

Swim Lesson Schedule—Sept./Oct. 2025

Registration begins at 7 a.m. on Wed., Aug. 20 for residents and at 7 a.m. on Thurs., Aug. 21 for non-residents

Firstenburg Pool 700 NE 136th Ave. | 360-487-7001 Average Pool Temperature: 86-87° F (8 lessons per session, 30 min) Marshall Pool 1009 E. McLoughlin Blvd. | 360-487-7100 Average Pool Temperature: 84-86° F (8 lessons per session, 30 min)

	Mondays/Wednesdays Sept. 8—Oct. 1			
Levels	9:30am	10:05am	10:40am	11:15am
Parent-n-Tot			31029	
Pre-Level 1	31030		31034	
Pre-Level 2	31031			31053
Pre-Level 3		31032		31036
Level 1		31033		
Level 2				
Level 3				
Level 4				

Tuesdays/Thursdays Sept. 9—Oct. 2					
9:30am	10:05am	10:40am	11:15am		
			31016		
31013					
	31014				
		31015			

	Tuesdays/Thursdays Sept. 9—Oct. 2			
Levels	4pm	4:35pm	5:10pm	5:45pm
Parent-n-Tot			31044	31048
Pre-Level 1		31041	31045	
Pre-Level 2		31035	31046	
Pre-Level 3		31042	31047	
Level 1	31037	31043		31050
Level 2	31038			31051
Level 3	31039			31052
Level 4				
Level 5				
Level 6				
Adult Beginner	31040			
Adult Stroke Imp.				

Mondays/Wednesdays Sept. 8—Oct. 1				
4pm	4:35pm	5:10pm	5:45pm	
			31026	
31017				
31018				
31019				
	31020			
	31021			
	31022			
		31023		
		31024		
		31025		
			31028	
			31027	

Group Session Fees: 8 lessons \$96/\$128

YOUTH SWIM LESSONS

Students pass to the next pre-level or level class unless otherwise noted.

Parent-n-Tot | Ages 6 months-3 years

Includes water orientation for a child 6 months to 3 years old with a parent. You'll assist your child in basic swimming and safety skills. Non toilet-trained children must wear an elasticized diaper.

Pre-Level 1 | Ages 3-5

The starting point for ages 3-5. Students will adjust to the water and become comfortable putting their faces in.

Pre-Level 2 | Ages 3-5

For children who have completed Pre-Level 1 or are comfortable putting their face under water. Students will progress to swimming on their back and stomach independently and rolling over from side to side.

Pre-Level 3 | Ages 3-5

For children who have completed Pre-Level 2 or are able to swim on their back and stomach independently. Students will progress to moving through the water with arm-strokes and kicking in preparation for side-breathing. Students pass to Level 3 regardless of age; registration for Level 3 must be completed in-person or by phone to override the age requirement.

Level 1 | Ages 6-12

The starting point for ages 6 and older. Students will get comfortable in the water and progress to rolling over and swimming on their front and back independently.

Level 2 | Ages 6-12

For children who have completed Level 1 or are able to swim comfortably on their front and back without instructor assistance. Students will progress to using combined arm and leg action independently with their face in the water.

Level 3 | Ages 6-12

For children who have completed Level 2 or are able to swim the front crawl and back glide strokes independently. Students will progress to swimming 25 yards of front crawl with side breathing and 25 yards of elementary backstroke without instructor assistance.

Level 4 | Ages 6-12

For children who have completed Level 3 or are able to swim 25 yards of front crawl with side breathing and 25 yards of elementary backstroke. Students will refine front crawl and elementary backstroke skills and learn breaststroke.

Level 5 | Ages 6-14

For children who have passed Level 4 or are able to swim 25 yards of front crawl and elementary backstroke. Students will progress to swimming 50 yards of front crawl and elementary backstroke, and 25 yards of backstroke and breaststroke.

Level 6 | Ages 6-14

For children who have passed Level 5 or are able to swim 50 yards front crawl and elementary backstroke, and 25 yards breaststroke and backstroke. Students will refine all 6 strokes, learn conditioning skills, complete a 500 yard swim and 5 minutes of treading water. Level 6 may be repeated for continued skill enhancement and endurance.

ADULT SWIM LESSONS:

Adult Beginner | Ages 13+

Basic swimming and safety skills for the adult beginner. Pass to Adult Intermediate.

Adult Stroke Improvement | Ages 13+

Increase stroke efficiency. Work on long distance swimming, stroke refinement and endurance.

Recreation Scholarships

Scholarships that cover 50% of tuition for classes and activities are available to eligible Vancouver residents. Learn more and apply at cityofvancouver.us/scholarship.



VISIT cityofvancouver.us/SwimLessons