

Marshall Pool Schedule | September 8 – December 19, 2026

1009 E. McLoughlin Blvd., Vancouver WA 98663 | Average Pool Temp: 84-86°

Non-member daily drop-in fees: Age 0-3 (\$4/\$5); Age 4-18 (\$6/\$8); Age 19-64 (\$10/\$13); Age 65+ (\$7/\$9)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim 7am-2:30pm 6:30-7:30pm	Lap Swim 7am-6:30pm	Lap Swim 7am-12pm 2-4:30pm 6:30-7:30pm	Lap Swim 7am-6:30pm	Lap Swim 7am-4pm	Lap Swim 8-11am 2-4pm
Deep Water Challenge 7:20-8:10am Deep/Tish	Deeply Fit 7:20-8:10am Deep Self-directed	Deep Double Down 7:20-8:10am Deep/Tish	Legacy Therapy Swim 7:30-11:45am Register through Legacy Health	Zumba 8:20-9:10am Shallow/Angela 2 lap lanes reserved	Individual Exercise 8-9:45am
Shallow Strength & Stretch 8:20-9:10am Self-directed 2 lap lanes reserved	Zumba 8:30-9:20am Shallow/Angela 2 lap lanes reserved	Zumba 8:20-9:10am Shallow/Angela 2 lap lanes reserved		Individual Exercise 8:20am-4pm Deep	Swim Lessons 8:30-10:45am Registration required
Individual Exercise 8:20am-2:30pm Deep	Individual Exercise 9:30-11:45am Shallow	Individual Exercise 8:20am-12pm Deep		Individual Exercise 9:30am-12pm Shallow	Access to Recreation 12-1pm Registration required JermeY
	Access to Recreation 12-1pm Registration required JermeY		Splash Away Swim 12:30-1:30pm Entry bands at front desk		
Pool Closed 2:30-4:30pm	Individual Exercise 12-6:30pm Deep	Pool Closed 12-2pm	Individual Exercise 1:30-4:30pm Deep	Individual Exercise 1-4pm Deep	Individual Exercise 1:45-4pm Deep
	Aqua Strength Training 1:30-2:20pm Shallow/JermeY	Individual Exercise 2-4:30pm			
Swim Lessons 4:30-6:15pm Registration required	Aquatic Mind Body 2:30-3:20pm Shallow/JermeY	Tai Chi 3-3:50pm Shallow/JermeY	Swim Lessons 4:30-6:15pm Registration required	Swim Lessons 4:30-6:15pm Registration required	Pool Closed 4-5pm
	Swim Lessons 4:30-6:15pm Registration required	Swim Lessons 4:30-6:15pm Registration required			
	VSC 4:30-6:30pm 3 lap lanes reserved		VSC 4:30-6:30pm 3 lap lanes reserved		
Deep Water Challenge 6:30-7:30pm Deep/Jen	Public Swim 6:30-7:30pm	Deep Water Challenge 6:30-7:30pm Deep/Frank	Public Swim 6:30-7:30pm		
MCC Hours 6am-8pm	MCC Hours 6am-8pm	MCC Hours 6am-8pm	MCC Hours 6am-8pm	MCC Hours 6am-7pm	MCC Hours 8am-5pm

Pool schedules subject to change. Visit cityofvancouver.us/schedules for holiday hours and inclement weather information. Swim caps, goggles, ear plugs, ear covers, wave gloves, and locks can be purchased at the front desk.

For information about Marshall swim lessons, email tracy.walther@cityofvancouver.us.

For other pool related questions, email taylor.kilmer@cityofvancouver.us.

Rules, notes, and program descriptions

- Participants must be 13 years of age or older to attend aquatic fitness classes and lap swim.
- Any fitness class with no sub scheduled will be moved to self-directed for the day.
- Equipment is provided for all classes.
- Children ages 6 and under must always be within arm's reach of an adult (with or without a lifejacket).
- Lap lanes fill up quickly. Please share lanes if there are no open lanes. Lap lanes may be moved to accommodate other programs.
- Swim diapers and plastic pants are required for all children 3 and under and non-toilet trained patrons. They are available to purchase at the front desk.
- Keep your valuables safe by using the lockers provided. Bring your own or buy one at the front desk. Marshall Community Center is not responsible for lost or stolen items.

Access to Recreation (ATR) Class: Registration-based class for people with disabilities. Participants practice shallow water movement, stretching, aerobics, and water play to encourage full range of motion, coordination, and socialization. This class will use adaptive equipment under the guidance of experienced staff with lifeguards on duty.

Aqua Strength Training: Water exercise class using aquatic dumbbells for resistance training in all seven major movements of the body. Moderate intensity.

Aqua Mind/Body: Aquatic exercise class focusing on the resistance of the water to strengthen muscles around the joints. One-part moderate intensity exercise and one part flexibility training.

Deep Double Down: Focusing on strength and endurance. Using core workouts to tone muscles and improve endurance.

Deeply Fit: Take the plunge. Deep-water traveling and movements that challenge your body, your core muscles and your stamina. Leave feeling stronger, taller and more flexible!

Deep Water Challenge: Brain and body challenge. Full body workout while improving motor control, core, balance, strength and endurance. Walk out of the pool feeling taller and stronger.

Individual Exercise: Exercise on your own in areas not being used by classes or other pool programming (Ages 13+).

Lap Swim: Open to all skill and abilities levels. Must be 13 years or older. Lanes may have limited availability due to scheduled programs or classes.

Public Swim: The entire pool and slide are available for play time. Children ages 6 and under must be accompanied in the water by a parent or guardian and in arms reach at all times. The slide will be closed at designated times during Public Swims and may be turned off at any time at the lifeguard's discretion. Any open lap lanes are circle swim only.

Shallow/Strength and Stretch: Class combines Pilates, Yoga and Tai Chi to strengthen, stretch and calm your nervous system. You will feel grounded, centered and inspired to move.

Tai Chi: Increase your flexibility, improve your balance and strengthen your core.

VSC (Vancouver Swim Club): Shared with the public, 3 lap swim lanes reserved.

Water Features: Water features such as the slide, can be turned off at any time at the discretion of the lifeguards.

Swim Lessons: During swim lessons, the pool is closed to public swimming. To register for swim lessons, call 360-487-7100, visit cityofvancouver.us/swimlessons, or stop by the front desk.

Splash Away Swim: This is a low-cost public swim. Wrist bands are available to purchase at the front desk one hour before the swim begins. Children 15 and under must be accompanied in the water by a parent. Follows all other Public Swim rules.

Zumba: Ditch the workout, join the party! Unique and creative Latin movement. Great Fun. All levels!