enforcement officers, firefighters, emergency medical services (EMS) personnel, 911 dispatchers, correctional officers, and members of other organizations in the public safety sector, come together to protect and aid our community in the event of an emergency; and

WHEREAS, first responders risk their life and safety every day in the performance of their duties to protect our community; and

WHEREAS, first responders are tasked with handling dangerous and complicated situations; and

WHEREAS, nationwide, law enforcement officers will go through an average of 188 critical incidents throughout the course of their career; and

WHEREAS, first responders often experience stress that has real physical impacts including cardiac issues, diabetes, obesity, and sleep issues; and

WHEREAS, first responder wellness includes management of issues including, but not limited to sleep, fitness, nutrition, fatigue, anger management, posttraumatic stress and loss; and

WHEREAS, we recognize the integral role first responders play in our communities and the benefits derived from their hard work, commitment, sacrifice, and unhesitating dedication; and

WHEREAS, research shows that fostering a strong wellness culture inside first responder agencies enhances relations within the communities they serve.

NOW, THEREFORE, I, Anne McEnerny-Ogle, Mayor of Vancouver, Washington, do hereby proclaim the week of March 24th – 28th as:

“ First Responder Wellness Week ”

in the City of Vancouver.



IN WITNESS WHEREOF, I have hereunto set my hand and cause the seal of the City of Vancouver to be affixed this 21st day of April 2025.

Anne McEnerny-Ogle

ANNE McENERNY-OGLE, MAYOR