

Swim Lesson Schedule— July/August 2025

Registration begins at 7 a.m. on Wed., July 9 for residents and at 7 a.m. on Thurs., July 10 for non-residents

Firstenburg Pool 700 NE 136th Ave. | 360-487-7001
Average Pool Temperature: 86-87° F (5 lessons per session, 30 min)

Mon./Wed. July 21—Aug. 4

Levels	9:30am	10:05am	10:40am	11:15am
Parent-n-Tot			30829	30828
Pre-Level 1	30822	30831		
Pre-Level 2	30824	30832		
Pre-Level 3				
Level 1			30811	30833
Level 2				
Level 3				
Adult Beginner				

Tues./Thurs., July 22—Aug. 5

Levels	4pm	4:35pm	5:10pm	5:45pm
Parent-n-Tot			30820	30830
Pre-Level 1	30834	30835	30836	30837
Pre-Level 2	30838			30839
Pre-Level 3		30826	30840	
Level 1	30841	30842	30843	
Level 2	30813			
Level 3		30815		
Level 4				
Level 5				
Level 6				
Adult Beginner				30808
Adult Stroke Imp.				

Marshall Pool 1009 E. McLoughlin Blvd. | 360-487-7100
Average Pool Temperature: 84-86° F (5 lessons per session, 30 min)

Tuesdays, July 22—Aug. 19

9:30am	10:05am	10:40am	11:15am
			30859
30857			
	30858		
		30809	

Thursdays, July 24—Aug. 21

9:30am	10:05am	10:40am	11:15am
			30863
30860			
	30861		
		30862	

Mondays, July 21—Aug. 18

4pm	4:35pm	5:10pm	5:45pm
			30821
	30823	30851	
	30825	30852	
	30827		
30847		30853	
30848			
30849			
			30855
			30810

Wednesdays, July 23—Aug. 20

4pm	4:35pm	5:10pm	5:45pm
			30850
30844			
30845			
30846			
	30812		
	30814		
	30816		
		30817	
		30818	
		30819	
			30856
			30854

Group Session Fees: 5 lessons \$60/\$80

YOUTH SWIM LESSONS

Students pass to the next pre-level or level class unless otherwise noted.

Parent-n-Tot | Ages 6 months-3 years

Includes water orientation for a child 6 months to 3 years old with a parent. You'll assist your child in basic swimming and safety skills. Non toilet-trained children must wear an elasticized diaper.

Pre-Level 1 | Ages 3-5

The starting point for ages 3-5. Students will adjust to the water and become comfortable putting their faces in.

Pre-Level 2 | Ages 3-5

For children who have completed Pre-Level 1 or are comfortable putting their face under water. Students will progress to swimming on their back and stomach independently and rolling over from side to side.

Pre-Level 3 | Ages 3-5

For children who have completed Pre-Level 2 or are able to swim on their back and stomach independently. Students will progress to moving through the water with arm-strokes and kicking in preparation for side-breathing. Students pass to Level 3 regardless of age; registration for Level 3 must be completed in-person or by phone to override the age requirement.

Level 1 | Ages 6-12

The starting point for ages 6 and older. Students will get comfortable in the water and progress to rolling over and swimming on their front and back independently.

Level 2 | Ages 6-12

For children who have completed Level 1 or are able to swim comfortably on their front and back without instructor assistance. Students will progress to using combined arm and leg action independently with their face in the water.

Level 3 | Ages 6-12

For children who have completed Level 2 or are able to swim the front crawl and back glide strokes independently. Students will progress to swimming 25 yards of front crawl with side breathing and 25 yards of elementary backstroke without instructor assistance.

Level 4 | Ages 6-12

For children who have completed Level 3 or are able to swim 25 yards of front crawl with side breathing and 25 yards of elementary backstroke. Students will refine front crawl and elementary backstroke skills and learn breaststroke.

Level 5 | Ages 6-14

For children who have passed Level 4 or are able to swim 25 yards of front crawl and elementary backstroke. Students will progress to swimming 50 yards of front crawl and elementary backstroke, and 25 yards of backstroke and breaststroke.

Level 6 | Ages 6-14

For children who have passed Level 5 or are able to swim 50 yards front crawl and elementary backstroke, and 25 yards breaststroke and backstroke. Students will refine all 6 strokes, learn conditioning skills, complete a 500 yard swim and 5 minutes of treading water. Level 6 may be repeated for continued skill enhancement and endurance.

ADULT SWIM LESSONS:

Adult Beginner | Ages 13+

Basic swimming and safety skills for the adult beginner. Pass to Adult Intermediate.

Adult Stroke Improvement | Ages 13+

Increase stroke efficiency. Work on long distance swimming, stroke refinement and endurance.

Recreation Scholarships

Scholarships that cover 50% of tuition for classes and activities are available to eligible Vancouver residents. Learn more and apply at cityofvancouver.us/scholarship.



VISIT cityofvancouver.us/SwimLessons