

Firstenburg Pool Schedule | June 29 – August 22, 2026

700 NE 136th Ave., Vancouver WA 98684 | Average Temperatures: Pool 85-86° | Spa 99-101°

Non-member daily drop-in fees: Age 0-3 (\$4/\$5); Age 4-18 (\$7/\$9); Age 19-64 (\$11/\$14); Age 65+ (\$8/\$10)



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|---|--|
| Lap Swim/ Individual Exercise 8am-5pm | Lap Swim/ Individual Exercise 8am-1:15pm | Lap Swim/ Individual Exercise 8am-12:30pm 2-5pm | Lap Swim/ Individual Exercise 8-10:45am | Lap Swim/ Individual Exercise 8-11:15am 12:45-4pm | Lap Swim/ Individual Exercise 9-10am 2 lap swim lanes |
| Tai Chi 8:05-8:55am Jermeý | Upbeat Aqua 8:05-8:55am Jen | Upbeat Aqua 8:05-8:55am Self-Directed | Upbeat Aqua 8:05-8:55am Jen | Aqua Synergy 8:05-8:55am Susan | Family Swim 9-10am |
| Aqua Strength 9-9:50am Jermeý | Aqua Fusion 9-9:50am Jermeý | Pool Party 9-9:50am Susan | Aqua Synergy 9-9:50am Jen | Pool Party 9-9:50am Kristen | Public Swim 10:15-11:15am Entry bands 30 min. prior |
| Swim Lessons 9:30-11:45am Registration required | Aqua Play 11am-12pm | Swim Lessons 9:30-11:45am Registration required | Day Camp Swim 11am-12pm Closed to Public Spa will stay open 11am-12:45pm 1:45-2:30pm | Waterworks 10:05-11am Harley Starting 7/10 | Public Swim 11:45am-12:45pm Entry bands 30 min. prior |
| Aqua Play 12:15-1:15pm | Public Swim 1:30-2:30pm Entry bands 30 min. prior | Public Swim 12:45-1:45pm Entry bands 30 min. prior | | Public Swim 11:30am-12:30pm Entry bands 30 min. prior | Public Swim 1-2pm Entry bands 30 min. prior |
| Lap Swim/ Individual Exercise 8am-5pm | Pool and Spa Closed 2:30-4pm | Lap Swim/ Individual Exercise 2-5pm | Public Swim 12:45-1:45pm Entry bands 30 min. prior | Lap Swim/ Individual Exercise 12:45-4pm | Public Swim 2:30-3:30pm Entry bands 30 min. prior |
| Zumba 4:05-5pm Angela | Swim Lessons 4-6:15pm Registration required | Zumba 4:05-5pm Angela | Pool and Spa Closed 2:30-4pm | Swim Lessons 1-3:15pm Registration required | |
| Public Swim 5:15-6:15pm Entry bands 30 min. prior | | Public Swim 5:15-6:15pm Entry bands 30 min. prior | Swim Lessons 4-6:15pm Registration required | Public Swim 4:15-5:15pm Entry bands 30 min. prior | Public Swim 3:45-4:45pm Entry bands 30 min. prior |
| Public Swim 6:30-7:30pm Entry bands 30min. prior | Public Swim 6:30-7:30pm Entry bands 30 min. prior | Public Swim 6:30-7:30pm Entry bands 30 min. prior | Public Swim 6:30-7:30pm Entry bands 30 min. prior | Public Swim 5:30-6:30pm Entry bands 30 min. prior | |
| FCC Hours 6am-8pm | FCC Hours 6am-8pm | FCC Hours 6am-8pm | FCC Hours 6am-8pm | FCC Hours 6am-7pm | FCC Hours 8am-5pm |

Schedules subject to change. Visit cityofvancouver.us/schedules for holiday hours and inclement weather information.

Swim Rules and Notes

- One public swim session allowed per day.
- Participants must be 13 years of age or older to attend aquatic fitness classes.
- Any fitness class with no sub scheduled will be moved to self-directed for the day.
- Equipment is provided for all classes.
- Children age 6 and under must always be within arm's reach of an adult, with or without a life jacket.
- Swim diapers and plastic pants are required for all children 3 and under and non-toilet trained patrons. They are available to purchase at the front desk.
- Keep your valuables safe by using the lockers provided. Bring your own or buy one at the front desk. Firstenburg Community Center is not responsible for lost or stolen items.
- Self-directed workouts may be substituted for any water exercise if an instructor is not available.
- Swim caps, goggles, ear plugs, ear covers, wave gloves, and locks are available to purchase at the front desk.

Swim Lessons: harley.hogan@cityofvancouver.us

Other Pool Questions: taylor.kilmer@cityofvancouver.us

Swim and Class Descriptions

Aqua Fusion: A moderate intensity class with a focus on form and functional movements to help build strength, flexibility, and balance. Part energy and part chill. Match your efforts to whatever your body needs each time you come to class.

Aqua Play: Parents, bring your children 6 and under for non-instructed water play time! The slide and water feature may not be turned on due to other programming in the pool. Children must be always accompanied in the water by a parent or guardian and in arm's reach.

Aqua Strength: Moderate intensity, strength and balance training for the major movements of the body.

Aqua Synergy: Designed with students who prefer moderate intensity cardio in mind. This class is structured to be easy to follow with distinct warm up, cardio, strength, balance, and flexibility segments. Moderate intensity that is easily modified to fit individual needs.

Family Swim: The entire pool and slide area are open/available for use. The slide may be turned off at designated times during the swim. Families or children 16 and older. Children 15 and under must be accompanied in the water by a parent or guardian. Children under the age of 7 must be always accompanied in the water by a parent or guardian and in arm's reach.

Individual Exercise: Exercising on your own in areas not being used by classes. Water walking and Individual Exercise is available in lap swimming areas based on current programming. Please refer to signs posted near lap lanes. Must be 13+.

Lap Swim: For all skills and abilities who wish to swim laps to improve or maintain fitness and health (ages 13+).

Pool Party: This class uses a mixture of moves including cardio, strength, flexibility and balance. If you are looking for a full body workout, this is the class for you!

Public Swim: The entire pool and slide area are open/available for use. Children under the age of 7 must be always accompanied in the water by a parent or guardian and within arm's reach. The slide may be turned off at designated times during the swim. You may check in at the front desk to purchase (free for members) an entry swim band 30 min prior to the start of the swim. Bands are limited to ensure a safe number of swimmers in the pool for each session.

Spa: The spa is available for use to ages 16+.

Swim Lessons: During swim lessons, the pool is closed to public swimming. To register for swim lessons, visit cityofvancouver.us/SwimLessons, or stop by the front desk.

Tai Chi: Increase your flexibility, improve your balance and strengthen your core.

Upbeat Aqua: Level up your fun with this music driven, upbeat aqua class. A variety of methods are used including intervals, strength training, kickboxing moves, and challenging wall work. Moderate to high intensity.

Water Features: Water features such as the slide, river, sprays or jets can be turned off at any time at the discretion of the lifeguards.

Waterworks: Do you want to move water and get a great workout? Then come push and pull water and move in all directions to fun music while having a great time! Exercises are shown with options to help everyone have a safe and effective workout!

Zumba: Ditch the workout, join the party! Unique and creative Latin movement. Great Fun. All levels!